

5.1.3

Life Skills

2022-2023

5.1.3

**Circulars, Brochures, Reports and
Students Attendance sheets for programs
conducted during the AY 2022-23**

5.1.3 Capacity Building and skills enhancement Activities Organized for improving Students Capacity

2022-2023

Life skills			
S.no	Name of the Activity	Date	No. of students participated
1.	Finding Balance and Strength Through Fitness	05.09.2022	58
2.	Hormonal Disorders prevailing in Women.	08.09.2022	27
3.	Plant and Animal Tissue Culture technology for Human Welfare	10.09.2022	27
4.	Guest Lecture on Menstrual Health and Hygiene Well-being	11.10.2022	130
5.	Benefits of Yoga & Meditation.	01.11.2022	126
6.	How to Build up career to empower ourselves as a woman	03.02.2023	262

2021-2022

Life skills			
S.no	Name of the Activity	Date	No. of students participated
1.	Empowering Women Through Yoga	21.06.2021	48
2.	Tie and Dye	04.08.2021	26
3.	A Dose of Protection: COVID-19 Vaccination Milestone	09.08.2021	45
4.	Training Programme on Renovation of Old Garments	28.08.2021	24
5.	Fitness Training Programme on Strength	17.11.2021	32
6.	Reproductive Choice of Women: A Fundamental Right	25.11.2021	112
7.	Effects of Global Warming	17.03.2022	56

2020-2021

Life skills			
S.no	Name of the Activity	Date	No. of students participated
1.	Highlight of the Fitness	12.07.2020	77
2.	Awareness on Health and Hygiene	31.10.2020	80
3.	Class room precautions during Covid-19: Humanitarian action for students	17.11.2020	112
4.	Fitness through Yoga"	21.11.2020	50
5.	Student psychology	09.12.2020	62



6.	Common Problems of Adolescence	07.01.2021	50
7.	Women's Legal Rights and Legal Service	11.02.2021	90

2019-2020

Life skills			
S.no	Name of the Activity	Date	No. of students participated
1.	The transformative power of Yoga Meditation	12.06.2019	80
2.	Personal Counselling for Emotional Wellness"	12.06.2019	70
3.	International Day against drug abuse illicit trafficking	29.06.2019	33
4.	Nyaya Vignana Sadassu	24.08.2019	84
5.	The Power of Fitness	25.08.2019	75
6.	Self-defence Training	15.12.2019	36
7.	Successful Blood Donation Camp	02.01.2020	88
8.	Intellectual Property Rights	19.02.2020	70
9.	Quality Enhancement in Higher Education	08.03.2020	35

2018-2019

Life skills			
S.no	Name of the Activity	Date	No. of students participated
1.	Techniques On Stress Management	22-02-2019	54
2.	Benefits of Yoga Meditation for Students	02.07.2018	122
3.	The Imperative of Physical Fitness	18.08.2018	75
4.	Awareness programme on Blood Donation	03.10.2018	76
5.	Awareness programme on Gender Sensitization	05.12.2018	52
6.	Guest Lecture on Legal Literacy	02-02-2019	59



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Ph: 08644 225994

Ref: JMJ/CDSE/2022-2023/043

Date: 01.09.2022

CIRCULAR

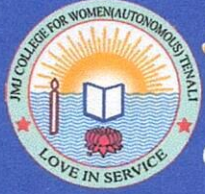
2022-2023

This is to inform you that the Department of Physical Education is going to conduct the Fitness Training Programme on **Finding balance and strength through fitness** for all the Sports students by **Mr.E. Ravinder**, Physical Director, Tenali on 05.09.2022 i.e., on Monday.

Sports students may avail the fitness training programme



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College Email: jmjtenali@gmail.com

website: jmjcollege.ac.in

Phone no: 08644 - 227994



Finding Balance and Strength Through Fitness

Date: 05/09/2022

Time: 10:00 A.M



FITNESS

Guest : Mr. E. Ravinder, Physical Director, Tenali.

Venue: JMJ COLLEGE FOR WOMEN, TENALI.

Organized by: Department of Physical Education.



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Report

Name of the Event : Finding Balance and Strength Through Fitness
Name of the Resource Person : Mr.E.Ravinder NIS Volleyball Coach
Date : 05.09.2022
Venue : Play Ground
Students involved : Sports Students.

Mr.Ravinder explained how to finding balance and strength through fitness. He emphasizes the importance of personalized wellness plans tailored to individual needs, goals, and preferences. In today's fast-paced world, finding balance and strength through fitness has become increasingly important for individuals seeking to maintain their physical, mental, and emotional well-being. Balance in fitness encompasses more than just physical equilibrium. It involves achieving harmony between different components of health, including physical fitness, mental clarity, emotional stability, and social connections.



Mr.E.Ravinder sir is giving Fitness Training tips to the students

Physical fitness forms the foundation of overall well-being Regular exercise, including cardiovascular activities, strength training, flexibility exercises, and functional movements; helps improve endurance, strength, flexibility, and balance. Engaging in a variety of exercises tailored to individual needs fosters a balanced physique and reduces the risk of injuries.

Aruna Sripate
Physical Directress



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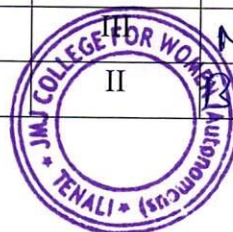
Activity: Finding balance and strength through fitness

Date: 05-09-2022

Number of students Participated: 54

Attendance Sheet

S.NO.	Name of the student	Program	Year	Signature
1.	GANJIMALA MANJU	BA	III	G. Manju
2.	GOVATHOTI ANUSHA RESHMA	BA	III	G. Anusha Reshma
3.	GUNJI LALITHA	BA	III	G. Lalitha
4.	JALDU SUPRIYA RANI	BA	III	J. Supriya Rani
5.	KOMMURI PRIYA	BA	III	K. Priya
6.	MEESALA DIVYAKALA	BA	III	M. Divyakala
7.	ELCHURI SASIREKHA	BA	III	E. Sasirekha
8.	GUDIPUDI PRIYANKA	BA	III	G. Priyanka
9.	KANKANALA SAI SOWBHAGYA	BA	III	K. Sai Sowbhagya
10.	KARRA PRAVALLIKA	BA	III	K. Pravallika
11.	KONDIPUDI HEPSIBA	BA	III	K. Hepsiba
12.	KONDURU ANJALI	BA	III	K. Anjali
13.	DANABOYINA PRAVALLIKA	B.Com	III	D. Pravallika
14.	ISTARLA LAKSHMI RUCHITHA	B.Com	III	I. Lakshmi Ruchi -the
15.	KASU NANDINI	B.Com	III	K. Nandini
16.	KUCHIPUDI NIKHITHA	B.Com	III	K. Nikhitha
17.	KUKATLAPALLI SUBHASHINI	B.Com	III	K. Subashini
18.	KUNCHALA LEELAVATHI	B.Com	III	K. Leelavathi
19.	MARUBOINA UMADEVI	B.Com	III	M. Umadevi
20.	MATHE MANASA	B.Com	III	M. Manasa
21.	MEDABALLI THIRUPATHAMMA	B.Com	III	M. Thirupathamma
22.	MULPURU KAVYA	B.Com	III	M. Kavya
23.	BUSSA SUKEERTHI	B.Sc.CBZ	II	B. Sukeerthi



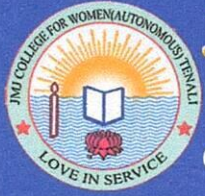
24.	DASARI CHANDRIKA	B.Sc.CBZ	II	D. Chandrika
25.	DAVULURI AKSHA	B.Sc.CBZ	II	D. Aksha
26.	DEEVI NAGALAKSHMI SUVARNA	B.Sc.CBZ	II	D. Aksha D. Aksha
27.	DONEPUDI MOUNIKA	B.Sc.CBZ	II	D. Mounika
28.	GADDE CHANDRIKA	B.Sc.CBZ	II	G. Chandrika
29.	GADELAVARTHI VANAJA	B.Sc.CBZ	II	G. Vanaja
30.	GANJI SRAVANI	B.Sc.CBZ	II	G. Sravani
31.	KAILA NAVYA	B.Sc.CBZ	II	K. Navya
32.	KANAPALA BLESSY	B.Sc.CBZ	II	K. Blessy
33.	BODDU HEMALATHA	B.Sc.MPCs.	II	B. Hemalatha
34.	BOINA POOJITHA	B.Sc.MPCs.	II	B. Poojitha
35.	BULLA KANYA KUMARI	B.Sc.MPCs.	II	B. Kanya Kumari
36.	CHINTHAPALLI MOUNIKA	B.Sc.MPCs.	II	CH. Mounika
37.	CHOPPARA NEELIMA	B.Sc.MPCs.	II	CH. Neelima
38.	CHORAGUDI RAMYA	B.Sc.MPCs.	II	CH. Ramya
39.	DEVARAPALLI KEERTHANA	B.Sc.MPCs.	II	D. Keertana
40.	DUGGIRALA DHANA LAKSHMI	B.Sc.MPCs.	II	D. Dhana Lakshmi
41.	DUNDI KEERTHI	B.Sc.MPCs.	II	D. Keerthi
42.	GORREPATI NANDINI	B.Sc.MPCs.	II	G. Nandini
43.	GOURU KIRAN MAI	B.Sc.MPCs.	II	G. Kiran mai
44.	DODDAKA HEMALATHA	B.Com.	I	D. Hemalatha
45.	GUDARI ANUSHA	B.Com.	I	G. Anusha
46.	GUNJI ANURADHA	B.Com.	I	G. Anuradha
47.	GUNTI CHANDRIKA	B.Com.	I	G. Chandrika
48.	KAGGA SRAVANI	B.Com.	I	K. Sravani
49.	KANCHARLA PUJITHA	B.Com.	I	K. Pujitha
50.	KARRI PAVANI	B.Com.	I	K. Pavani
51.	KARRI POOJA BHAVANI	B.Com.	I	K. Pooja bhavani
52.	KATHI NAGA VENKATA ROHITHA	B.Com.	I	K. N. V. Rohitha
53.	KATTA SNEHA LATHA	B.Com.	I	K. Sneha Latha

54.	KATTEMPUDI SRAVANTHI	B.Com.	I	K. Sravanthi
55.	KHAGGA VYSHNAVI	B.Com.	I	K. Vyshnavi
56.	KODIREKKA DEEPTHI	B.Com.	I	K. Deepthi
57.	KOKI SIREESHA	B.Com.	I	K. Sireesh
58.	KONDAPALLI MADHAVI	B.Com.	I	K. Madhavi



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Hormonal Disorders Prevailing in Women

Date: **08/09/2022**

Time: **10:30 A.M**



Guest : Mr. E. Avinash, Lecturer, Dept. of Zoology, SNBT Degree College, Repalle.

Venue: **JMJ COLLEGE FOR WOMEN, TENALI.**

Organized by: **Department of Zoology.**




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Ref: JMJ/CDSE/2022-2023/16

Date: 04. 09. 2022

CIRCULAR

2022-2023

This is to inform you that the Department of Zoology is going to organize an Guest Lecture on “**Hormonal disorders prevailing in Women**” by **Mr. E. Avinash**, Lecturer, Dept. of Zoology, SNBT Degree College, Repalle for all the I B.Sc.CBZ students on 08.09.2022 i.e., Saturday at 10.30 am in the zoology lab I.

All the students should attend the programme without fail.



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Report

Activity: Guest Lecture

Topic: Hormonal disorders prevailing in Women

Date: 08.09.2022

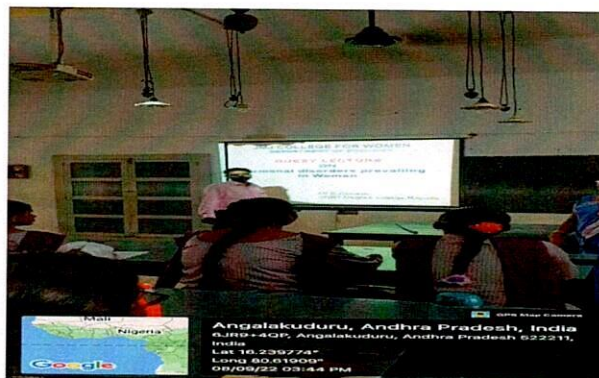
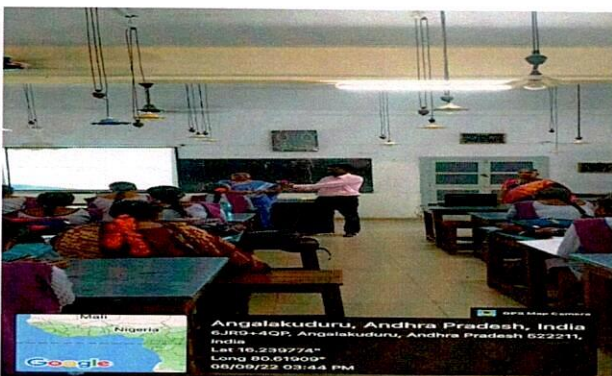
Time: 10:30 a.m

Participants: I B.Sc.CBZ students

Venue: zoology lab I

Department of zoology was arranged a Guest lecture on "Hormonal disorders prevailing in Women" for I B.Sc CBZ students on 08.09.2022 at 10.30 am in the zoology lab I. Mr. E. Avinash, Lecturer, Dept. of Zoology, SNBT Degree College, Repalle was the resource person. He explained about Hormonal disorders like, Polycystic ovary syndrome (PCOS), menstrual disorders, menopause and metabolic changes. He also talked about Symptoms like irregular (frequent, infrequent, absent) or heavy menstrual periods, Excessive hair growth on your face, chest, abdomen, or back, Hair loss or thinning, Weight gain or loss, Acne, Indigestion, Constipation or diarrhea, Darkening of the skin around the groin, under the breasts, and in the creases of the neck, Skin tags, Infertility, Uterine bleeding (not due to menstruation), Tenderness of the breasts, Osteoporosis, Vaginal dryness, Vaginal atrophy, Change in sex drive, Pain during sexual intercourse, Fatigue, Hot flashes and/or night sweats are seen in women due to hormonal disorders. He emphasized the Causes, Types, Risk factors and Preventive measures

Outcome: Students gained the knowledge about polycystic ovary syndrome (PCOS), menstrual disorders, menopause and metabolic changes.



Mrs.M.Aruna Head of the Department of Zoology is giving bouquet to the resource person and Speaker is explaining about Hormonal disorders prevailing Women to the students



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Activity: Guest Lecture

Topic: Hormonal disorders prevailing in Women

Date: 08.09.2022


Attendance Sheet

S.NO.	Name of the Student	Program	Year	Signature
1.	ALLA YASASRI	B.Sc. CBZ	I	A. Yasasri
2.	ARIGALA MEGHANA	B.Sc. CBZ	I	A. Meghana
3.	BEJJAM AMULYA	B.Sc. CBZ	I	B. Amulya
4.	BUTHUKURI KAVITHA	B.Sc. CBZ	I	B. Kavitha
5.	DEVARAKONDA KUSUMA	B.Sc. CBZ	I	D. Kusuma
6.	DONDAPATI GEETHA JAHNAVI	B.Sc. CBZ	I	D. Geetha-jahnavi
7.	KOLAKALURI JENNY	B.Sc. CBZ	I	K. Jenny
8.	KONGALEETI ANUSHA	B.Sc. CBZ	I	K. Anusha
9.	LANKE BHARGAVI	B.Sc. CBZ	I	L. Bhargavi
10.	MANDRU HAVILA WESLY	B.Sc. CBZ	I	M. Havila Wesley
11.	MANDRU SUSHMA	B.Sc. CBZ	I	M. SUSHMA
12.	MANGA BHUVANESWARI	B.Sc. CBZ	I	M. Bhuvanewari
13.	NAKKA MEGHANA	B.Sc. CBZ	I	N. Meghana
14.	NAMBURU MANISHA	B.Sc. CBZ	I	N. Manisha
15.	PODILI HARI PRIYA	B.Sc. CBZ	I	P. Hari priya
16.	PRATTIPATI MAHIMA	B.Sc. CBZ	I	P. Mahima



17.	PULI ANKITHA	B.Sc. CBZ	I	P. Ankitha
18.	SIRAMSETTY VISHNU PRIYA	B.Sc. CBZ	I	S. Vishnu Priya
19.	TADIBOINA GIRIJA	B.Sc. CBZ	I	T. Girija
20.	TADIBOYINA TRIVENI	B.Sc. CBZ	I	T. Triveni
21.	YAMARTHI SAROJINI DEVI	B.Sc. CBZ	I	Y. Sarojini Devi
22.	YEPURI MARY JONES	B.Sc. CBZ	I	Y. Mary Jones
23.	MULPURU SUHITHA	B.Sc. CBZ	I	M. Suhitha
24.	MEKALA DRAKSHAVALI	B.Sc. CBZ	I	M. Drakshavali
25.	PALLE SOWMYA	B.Sc. CBZ	I	P. Sowmya
26.	KANAPARTHI MADHU PRASEENA	B.Sc. CBZ	I	K. Madhuprasanna
27.	SHAIK SAIRA BANU	B.Sc. CBZ	I	Sk. Saira Banu


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Ref: JMJ/CDSE/2022-2023/49

Date: 07.09.2022

CIRCULAR

2022-2023

This is to inform you that the Department of Zoology is going to organize an Guest Lecture on “**Plant and Animal Tissue Culture technology for Human Welfare**” by **Dr. G. Ramesh**, Asst. Professor Dept. of Botany, Hindu College, Guntur for all the I B.Sc.CBZ students on 10.09.2022 i.e., Saturday at 10.30 am in the zoology lab I.

All the students should attend the programme without fail.


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Report

Activity: Guest Lecture

Topic: Plant and Animal Tissue Culture technology for Human Welfare

Date: 10.09.2022

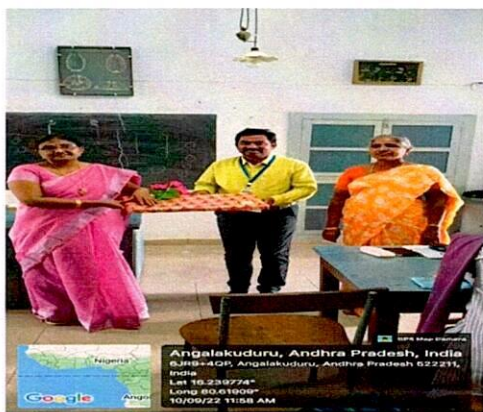
Time: 10:30 a.m

Participants: I B.Sc.CBZ students

Venue: zoology lab I

Department of zoology was arranged a Guest lecture on "Plant and Animal Tissue Culture technology for Human Welfare " for I B.Sc CBZ students on 10.09.2022 at 10.30 am in the zoology lab I. Dr. G. Ramesh, Asst. Professor Dept. of Botany, Hindu College, Guntur was the resource person. He explained about the Cell culture, Equipments, culture media, Technologies and methods. He also talked about humans shed particles of skin, bacteria, fungi etc., checking & prevention for contamination, cell morphology, production of primary cultures, cares to be taken while isolating primary culture, isolation of chick embryo, cell fractionation by differential centrifugation. He emphasized the Production of vaccines, monoclonal antibodies and tissue engineering approach.

Outcome: Students gained the knowledge about Cell culture, vaccines, monoclonal antibodies and tissue engineering approach



Mrs.M.Aruna Head of the Department of Zoology is giving bouquet to the resource person and Speaker is enlightening the students on Tissue Culture technology



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Report

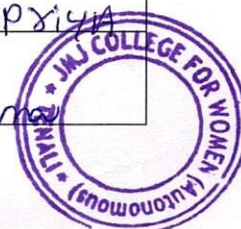
Activity: Guest Lecture

Topic: Plant and Animal Tissue Culture technology for Human Welfare

Date: 10.09.2022

Attendance Sheet

S.NO.	Name of the Student	Program	Year	Signature
1.	ALLA YASASRI	B.Sc. CBZ	I	A.yasari
2.	ARIGALA MEGHANA	B.Sc. CBZ	I	A. Meghana
3.	BEJJAM AMULYA	B.Sc. CBZ	I	B. Amulya
4.	BUTHUKURI KAVITHA	B.Sc. CBZ	I	B. kavitha
5.	DEVARAKONDA KUSUMA	B.Sc. CBZ	I	D. kusuma
6.	DONDAPATI GEETHA JAHNAVI	B.Sc. CBZ	I	D. Geetha Jahnavi
7.	KOLAKALURI JENNY	B.Sc. CBZ	I	K. Jenny
8.	KONGALEETI ANUSHA	B.Sc. CBZ	I	K. Anusha
9.	LANKE BHARGAVI	B.Sc. CBZ	I	L. Bhargavi
10.	MANDRU HAVILA WESLY	B.Sc. CBZ	I	M. Havila wesly
11.	MANDRU SUSHMA	B.Sc. CBZ	I	M. SUSHMA
12.	MANGA BHUVANESWARI	B.Sc. CBZ	I	M. Bhuvaneshwari
13.	NAKKA MEGHANA	B.Sc. CBZ	I	N. Meghana
14.	NAMBURU MANISHA	B.Sc. CBZ	I	N. Manisha
15.	PODILI HARI PRIYA	B.Sc. CBZ	I	P. haripriya
16.	PRATTIPATI MAHIMA	B.Sc. CBZ	I	P. Mahima

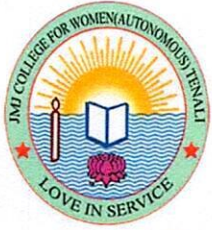


16.	PRATTIPATI MAHIMA	B.Sc. CBZ	I	p. Mahitha
17.	PULI ANKITHA	B.Sc. CBZ	I	P. Ankitha
18.	SIRAMSETTY VISHNU PRIYA	B.Sc. CBZ	I	S. Vishnu Priya
19.	TADIBOINA GIRIJA	B.Sc. CBZ	I	T. Girija
20.	TADIBOYINA TRIVENI	B.Sc. CBZ	I	T. Triveni
21.	YAMARTHI SAROJINI DEVI	B.Sc. CBZ	I	Y. Sarojini devi
22.	YEPURI MARY JONES	B.Sc. CBZ	I	Y. Mary Jones
23.	MULPURU SUHITHA	B.Sc. CBZ	I	M. Suhitha
24.	MEKALA DRAKSHAVALI	B.Sc. CBZ	I	M. Drakshavali
25.	PALLE SOWMYA	B.Sc. CBZ	I	P. Sowmya
26.	KANAPARTHI MADHU PRASEENA	B.Sc. CBZ	I	K. Madhu praseena
27.	SHAIK SAIRA BANU	B.Sc. CBZ	I	Sk. Saira Banu



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Ref: JMJ/CDSE/2022-2023/43

Date: 01.09.2022

CIRCULAR

2022-2023

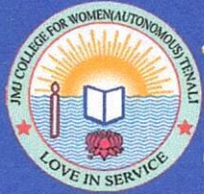
This is to inform you that the Department of Chemistry is going to conduct the Guest Lecture on **Benefits of Yoga & Meditation** for all the I & II Degree students by **Mr.K.Kumara Swamy**, Senior Advocate, Tenali on 11.10.2022 i.e ,on Thursday at 3.30 PM, at Mini Auditorium.

I & II Degree students should attend the programme without fail



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website: jmjcollege.ac.in

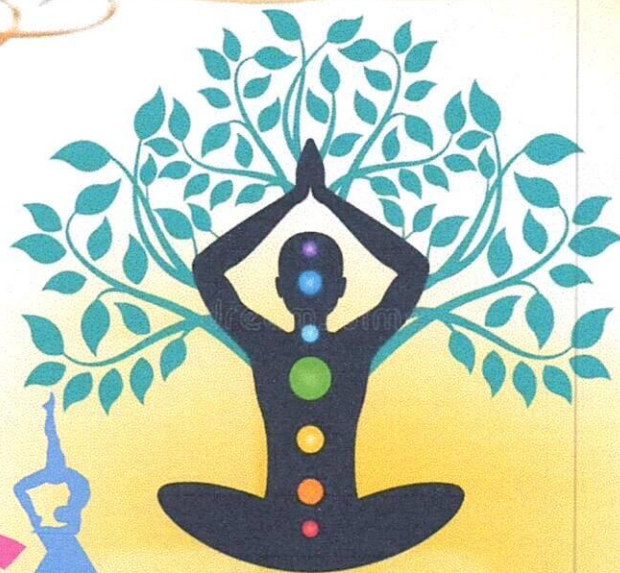
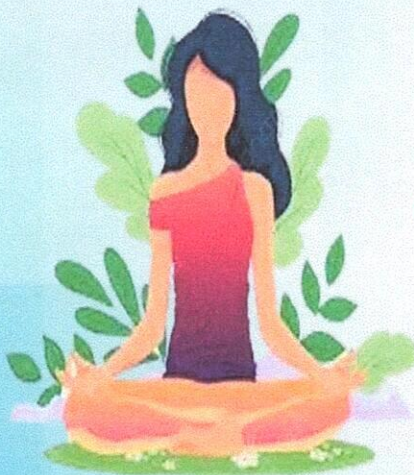
Phone no: 08644 - 227994



Benefits of Yoga & Meditation

Date: 11/10/2022

Time: 03:30 P.M



Guest : Mr. K. Kumara Swamy, Senior Advocate, Tenali.

Venue: JMJ COLLEGE FOR WOMEN, TENALI.

Organized by: Department of Chemistry.




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JMJ COLLEGE FOR WOMEN (AUTONOMOUS), TENALI

DEPARTMENT OF CHEMISTRY

GUEST LECTURE

REPORT

Date : 11.10.2022
Time : 3.30PM
Venue : Mini Auditorium
Activity name : Guest lecture on “**Benefits of Yoga & Meditation**”
Participants : II Degree Students
Resource Person : Mr.K.Kumara Swamy, Senior Advocate, Tenali

Report of guest lecture on “Benefits of Yoga & Meditation”

Department of Chemistry organized Guest lecture on “Benefits of Yoga & Meditation” on 11th October 2022 at 3.30PM in mini Auditorium by Mr.K.Kumara Swamy, Senior Advocate, Tenali for all II Degree Students Sir, focused on the following points

The word Yoga is derived from the Sanskrit word ‘Yog’ which means ‘Jod’ in Hindi or ‘union’ in English. This is the joining of ‘Jivatam’(Human) with ‘Parmatma’ (God). Through the practice of Yoga, one can have Self-realization and achieve God. ‘Yog’ word became Yoga in English. For a simple person, Yoga is another form of physical exercise. By doing physical exercises; one can develop only body muscles.

But through Yoga, one achieves the conditioning of even all the internal organs like the heart, brain, spleen, liver, lungs, intestines, etc. Apart from these vital organs, through Yoga all the glands, like the thyroid, pituitary, and penial glands of the brain, function better. Yoga education also helps students to equip themselves with basic knowledge about one’s personality, and to learn to handle themselves well in all life situations.

It enables us to learn techniques for gaining good health, develop a discriminative mind capable of knowing the real from the unreal, and to face the dualities of life with equanimity. Yoga education can enhance all the activities of the students, be it academic or sports, or social. Yoga techniques provide



JMJ COLLEGE FOR WOMEN(A),TENALI
DEPARTMENT OF CHEMISTRY

Guest lecture on
Benefits of Yoga & Meditation

Date : 11.10.2022



Mr.K.Kumara Swamy ,Yoga Trainer is telling about Yoga tips



Students are doing Yoga Aasanas

K. N. Jyothsna
Head of the Department
HoD of Chemistry



S. S. L. S.
Principal
Principal
J.M.J. COLLEGE FOR WOMEN (Autonomous)
TENALI - 522 202

**JMJ COLLEGE FOR WOMEN(A),TENALI
DEPARTMENT OF CHEMISTRY**

Guest lecture on

Benefits of Yoga & Meditation

Date : 11.10.2022

List of Participants

Sl.No.	Regd.No.	Class	Name of the student	Signature
1	J21A01001	IIB.A. Spl.Tel	Amere Suneetha	A. Suneetha
2	J21A01022	IIB.A. Spl.Eng	Devarapalli Nirikshitha	D. Nirikshitha
3	J21A01058	II Spl.ECO.	Karasala Kusuma	K. Kusuma
4	J21A11006	II B.Com. General	Maruboina Lohitha	M. Lohitha
5	J21A11007	II B.Com. General	Nemalipuri N.V.V.Sri Gathri	N.N.V.V Sri gathri
6	J21A21031	II B.Com. Comp.	Mondithoka Deepika	m. Deepika
7	J21A21043	II B.Com. Comp.	Sevanti B	B. sevanti
8	J21A21048	II B.Com. Comp.	Varagani Sindhu	V. Sindhu
9	J21A21049	II B.Com. Comp.	Yezarla Sandhya Rani	Y. sandhya Rani
10	J21A21051	II B.Com. Comp.	Jangala Ishwarya	J. Ishwarya
11	J21A21052	II B.Com. Comp.	Pedapudi Mounika	P. Mounika
12	J21A21053	II B.Com. Comp.	Dodda Kejiya	D. Kejiya
13	J21A31012	II BSc.CBZ ENG.	Kaila Navya	K. Navya
14	J21A31014	II BSc.CBZ ENG.	Kondamudi Anjali	K. Anjali
15	J21A31016	II BSc.CBZ ENG.	Kothagorla Bhanu Prasanna Lakshmi	K. Bhanu prasanna lakshmi
16	J21A31022	II BSc.CBZ ENG.	Mekala Anulekha	M. Anulekha
17	J21A31026	II BSc.CBZ ENG.	Ramachandrapu Bivala	R. Bivala
18	J21A31027	II BSc.CBZ ENG.	Shaik Mubeena	Sk. mubeena
19	J21A31028	II BSc.CBZ ENG.	Talluri Anusha	T. Anusha
20	J21A31032	II BSc.CBZ ENG.	Bommu Aruna	B. Aruna
21	J21A31033	II BSc.CBZ ENG.	Amarthaluri Keerthana	A. keerthana
22	J21A31034	II BSc.CBZ ENG.	Chilakabathini Kavya	ch. Kavya
23	J21A31035	II BSc.CBZ ENG.	Jangili Meghana	J. Meghana
24	J21A31152	II B.Sc.MPCOMP	Amere Prathyusha	A. prathyusha
25	J21A31156	II B.Sc.MPCOMP	Boddu Hemalatha	B. Hemalatha
26	J21A31166	II B.Sc.MPCOMP	Gouru Kiran Mai	G. Kiran Mai
27	J21A31169	II B.Sc.MPCOMP	Guriviseti Mydhili	G. Mydhili
28	J21A31171	II B.Sc.MPCOMP	Kalavapudi Bhargavi	K. Bhargavi
29	J21A31175	II B.Sc.MPCOMP	Katupalli Swarna Kumari	K. Swarna Kumari



30	J21A31183	II B.Sc.MPCOMP	Madanu Bala Keerthi	M. Bala Keerthi
31	J21A31190	II B.Sc.MPCOMP	Palsa Sirisha	P. Sirisha
32	J21A31192	II B.Sc.MPCOMP	Perikala Dhanya Rejoice	P. Dhanya Rejoice
33	J21A31199	II B.Sc.MPCOMP	Shaik Nagur Saidabi	B. Nagur Saidabi
34	J21A31200	II B.Sc.MPCOMP	Shaik Shahina	S.K. Shahina
35	J21A31224	BODA ISWARYA		B. Iswarya
36	J21A31227	II B.Sc.MSCs	Dhanarajupalli Divya	D. Divya
37	J21A31231	II B.Sc.MSCs	Gurindapalli Smylee	G. Smylee
38	J21A31237	II B.Sc.MSCs	Kharidu Mounika	K. Mounika
39	J21A31246	II B.Sc.MSCs	Lukka Jeevana Jyothi	L. Jeevana Jyothi
40	J21A31248	II B.Sc.MSCs	Manchala Devi	Manchala Devi
41	J21A31250	II B.Sc.MSCs	Mattakoyya Siyonu Kumari	M. Siyonu Kumari
42	J21A31258	II B.Sc.MSCs	Peddinti Aparna	P. Aparna
43	J21A31266	II B.Sc.MSCs	Vemu Ratnaja	V. Ratnaja
44	J22A01001	I B.A. Spl.Tel	Mothe Poojitha	M. Poojitha
45	J22A01002	I B.A. Spl.Tel	Muvva Kavya	M. Kavya
46	J22A01045	I B.A Spl.ECO	Chilukuri Venkata Likitha	Ch. Venkata Likitha
47	J22A01046	I B.A Spl.ECO	Dhasetty Nandini	D. Nandini
48	J22A01048	I B.A Spl.ECO	Pagolu Nandini	P. Nandini
49	J22A01054	I B.A Spl.ECO	Varre Triveni	V. Triveni
50	J22A01055	I B.A Spl.ECO	Kommalapati Mariya Kumari	K. Mariya Kumari
51	J22A01057	I B.A Spl.ECO	Yeddu Klementh	Y. Klementh
52	J22A01058	I B.A Spl.ECO	Buram Venkata Sudharani	B. Venkata Sudharani
53	J22A11001	I B.Com. General	Gaddam Triveni	G. Triveni
54	J22A11002	I B.Com. General	Gera Klemanthi	G. Klemanthi
55	J22A11004	I B.Com. General	Kallevarapu Vijetha	K. Vijetha
56	J22A11006	I B.Com. General	Mandru Tejaswi	M. Tejaswi
57	J22A11009	I B.Com. General	Shaik Sameera	S.K. Sameera
58	J22A11010	I B.Com. General	Shaik Sharmila	S.K. Sharmila
59	J22A21001	I B.Com. Computers	Ambepalli Triveni	A. Triveni
60	J22A21002	I B.Com. Computers	Ambepalli Usharani	A. Usharani
61	J22A21003	I B.Com. Computers	Angothu Sindhu Bai	A. Sindhu Bai
62	J22A21007	I B.Com. Computers	Boddu Sailaja	B. Sailaja



63	J22A21008	I B.Com. Computers	Bojja Pavithra	B. Pavithra
64	J22A21012	I B.Com. Computers	Gudari Anusha	G. Anusha
65	J22A21016	I B.Com. Computers	Kancharla Pujitha	K. Pujitha
66	J22A21018	I B.Com. Computers	Karri Pooja Bhavani	K. Pooja Bhavani
67	J22A21019	I B.Com. Computers	Kathi Naga Venkata Rohitha	K. naga venkata rohitha
68	J22A21023	I B.Com. Computers	Kodirekka Deepthi	Kodirekka Deepthi
69	J22A21025	I B.Com. Computers	Kondapalli Madhavi	K. Madhavi
70	J22A21026	I B.Com. Computers	Kopuri Anitha	K. Anitha
71	J22A21027	I B.Com. Computers	Kota Akhila	K. Akhila
72	J22A21029	I B.Com. Computers	Maliseti Sirisha	M. Sirisha
73	J22A21030	I B.Com. Computers	Maliseti Sowjanya	m. Sowjanya
74	J22A21035	I B.Com. Computers	Narendra Poojitha	Narendra Poojitha
75	J22A21036	I B.Com. Computers	Palavai Padma	P. padma
76	J22A21037	I B.Com. Computers	Parumalapally Komali	P. Komali
77	J22A21039	I B.Com. Computers	Pidathala Akhila	P. Akhila
78	J22A21044	I B.Com. Computers	Sandrapati Hemima	S. Hemima
79	J22A31001	I B.Sc C.B.Z	Alla Yasasri	A. yasasri
80	J22A31004	I B.Sc C.B.Z	Buthukuri Kavitha	B. kavitha
81	J22A31008	I B.Sc C.B.Z	Kongaleeti Anusha	K. Anusha
82	J22A31009	I B.Sc C.B.Z	Lanke Bhargavi	L. Bhargavi
83	J22A31010	I B.Sc C.B.Z	Mandru Havila Wesley	m. Havila Wesley
84	J22A31011	I B.Sc C.B.Z	Mandru Sushma	M. Sushma
85	J22A31013	I B.Sc C.B.Z	Nakka Meghana	N. Meghana
86	J22A31016	I B.Sc C.B.Z	Prattipati Mahima	P. Mahima
87	J22A31017	I B.Sc C.B.Z	Puli Ankitha	P. Ankitha
88	J22A31018	I B.Sc C.B.Z	Siramsetty Vishnu Priya	S. Vishnu priya
89	J22A31019	I B.Sc C.B.Z	Tadiboina Girija	T. Girija
90	J22A31021	I B.Sc C.B.Z	Yamarthi Sarojini Devi	Y. Sarojini Devi
91	J22A31022	I B.Sc C.B.Z	Yepuri Mary Jones	y. Mary Jones
92	J22A31025	I B.Sc C.B.Z	Palle Sowmya	P. Sowmya
93	J22A31027	I B.Sc C.B.Z	Shaik Saira Banu	sk. Saira Banu
94	J22A31051	I B.SC H.Sc	Bolla Vishnu Vardhini	B. Vishnu Vardhini
95	J22A31052	I B.SC H.Sc	Chandavarapu Hitha	ch. hita
96	J22A31054	I B.SC H.Sc	Munipalli Sandhya	M. Sandhya



97	J22A31071	I B.Sc. MPC Eng.	Ullasa Sowjanya	U. Sowjanya
98	J22A31101	I B.Sc.MPCOMP	Avanigadda Hemeema	A. Hemeema
99	J22A31103	I B.Sc.MPCOMP	Bogiri Meghana	B. Meghana
100	J22A31104	I B.Sc.MPCOMP	Chennuboina Sravani	Ch. Sravani
101	J22A31105	I B.Sc.MPCOMP	Dandamudi Nandu Priya	D. Nandu Priya
102	J22A31106	I B.Sc.MPCOMP	Dantla Sukanya Deepika	D. sukanya deepika
103	J22A31108	I B.Sc.MPCOMP	Donthiboina Lavanya	D. Lavanya
104	J22A31109	I B.Sc.MPCOMP	Dundi Anjani	D. Anjani
105	J22A31110	I B.Sc.MPCOMP	Golla Jayasri	G. Jayasri
106	J22A31111	I B.Sc.MPCOMP	Kakarlamudi Maneesha	K. Maneesha
107	J22A31112	I B.Sc.MPCOMP	Karre Rupa Devi	K. Rupa devi
108	J22A31113	I B.Sc.MPCOMP	Katta Malleswari	K. Malleswari
109	J22A31115	I B.Sc.MPCOMP	Kokkiligadda Sravani	K. sravani
110	J22A31116	I B.Sc.MPCOMP	Koniki Venkata Sri Vijaya	K. V. Sri vijaya
111	J22A31117	I B.Sc.MPCOMP	Madanu Velangini Nikhitha	M. v. Nikhitha
112	J22A31118	I B.Sc.MPCOMP	Mande Anusha	M. Anusha
113	J22A31119	I B.Sc.MPCOMP	Merugumala Priyanka	M. Priyanka
114	J22A31120	I B.Sc.MPCOMP	Murikipudi Karuna	M. karuna
115	J22A31123	I B.Sc.MPCOMP	Prathipati Mary Grace	P. Mary Grace
116	J22A31124	I B.Sc.MPCOMP	Shaik Karishma	SK. Karishma
117	J22A31125	I B.Sc.MPCOMP	Shaik Prasanthi	SK. prasanthi
118	J22A31129	I B.Sc.MPCOMP	Tadisetti Srikanya	T. Srikanya
119	J22A31131	I B.Sc.MPCOMP	Udayagiri Srilatha	U. Srilatha
120	J22A31134	I B.Sc.MPCOMP	Viswanadhapalli Naga Sunitha	V. Naga Sunitha
121	J22A31135	I B.Sc.MPCOMP	Yeragalla Sravani	Y. sravani
122	J22A31137	I B.Sc.MPCOMP	P. Theerdha	P. Theerdha
123	J22A31151	I B.Sc.MSCs	Ankam Mahitha	A. Mahitha
124	J22A31152	I B.Sc.MSCs	Bolla Dhana Sri	B. Dhana Sri
125	J22A31160	I B.Sc.MSCs	Nimmagadda Geethika	N. Geethika
126	J22A31161	I B.Sc.MSCs	Srungarapati Swetha	S. Swetha

K. N. Jayalaxmi
Head of the Department
HoD of Chemistry

S. S. S. S.
Principal
Principal
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TENALI - 522 202



**JMJ COLLEGE FOR WOMEN (AUTONOMOUS)
TENALI-522202, GUNTUR DT.A.P.**

PRIVATE AIDED – MINORITY INSTITUTION

Re-Accredited by NAAC with B++ Grade (IV Cycle)

Recognized by UGC New Delhi under Section 2(f) & 12 (b)

(An Autonomous College in the Jurisdiction of AcharyaNagarjuna University)

Ph: 08644 225994

Ref: JMJ/CDSE/2022-23/061

Dates: 28.10.2022

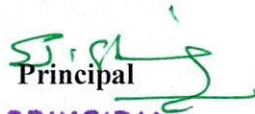
CIRCULAR

2022-2023

The Department of English wishes to inform you that, it will be organizing a **Guest Lecture** on **Health, Menstrual Hygiene, and the HPV Vaccine** by **Dr. Manasa Singaraju, MBBS, DGO,** Consultant Gynecologist and Obstetrician, Area Government Hospital, Tenali, on 01.11.2022, at 2:30 Pm to 3:30Pm, at MBA Seminar Hall. All the I Degree students must attend to the guest lecture.

All the students should attend the programme without fail.




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Report

Name of the Event : Guest Lecture
Topic : Menstrual Health and Hygiene Well-being
Name of the Resource Person : Dr. Manasa Singaraju,
MBBS, DGO, Consultant Gynecologist and Obstetrician
Date : 01-11-2022
Venue : MBA Block
Students involved : Degree Students

The Department of English organised a guest lecture on 1st November 2022. The lecture was held on 01-11-2022 in M.B.A. Seminar hall for the Degree students. Dr. Manasa Singaraju was the resource person for the guest lecture. The lecture began with elucidation of the terms Cervical Cancer, Menstrual Health and Hygiene, PCOD, etc. She stressed on Menstrual Health and Hygiene is essential to the wellbeing and empowerment of women & adolescent girls. To effectively manage their menstruation, girls & women require access to water, Sanitation and hygiene facilities, affordable and appropriate hygiene materials, information on good poultices, and a supportive environment where they can manage menstruation without embarrassment. The girls were also taught basic hygiene that should be maintained during period.



Delivering Lecture by Dr. Manasa Singaraju



Around 130 students and faculty of the Department of English attended the lecture. The lecture given by Dr. Manasa was very informative for all the students as well as to the faculty. Dr. N. Vimala Devi, HOD of English, shared that it was not only a great experience but also a helpful session on sensitising them on various complications arising out of lack of Menstrual Hygiene. The lecture concluded with an interactive session, followed by vote of thanks proposed by P. Suhana, I B.A. Spl English.

N. Vimala Devi
Head of the Department



Sreeni
Principal

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JMJ COLLEGE FOR WOMEN (A): TENALI

Activity:Health, Menstrual Hygiene, and the HPV Vaccine

Date:01-11- 2022

Number of students attended:130

Attendance Sheet

S.No	Name of the Student	Program	Signature
1.	ARAMALLA SREEJA	II BSc CBZ	A. Sreeja
2.	BANAVATH TEJASWI	II BSc CBZ	B. Tejaswi
3.	BISUPOGU MARIYAMMA	II BSc CBZ	B. Mariamma
4.	BUSSA SUKEERTHI	II BSc CBZ	B. Sukeerthi
5.	DASARI CHANDRIKA	II BSc CBZ	D. Chandrika
6.	DAVULURI AKSHA	II BSc CBZ	D. Aksha
7.	DEEVI NAGALAKSHMI SUVARNA	II BSc CBZ	D. Nagalakshmi subarna
8.	DONEPUDI MOUNIKA	II BSc CBZ	D. Mounika
9.	GADDE CHANDRIKA	II BSc CBZ	G. Chandrika
10.	GADELAVARTHI VANAJA	II BSc CBZ	G. Varthi vanaja
11.	GANJI SRAVANI	II BSc CBZ	G. Sravan
12.	KAILA NAVYA	II BSc CBZ	K. Navya
13.	KANAPALA BLESSY	II BSc CBZ	K. Blessy
14.	KONDAMUDI ANJALI	II BSc CBZ	K. Anjali
15.	KONDRU GRACE	II BSc CBZ	K. Grace
16.	KOTHAGORLA BHANU PRASANNA LAKSHMI	II BSc CBZ	K. Bhanu prasanna lakshmi
17.	KOTHAPALLI ANUSHA	II BSc CBZ	K. Anusha
18.	MALAVATHU AKHILA BAI	II BSc CBZ	M. Akhila Bai
19.	MARRI SYANTHANA RANI	II BSc CBZ	M. Syanthana Rani
20.	MEDIKONDA AKHILA	II BSc CBZ	M. Akhila
21.	MEDIKONDA AKSHITA	II BSc CBZ	M. Akshita
22.	MEKALA ANULEKHA	II BSc CBZ	M. Anulekha
23.	NAYUDUPATI SUJITHA	II BSc CBZ	N. Sujitha
24.	PALLAPATI SUPRIYA	II BSc CBZ	P. Supriya
25.	PENIGALLA THANUJA	II BSc CBZ	P. Thanuja
26.	RAMACHANDRAPU BIVALA	II BSc CBZ	R. Bivala
27.	SHAIK MUBEENA	II BSc CBZ	S. mubeena
28.	TALLURI ANUSHA	II BSc CBZ	T. Anusha
29.	VADDESWARAPU HAVEELA	II BSc CBZ	V. Haveela



30.	VARLA JYOTHI	II BSc CBZ	V. Jyothi
31.	VALLEPU RAMYA	II BSc CBZ	V. Ramya
32.	BOMMU ARUNA	II BSc CBZ	B. Aruna
33.	AMARTHALURI KEERTHANA	II BSc CBZ	A. Keerthana
34.	CHILAKABATHINI KAVYA	II BSc CBZ	C. Kavya
35.	JANGILI MEGHANA	II BSc CBZ	J. Meghana
36.	BANDI PADMA PRIYA	II BSc HSc	B. Padma Priya
37.	BORUGADDA PRAVALLIKA	II BSc HSc	B. Pravalika
38.	CHODAGAM LAKSHMI PRASANNA	II BSc HSc	C. Lakshmi
39.	CHOPPARA PAVANI	II BSc HSc	Ch. Pavani
40.	DANALAPATI MANOGNA	II BSc HSc	D. Manogna
41.	DUDI KI NAGAMANI	II BSc HSc	D. Nagamani
42.	GOVATHOTI REJOICE	II BSc HSc	G. Rejoice
43.	JANGILI DEEPTI RESHMA JASMINE	II BSc HSc	J. Reshma Jasmine
44.	LACHI YAMINI LAKSHMI	II BSc HSc	L. Yamini Lakshmi
45.	RAJAVOLU SAI NAGA SRI	II BSc HSc	R. Sai
46.	AMARTHALURI SUPRIYA	II BSc MPC	A. Supriya
47.	DANABOYINA UMA MAHESWARI	II BSc MPC	D. Maheswari
48.	GONUGUNTLA MANASA	II BSc MPC	G. Manasa
49.	JAVVADI BALA NAGA SRI	II BSc MPC	J. Bala Naga Sri
50.	KODAVALI MEGHANA	II BSc MPC	K. Meghana
51.	MADALA SATHWIKI	II BSc MPC	M. Sathwik
52.	MALLELA NAVEENA	II BSc MPC	M. Naveena
53.	MODUGULA TEJASWI	II BSc MPC	M. Tejaswi
54.	SHAIK SAJIDA	II BSc MPC	SK. Sajida
55.	ALLADI VIJAYA KUMARI	II BSc MP Comp	A. Kumari
56.	AMERE PRATHYUSHA	II BSc MP Comp	A. Prathyusha
57.	ANNAVARAPU SAI PRASANNA	II BSc MP Comp	A. Prasanna
58.	BANDARU SINDHU	II BSc MP Comp	B. Sindhu
59.	BANDI JANAKI	II BSc MP Comp	B. Janaki
60.	BODDU HEMALATHA	II BSc MP Comp	B. Hemalatha
61.	BOINA POOJITHA	II BSc MP Comp	B. Poojitha
62.	BULLA KANYA KUMARI	II BSc MP Comp	B. Kumari
63.	CHINTHAPALLI MOUNIKA	II BSc MP Comp	C. Mounika



64.	CHOPPARA NEELIMA	II BSc MP Comp	C. Neelima
65.	CHORAGUDI RAMYA	II BSc MP Comp	C. Ramya
66.	DEVARAPALLI KEERTHANA	II BSc MP Comp	D. Keethana
67.	DUGGIRALA DHANA LAKSHMI	II BSc MP Comp	D. Lakshmi
68.	DUNDI KEERTHI	II BSc MP Comp	D. Keerthi
69.	GORREPATI NANDINI	II BSc MP Comp	G. Nandini
70.	GOURU KIRAN MAI	II BSc MP Comp	G. Nandini
71.	GUJJARLAPUDI KEERTHI	II BSc MP Comp	G. Keerthi
72.	GUNTURU SATYA KEERTHI	II BSc MP Comp	G. Satya Keerthi
73.	GURIVISSETTI MYDHILI	II BSc MP Comp	G. Mydhili
74.	KAILA HARATHI	II BSc MP Comp	K. Harathi
75.	KALAVAPUDI BHARGAVI	II BSc MP Comp	K. Bhargavi
76.	KALLURI DEEPTHI	II BSc MP Comp	K. Deepthi
77.	KARPURAPU SANDHYA RANI	II BSc MP Comp	K. Sandhya
78.	KATTEPOGU SRUTHI	II BSc MP Comp	K. Sruthi
79.	KATUPALLI SWARNA KUMARI	II BSc MP Comp	K. Kumari
80.	KOMMALAPATI SUPRIYA	II BSc MP Comp	K. Supriya
81.	KONKA DIVYA	II BSc MP Comp	K. Divya
82.	KOTA KEERTHANA	II BSc MP Comp	K. Keerthana
83.	KUMMARAKUNTA MARY	II BSc MP Comp	K. Mary
84.	KUNCHALA VIJAYA LAKSHMI	II BSc MP Comp	K. Vijaya Lakshmi
85.	KURAPATI MEGHANA	II BSc MP Comp	K. Meghana
86.	LANKAPALLI SANDHYA RANI	II BSc MP Comp	K. Rani
87.	MADANU BALA KEERTHI	II BSc MP Comp	M. Bala Keerthi
88.	MALLELA PRISKILLA	II BSc MP Comp	M. Prishilla
89.	MARRI BALA BHAVANI	II BSc MP Comp	M. Bala Bhavani
90.	MEDIBOINA KRISHNAVENI	II BSc MP Comp	M. Krishnaveni
91.	MIDITHIPATI SIVA HARIKA	II BSc MP Comp	M. Siva Harika
92.	NALLURI YAMINI	II BSc MP Comp	N. Yamini
93.	NEMALIKANTI KAVYA	II BSc MP Comp	N. Kavya
94.	PALSA SIRISHA	II BSc MP Comp	P. Sirisha
95.	PERAVALI HELEENA	II BSc MP Comp	P. Heleena
96.	PERIKALA DHANYA REJOICE	II BSc MP Comp	P. Dhanya Rejoice
97.	PERIKALA SRILATHA	II BSc MP Comp	P. Srilatha
98.	PUSULURI DURGA BHAVANI	II BSc MP Comp	P. Durga bhavani
99.	SADARABOINA VENNELA	II BSc MP Comp	



100.	SAVANAM RAJA RAJESWARI	II BSc MP Comp	S. Rajeswari
101.	SETTIPALLI SREE POOJITHA	II BSc MP Comp	S. sree poojitha
102.	SHAIK BADRUNNISA	II BSc MP Comp	S. Badrunnisa
103.	SHAIK NAGUR SAIDABI	II BSc MP Comp	S. Nagur saidabi
104.	SHAIK SHAHINA	II BSc MP Comp	S. shahina
105.	SINGAMSETTY BHARGAVI	II BSc MP Comp	S. Bhargavi
106.	SYED AFROJA	II BSc MP Comp	S. Afroja
107.	USA TEJASWI	II BSc MP Comp	U. Tejaswi
108.	YETI GURUSANTHI	II BSc MP Comp	Y. Gurusanthi
109.	ATMAKURI KANAKA VALLI	II BSc MSCs	A. kanaka
110.	BANALA INDIRA	II BSc MSCs	B. indira
111.	BHAVANASI SONY	II BSc MSCs	B. sony
112.	BODA ISWARYA	II BSc MSCs	B. iswarya
113.	CHILAKA POOJITHA	II BSc MSCs	C. poojitha
114.	DARABADI KAVYA	II BSc MSCs	D. kavya
115.	DHANARAJUPALLI DIVYA	II BSc MSCs	D. Divya
116.	DOPPALAPUDI NAVYA	II BSc MSCs	D. Navya
117.	GAMIDI ANUSHA	II BSc MSCs	G. Anusha
118.	GUMMA LAVANYA	II BSc MSCs	G. Lavanya
119.	GURINDAPALLI SMYLEE	II BSc MSCs	G. smylee
120.	INDU NAVYA DAKKUMALLA	II BSc MSCs	I. Dakkumalla
121.	JALADI SUPRIYA	II BSc MSCs	J. supriya
122.	KALAVAKOLLU USHA RANI	II BSc MSCs	K. usha rani
123.	KARETI JYOTHIKA	II BSc MSCs	K. Jyothika
124.	KASIMALA LAYA	II BSc MSCs	K. Laya
125.	KHARIDU MOUNIKA	II BSc MSCs	K. Mounika
126.	KODAVATIGANTI YAMUNA MANI	II BSc MSCs	K. Yamuna Mani
127.	KOMERA AKHILA	II BSc MSCs	K. Akhila
128.	KONANKI AMULYA	II BSc MSCs	K. Amulya
129.	KUNCHALA GAYATRI	II BSc MSCs	K. Gayatri
130.	KURETI VIJAYALAKSHMI	II BSc MSCs	K. Vijalakshmi

N. Vinodhini
Head of the Department



Principal

PRINCIPAL
JMJ COLLEGE FOR WOMEN (Autonomous)
TENALI



JMJ COLLEGE FOR WOMEN (AUTONOMOUS),
TENALI-522202, GUNTUR DT.A.P.
PRIVATE AIDED – MINORITY INSTITUTION
Re-Accredited by NAAC with B++ Grade (IV Cycle)
Recognized by UGC New Delhi under Section 2(f) & 12 (b)
(An Autonomous College in the Jurisdiction of Acharya Nagarjuna University)

Ph: 08644 225994

JMJ/CDSE/2022-2023/093

Date: 31.01.2023

CIRCULAR

This is to inform you that the **Women Empowerment Cell** is going to conduct an invited talk to all Final Degree students on **“How to Build up Career to Empower Ourselves as Women”** by P. Ellen Vineela, FGMO, Union Bank of India, Mangalore, on 3.02. 2023 at 11.00 AM in the Mini Auditorium.

All the III year students should participate in the programme without fail.



S. S. S.
Principal
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JMJ COLLEGE FOR WOMEN (AUTONOMOUS), TENALI

Affiliated to Acharya Nagarjuna University

Morrispet (P.O), Tenali - 522202, Guntur Dt., Andhra Pradesh

College Email: jmjtenali@gmail.com

website: jmjcollege.ac.in

Phone no: 08644 - 227994



How to Build up Career to Empower Ourselves as Women



Date: 03/02/2023

Time: 11:00 A.M

Guest : Mrs. P. Ellen Vineela, FGMO, Union Bank of India, Mangalore.

Venue: JMJ COLLEGE FOR WOMEN, TENALI.

Organized by: Women Empowerment Cell.



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JMJ COLLEGE FOR WOMEN (A), TENALI

Report

How to build up career to empower ourselves as a woman

On 3rd February, 2023

Venue: - Mini Auditorium

Date: - 03/02/2023


Time: - 11.00 am to 1.00p.m

Class: - III Degree Students

Women Empowerment Cell of JMJ College for Women(A) Tenali, Conducted an invited talk on **“How to Build up career to empower ourselves as a woman”** by P.Ellen Vineela, FGMO, Union Bank of India, Mangalore on 3rd February, 2023 at Mini Auditorium. Mrs. P. Ellen Vineela shared her life experiences regarding the situations she came across with during her goal selection of her Educational path. She has explained that a student should always remember that **Hard Work** and **Persistent Efforts** never go unrewarded. For those who couldn't get through your goals & competitive exams, forget about being disheartened, there is no time to sit idle and cry over fate. It is time to tighten your seat-belts for achieving your goals. She motivated the students with tips to overcome the hurdles which arose in the career build up. Building the good career promotes financial enrichment which ultimately Empowers Woman. Woman Empowerment is essential to a family there by to the society and for human welfare.

Outcome: Students are able to know the importance of good career build up for Woman empowerment.




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JMJ COLLEGE FOR WOMEN (A); TENALI

“How to build up career to empower ourselves as women” on 3.02.2023



Mrs. P. Ellen Vineela giving lecture on **How to Build up career to empower ourselves as a woman**, to students.



JMJ College for Women(A), Tenali

How to Build-Up Career to empower ourselves as Women on
03-02-2023

III B.A. Spl.Tel., History & Politics

S.No.	Regd.No.	Name of the student	Signature of the student
1	J20A01001	Ankam Pranitha	A. Pranitha A
2	J20A01002	Chappidi Sumathi	Ch. Sumathi A
3	J20A01003	Chintala Suhrudi	Ch. Suhrudi
4	J20A01004	Ganjimala Manju	G. Manju
5	J20A01005	Govathoti Anusha Reshma	G. Anusha Reshma
6	J20A01006	Gunji Lalitha	G. Lalitha
7	J20A01007	Jaldu Supriya Rani	J. Supriya Rani
8	J20A01008	Kommuri Priya	K. Priya
9	J20A01009	Meesala Divyakala	M. Divyakala
10	J20A01010	Peravali Rupa	P. Rupa
11	J20A01011	Ravuri Sanjana	R. Sanjana

III B.A. Spl.Eng., History & Politics

12	J20A01012	Valluri Rama Devi	V. Ramadevi
1	J20A01031	Anusha Battula	Anusha B A
2	J20A01032	Bellamkonda Likhitha	B. Likhitha
3	J20A01033	Billa Sravani	B. Sravani
4	J20A01034	Elchuri Sasirekha	E. Sasirekha
5	J20A01035	Gudipudi Priyanka	G. Priyanka A
6	J20A01036	Kankanala Sai Sowbhagya	K. Sai Sowbhagya
7	J20A01037	Karra Pravallika	K. Pravallika
8	J20A01038	Kondipudi Hepsiba	K. Hepsiba
9	J20A01039	Konduru Anjali	K. Anjali
10	J20A01040	Kundurthy Venkata Lakshmi Tanuja	K.V.L. Tanuja
11	J20A01041	Mopidevi Srivalli	M. Srivalli
12	J20A01042	Movva Pallavi	M. Pallavi
13	J20A01043	Pedalanka Divya Tejaswini	P. Divya Tejaswini
14	J20A01044	Sudarsanam Sravanthi	S. Sravanthi
15	J20A01045	Tadisetty Durga Kalyani	T. Durgakalyani
16	J20A01046	Thokala Lavanya	T. Lavanya
17	J20A01047	Yadla Devika	Yadla Devika



III B.A. Spl.Eco., History & Politics

S.No.	Regd.No.	Name of the student	Signature of the student
1	J20A01061	Alladi Divya	A. Divya
2	J20A01062	Dantu Srilatha	D. Srilatha
3	J20A01063	Davala Sowmya	D. Sowmya
4	J20A01064	Indla Hema Chandu Vardhini	D. Hemachanduvardhini
5	J20A01065	Kanaparthi Rishithavi	K. Rishithavi
6	J20A01066	Koppula Manasa Durga	K. Manasa Durga
7	J20A01067	Mungi Sravani	M. Sravani

III B.Com. (General)

S.No.	Regd.No.	Name of the student	Signature of the student
1	J20A11001	Bejavada Naga Varalakshmi	B. Naga Varalakshmi
2	J20A11002	Bhavanam Adi Lakshmi	B. Adi Lakshmi
3	J20A11003	Chinthabattina Navya Sri	Ch. Navya Sri
4	J20A11004	Danaboyina Pravallika	D. Pravallika
5	J20A11005	Istarla Lakshmi Ruchitha	I. L. Ruchitha
6	J20A11006	Kasu Nandini	K. Nandini
7	J20A11007	Kuchipudi Nikhitha	K. Nikhitha
8	J20A11008	Kukatlapalli Subhashini	K. Subhashini
9	J20A11009	Kunchala Leelavathi	K. Leelavathi
10	J20A11010	Maruboina Umadevi	M. Umadevi
11	J20A11011	Mathe Manasa	M. Manasa
12	J20A11012	Medaballi Thirupathamma	M. Thirupathamma
13	J20A11013	Mulpuru Kavya	M. Kavya
14	J20A11014	Nalluri Anusha	N. Anusha
15	J20A11015	Pallapu Prasanna	P. Prasanna
16	J20A11016	Peravali Anusha	P. Anusha
17	J20A11017	Prathipati Aparna	P. Aparna
18	J20A11018	Pulivarthi Sarala	P. Sarala
19	J20A11019	Tananki Sravani	T. Sravani
20	J20A11020	Thota Gayatri	T. Gayatri
21	J20A11021	Tupili Pravallika	T. Pravallika
22	J20A11022	Vare Ramya Sri	V. Ramya Sri
23	J20A11023	Velpuri Priyanka	V. Priyanka
24	J20A11024	Yellaturi Sumadarsini	Y. Sumadarsini



III B.Com. (Computers)

S.No.	Regd.No.	Name of the student	Signature of the student
1	J20A21001	Annavarapu Prathima	A. Prathima A
2	J20A21002	Aramalla Hadassa	A. Hadassa
3	J20A21003	Bantupalli Hampi	B. Hampi A
4	J20A21004	Bathula Swathi	B. Swathi A
5	J20A21005	Bethapudi Chinnammai	B. Chinnammai
6	J20A21006	Bhimavarapu Kalyani	B. Kalyani A
7	J20A21007	Boddukuri Mahima	B. Mahima
8	J20A21008	Chennam Setty Prakrutamba	ch. prakrutamba
9	J20A21009	Chennamsetty Suneetha	ch. suneetha
10	J20A21010	Chintala Naga Ratna Kumari	ch. Naga Ratna Kumari
11	J20A21011	Danaboyina Devi	D. Devi A
12	J20A21012	Dulla Sahithi	A. Sahithi A
13	J20A21013	Duru Sucharithasri	D. Sucharithasri
14	J20A21014	Gantela Manasa	G. Manasa
15	J20A21015	Gorojanam Navya Sree	G. Navya Sree
16	J20A21016	Gurajala Vijaya Kumari	G. Vijaya Kumari A
17	J20A21017	Jakka Dhana Sasi Rekha Devi	J. Dhana Sasi Rekha Devi
18	J20A21018	Jangala Ishwarya	J. Ishwarya A
19	J20A21019	Jetti Bindu Kumari	J. Bindu Kumari
20	J20A21020	Kalam Hema Latha	K. Hema Latha
21	J20A21021	Kasimalla Divya	K. Divya A
22	J20A21022	Konda Stella Mary	K. Stella Mary
23	J20A21023	Koppula Hemalatha	K. Hemalatha
24	J20A21024	Koppuravuri Yamuna Sai	K. Yamuna Sai A
25	J20A21025	Kopuri Vasantha Kumari	ch. Vasantha Kumari
26	J20A21026	Maaram Lakshmi Devi	M. Lakshmi Devi
27	J20A21027	Marupudi Hyma	M. Hyma A
28	J20A21028	Medabalimi Nagavathi	M. Nagavathi
29	J20A21029	Meesala Sishla	M. Sishla A
30	J20A21030	Mukthipudi Annamani	M. Annamani
31	J20A21031	Munipalli Vineela	M. Vineela
32	J20A21032	Nalavath C Bala Siva Kumari Bai	N.C.B.S. Kumari Bai.
33	J20A21033	Nallagorla Bhargavi	N. Bhargavi
34	J20A21034	Nalukurthi Yesumariyamma	N. Yesu Mari Yamma
35	J20A21035	Nemalikanti Sudha Rani	N. Sudha Rani
36	J20A21036	Nemalikanti Swarna Latha	N. Swarna Latha



37	J20A21037	Nenavath Nagalakshmi Bai	N. nagalakshmi bai
38	J20A21038	Palaparathi Havila	P. Havila
39	J20A21039	Pramila Barla	B. Pramila
40	J20A21040	Ravuri Kalyani	R. kalyani
41	J20A21041	Rayapati Sandhya	R. Sandhya
42	J20A21042	Shaik Umme Athiya	Sh. Umme Athiya
43	J20A21043	Srikakoli Latha Sree	S. Latha Sree
44	J20A21044	Sykam Thrishika	S. Thrishika
45	J20A21045	Thanneeru Rajitha	T. Rajitha
46	J20A21046	Thoka Mounika	T. Mounika A
47	J20A21047	Thorati Estheru Rani	T. Estheru Rani
48	J20A21048	Tummapudi Soniya	T. Soniya
49	J20A21049	Turaga Revathi	T. Revathi
50	J20A21050	Vedullapalli Sumathi	V. Sumathi
51	J20A21051	Vemuri Sushma	V. Sushma
52	J20A21052	Chodavarapu Geethika	Ch. Geethika

III B.Sc. CBZ Eng.

S.No.	Regd.No.	Name of the student	Signature of the student
1	J20A31001	Akkidasari Prasanna	A. Prasanna
2	J20A31002	Bannaravuri Hema	B. Hema
3	J20A31003	Boda Mounika	B. Mounika
4	J20A31004	Bulla Keerthi Soujanya	B. Keerthi Soujanya
5	J20A31005	Chilumuri Lakshmi Prasanna	Ch. lakshmi prasanna
6	J20A31006	Chirala Anu Sree	Ch. Anusree
7	J20A31007	Dadi Bindu Parvathi	D. Bindu parvathi
8	J20A31008	Dara Prasanna Kumari	D. Prasanna Kumari A
9	J20A31009	Dasinta Majhi	Dasinta Majhi
10	J20A31010	Dondapati Divya	D. Divya
11	J20A31011	G Kadiyali Durga Reddy	G. Durga Reddy A
12	J20A31012	Ganikapudi Vijaya	G. Vijaya
13	J20A31013	Gera Sravanthi	G. Sravanthi
14	J20A31014	Gujjarlamudi Mourya	G. Mourya
15	J20A31015	Gundabathini Sowjanya	G. Sowjanya A
16	J20A31016	Gurindapalli Ananda Jyothi	G. Ananda Jyothi A
17	J20A31017	Jain Deepthi	J. Deepthi
18	J20A31018	Jangam Himabindu	J. Himabindu
19	J20A31019	Jonnalagadda Priyanka	J. Priyanka
20	J20A31020	Kaki Kusuma	K. Kusuma



21	J20A31021	Kambhampati Hema	
22	J20A31022	Kandula Honey Jyoshna	K. Honey Jyoshna
23	J20A31023	Katta Lavanya	K. Lavanya
24	J20A31024	Kattepogu Sowmya	K. Sowmya
25	J20A31025	Kokkilagadda Manju	K. Manju A
26	J20A31026	Kondepu Pavani	K. Pavani A
27	J20A31027	Kota Nikhila	K. Nikhila
28	J20A31028	Kunchala Kavya	K. Kavya A
29	J20A31029	Lanka Keerthi	L. Keerthi
30	J20A31030	Laxmipriya Berera	Laxmipriya
31	J20A31031	Maddala Mary Meena	M. Mary Meena
32	J20A31032	Mallela Haritha	M. Haritha
33	J20A31033	Manchala Anusha	M. Anusha A
34	J20A31034	Manchala Lavanya	M. Lavanya
35	J20A31035	Meka Himabindu	M. Himabindu A
36	J20A31036	Melam Amulya	M. Amulya A
37	J20A31037	Mohammed Noor E Naziya	M. Noor E Naziya
38	J20A31038	Myla Padma Leelavathi	M. Padma Leelavathi
39	J20A31039	Nukala Koti Nagulu	N. Koti Nagulu
40	J20A31040	Pulivarthi Amulya	P. Amulya
41	J20A31041	Ramavath Anu Indra Bai	R. Anu Indrabai
42	J20A31042	Regulagadda Rechal Jyothi	R. Rechal Jyothi
43	J20A31043	Rentapalla Navya Sri	R. Navya Sri
44	J20A31044	Sagili Mary Sofiya	S. Mary Sofiya
45	J20A31045	Srungarapati Akshaya	S. Akshaya A
46	J20A31046	Sykam Keerthi	S. Keerthi
47	J20A31047	Tadiparthi Kusuma	T. Kusuma
48	J20A31048	Talakayala Ramya	T. Ramya
49	J20A31049	Thota Tejaswini	T. Tejaswini
50	J20A31050	Velicharla Chaitanya	V. Chaitanya
51	J20A31051	Yadala Mary Jyoshna	Y. Mary Jyoshna

III B.Sc. CBZ Tel.

S.No.	Regd.No.	Name of the student	Signature of the student
1	J20A31081	Addepalli Sravanthi	A. Sravanthi A
2	J20A31082	Chebrolu Swathi	Ch. swathi
3	J20A31083	Desaboina Koteswari	D. Koteswari
4	J20A31084	Gorikapudi Sirisha	G. Sirisha A.
5	J20A31085	Kanteti Usha Rani	K. Usha Rani



6	J20A31086	Lanka Sailaja	Lanka Sailaja
7	J20A31087	Peteti Kalyani	P. Kalyani - A
8	J20A31088	Thati Divya	T. Divya - A

III B.Sc. Home Science

S.No.	Regd.No.	Name of the student	Signature of the student
1	J20A31101	Bandi Padma Priya	B. Padma Priya - A
2	J20A31102	Chinthakrindi Poojitha	Ch. Poojitha
3	J20A31103	Deevi Divya Sree	D. Divya Sree
4	J20A31104	G Sirisha	G. Sirisha - A
5	J20A31105	Gugulath Renuka	G. Renuka
6	J20A31106	Mopidevi Gayatri	M. Gayathri
7	J20A31107	N Ramachandrika	N. Ramachandrika
8	J20A31108	Nallamothu Maha Lakshmi	N. Maha Lakshmi - A
9	J20A31109	P Priyadarshini	P. Priyadarshini
10	J20A31110	Paladugu Manju Sree	P. Manju Sree
11	J20A31111	Shaik Karishma	SK. Karishma
12	J20A31112	Tenali Smiley	T. Smiley
13	J20A31113	Vetagiri Vuha Bhagyavi	V. V. Bhagyavi - A
14	J20A31114	Patchala Sunitha	P. Sunitha - A

III B.Sc. MPC Eng.

S.No.	Regd.No.	Name of the student	Signature of the student
1	J20A31131	Bhattu Sandhya	B. Sandhya
2	J20A31132	Edulamudi Sravani	E. Sravani
3	J20A31133	Ganta Santhi	G. Santhi - A
4	J20A31134	Govindu Bindu Madhavi	G. Bindu Madhavi
5	J20A31135	Inumukkala Anusha	I. Anusha
6	J20A31136	Kancharla Ananda Kumari	K. Ananda Kumari
7	J20A31137	Kondeti Pavithra	K. Pavithra
8	J20A31138	Kunchapu Kaveri	K. Kaveri
9	J20A31139	Mullapudi Prasanna	M. Prasanna
10	J20A31140	Munipalli Viveka	M. Viveka
11	J20A31141	Nalluri Rupa Devi	Nalluri Rupa Devi
12	J20A31142	Neela Soundarya	N. Soundarya - A
13	J20A31143	Parimi Indira	P. Indira
14	J20A31144	Ravuri Pavithra	R. Pavithra
15	J20A31145	Shodagudi Jahnavi	S. Jahnavi - A
16	J20A31146	Udumula Sweeti	U. Sweeti
17	J20A31147	Uppala Tanmai	U. Tanmai



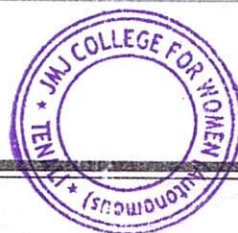
18	J20A31148	Uppala Tapaswi	U. Tapaswi
19	J20A31149	Yadamreddy Kavya	Y. Kavya
20	J20A31150	Yaragalla Lavanya	Y. Lavanya
21	J20A31151	Anuhya Borugadda	Anuhya B

III B.Sc. MPC Tel.

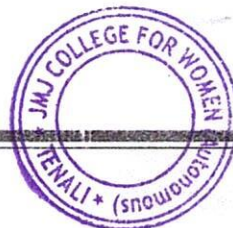
S.No.	Regd.No.	Name of the student	Signature of the student
1	J20A31171	Pedapudi Sujitha	P Sujitha

III B.Sc. Maths, Physics & Computers

S.No.	Regd.No.	Name of the student	Signature of the student
1	J20A31201	Adipi Sneha Latha	A. Sneha Latha
2	J20A31202	Akkala Vedavati	A. Veda Vathi
3	J20A31203	Amarthaluri Lakshmi Prasanna	A. Lakshmi prasanna
4	J20A31204	Bethamcharla Venkayamma	B. venkayamma
5	J20A31205	Bollapalli Akhila	B. Akhila
6	J20A31206	Cherukuri Divyajyothi	Ch. Divya Jyothi
7	J20A31207	Chimata Triveni	Ch. Triveni
8	J20A31208	Chintabattini Supriya	Ch. Supriya
9	J20A31209	Darla Marthamma	D. Marthamma
10	J20A31210	Dasari Nandini	D. Nandini
11	J20A31211	Dasari Sravanthi	S. Sravanthi
12	J20A31212	Devarapalli Deepthi	D. Deepthi
13	J20A31213	Elicherla Sravya	E. Sravya
14	J20A31214	Gaddam Manasa Devi	G. Manasa Devi
15	J20A31215	Gairuboyina Venkata Sravani	G. V. Sravanthi
16	J20A31216	Gali Mydhili	G. Mydhili
17	J20A31217	Gollapalli Divya	G. Divya
18	J20A31218	Gunturu Anusha	G. Anusha
19	J20A31219	Gyruboina Dhana Lakshmi	G. Dhana Lakshmi
20	J20A31220	Jagarlamudi Pravallika	J. pravallika
21	J20A31221	Jala Sowjanya	J. Sowjanya
22	J20A31222	Jaladi Hema Latha	J. Hemalatha
23	J20A31223	Jonna Lavanya	J. Lavanya
24	J20A31224	Kandula Sitamma	K. Sitamma
25	J20A31225	Karri Vasavi	K. Vasavi
26	J20A31226	Kati Hepsiba	K. Hepsiba
27	J20A31227	Kattupalli Usha Devi	K. Usha Devi
28	J20A31228	Kattupalli Vinsi	K. Vinsi
29	J20A31229	Kavuri Sumathi	K. Sumathi



30	J20A31230	Kode Tirumala	K. Tirumala
31	J20A31231	Konakala Venkayamma	K. Venkayamma
32	J20A31232	Konda Varalakshmi	K. Varalakshmi
33	J20A31233	Konka Prasanthi Kumari	K. Prasanthi Kumari
34	J20A31234	Konka Sathvika	K. Sathvika
35	J20A31235	Kukkala Supraja	K. Supraja
36	J20A31236	Kukkala Yasa swi	K. Yasa swi ²⁰
37	J20A31237	Kurapati Manasa	K. Manasa
38	J20A31238	Madasu Bhargavi	M. Bhargavi ^{Ab}
39	J20A31239	Maliseti Lakshmi	M. Lakshmi
40	J20A31240	Manda Kalpana	M. Kalpana
41	J20A31241	Manyam Venkata Sony Priyanka	M. Venkata Sony Priyanka
42	J20A31242	Mediboina Venkata Pavani	M. V. Pavani
43	J20A31243	Medikonda Rajeswari	M. Rajeswari
44	J20A31244	Meka Sasikala	M. Sasikala
45	J20A31245	Morla Venkata Pushpa	M. Venkata Pushpa
46	J20A31246	Mudigondla Aruna Kumari	M. Aruna Kumari
47	J20A31247	Mukkala Prardhana Sagari	M. Prardhana Sagari
48	J20A31248	Nalluree Kavya	N. Kavya
49	J20A31249	Nannepamu Vanaja Kokila	N. Vanaja Kokila
50	J20A31250	Nemalikanti Prasanna	N. Prasanna
51	J20A31251	Noor Basha Gowsiya	N. Gowsiya
52	J20A31252	Noorbasha Aneesha Begum	NA Begum
53	J20A31253	Nuthakki Renuka	N. Renuka
54	J20A31254	Nuthalapati Subhashini	N. Subhashini-Ab
55	J20A31255	Pathan Rihana	P. Rihana
56	J20A31256	Peetha Jayasri	P. Jayasri - Ab
57	J20A31257	Pilli Ramya	P. Ramya
58	J20A31258	Pittu Naga Govardhani	P. N. Govardhani .A
59	J20A31259	Pittu Vijaya Lakshmi	P. Vijaya Lakshmi-Ab
60	J20A31260	Puli Madhavi	P. Madhavi
61	J20A31261	Rayapudi Lavanya	R. Lavanya
62	J20A31262	Seelam Anuradha	S. Anuradha.
63	J20A31263	Sekuri Sowmyasri	S. Sowmyasri
64	J20A31264	Siddela Jwalitha	S. Jwalitha
65	J20A31265	Singam Setty Sandhya Rani	S. Sandhya Rani
66	J20A31266	Sodabattina Sruti	S. Sruti
67	J20A31267	Tadiboina Naga Bhuvaneshwari	T. Naga Bhuvaneshwari



68	J20A31268	Tappetla Deepthi	
69	J20A31269	Tavva Jayasri	T. Jaya Sri
70	J20A31270	Thanniru Vasanthi	T. Vasanthi
71	J20A31271	Thatavarthi Kavya Sri	T. Kavya Sri
72	J20A31272	Thiruveedula Pavani	T. Pavani
73	J20A31273	Tullibilli Venkata Bhavani	T. Venkata Bhavani
74	J20A31274	Turaka Mounika	T. Mounika
75	J20A31275	Uriti Keerthi	U. Keerthi
76	J20A31276	Valiveti Vinekha	V. Vinekha

III B.Sc. Maths, Statistics & Computers

S.No.	Regd.No.	Name of the student	Signature of the student
1	J20A31301	Akkinapalli Sravanthi	A. Sravanthi
2	J20A31302	Andraju Bhanu Maheswari	A. Bhanu maheswari
3	J20A31303	Arikatla Krishna Priya	A. Krishna priya
4	J20A31304	Basabathini Sai Maheswari	B. Sai Maheswari
5	J20A31305	Bathula Lakshmi	B. Lakshmi
6	J20A31306	Bhavanam Gayatri Devi	B. Gayatri Devi
7	J20A31307	Boddu Srilakshmi Prasanna	B. Sri Lakshmi prasanna
8	J20A31308	Darabadi Akanksha	B. Akanksha
9	J20A31309	Dasi Nanditha	D. Nanditha
10	J20A31310	Devalla Sivani	D. Sivani
11	J20A31311	Donthireddy Mohan Priya	D. Mohan Priya
12	J20A31312	Duddu Naga Lakshmi	Duddu. Nagalakshmi
13	J20A31313	Gaddala Amulya	G. Amulya
14	J20A31314	Garnepudi Anjali	G. Anjali
15	J20A31315	Gudipudi Pavani	Gudipudi. Pavani
16	J20A31316	Gunja Bharathi	G. Bharathi
17	J20A31317	Kakumanu Anitha	K. Anitha
18	J20A31318	Kandula Sukeena	K. Sukeena
19	J20A31319	Kondamudi Madhuri	K. Madhuri
20	J20A31320	Koppula Lavanya	K. Lavanya
21	J20A31321	Mamidi Sruthi	M. Sruthi
22	J20A31322	Medam Krishnaveni	M. Krishnaveni
23	J20A31323	Mogul Hussainbi	M. Hussainbi
24	J20A31324	Mullapudi Jahnavi	M. Jahnavi
25	J20A31325	Munipalli Kavitha	M. Kavitha
26	J20A31326	Noorbasha Rizwana	N. Rizwana
27	J20A31327	Noorbasha Rajiya Bhanu	N. Rajiyabhanu
28	J20A31328	Pigili Sindhu Priya	P. Sindhu priya
29	J20A31329	Pulakanam Manasa	P. Manasa A



30	J20A31330	Puli Ludiya	P. Ludiya
31	J20A31331	Pulleti Tejaswini	P. Tejaswini
32	J20A31332	Repalle Yasa swini	R. Yasa swini
33	J20A31333	Santhapurapu Pavani	S. Pavani
34	J20A31334	Shaik Khaja Parveen	Sk. Khaja Parveen
35	J20A31335	Shaik Sheelu	Sk. Sheelu
36	J20A31336	Srikakulam Deepika	S. Deepika
37	J20A31337	Suda Mounika	S. Mounika
38	J20A31338	Tadepalli Shamitha	T. Shamitha
39	J20A31339	Vaka Sivanagamalleswari	Absent for this event
40	J20A31340	Valiveti Lakshmi Tirupathamma	V. Lakshmi Tirupathamma
41	J20A31341	Vellabati Anitha	V. Anitha
42	J20A31342	Yadalaparapu Anuradha	Y. Anuradha
43	J20A31343	Yeruva Naga Satyavathi	Y. Naga Satyavathi

III B.B.A.

S.No.	Regd.No.	Name of the student	Signature of the student
1	J20A41001	Chandolu Hema Latha	Ch. Hemalatha
2	J20A41002	Kavutha Akshaya	K. Akshaya
3	J20A41003	Konda Poushya Prapoorna Durga Sri Charana	K. Poushya Prapoorna
4	J20A41004	Paidimarthy Manju	P. Manju

Dr. Ch. Sarojini
Convener



S. S. S.
Principal
J.M.J. College for Women (Autonomous)
TENALI - 522 202.

5.1.3
Life Skills
2021-2022

5.1.3

**Circulars, Brochures, Reports and Students
Attendance sheets for programs conducted
during the AY 2021-22**



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Ph: 08644 225994

Ref: JMJ/CDSE/2021-2022/005

Date: 19.06.2021

CIRCULAR

2021-2022

This is to inform you that the Department of Chemistry is going to conduct a guest lecture on **Empowering Women Through Yoga** by Dr.K.Nirmala **Jyothi**, Chemistry Lecturer on 21.06.2021, i.e., Mondy at 10:30 a.m in Mini Auditorium.

All the students should attend the programme without fail.

Principal
PRINCIPAL
JMJ COLLEGE FOR WOMEN (Autonomous)
TENALI



J.M.J COLLEGE FORWOMEN (A) TENALI

Report

Name of the Event : Empowering Women through Yoga
Name of the Resource Person : Dr.K.Nirmala Jyothi, Chemistry Lecturer, Tenali
Date : 21-06-2021
Venue : Mini Auditorium
Students involved : Degree Students.

On June 21, 2021, the Department of Chemistry organized a special event titled "Empowering Women through Yoga," led by Mrs. K. Nirmala Jyothi. The event aimed to highlight the significance of yoga in fostering physical and mental well-being among women, emphasizing its role in empowerment and self-care. The event commenced with a warm welcome extended to Mrs. K. Nirmala Jyothi, a renowned yoga instructor with extensive experience in promoting holistic health through yoga practices. Mrs. Jyothi began by delivering an insightful presentation on the benefits of yoga, particularly focusing on its ability to enhance strength, flexibility, and mental clarity.



Students and staff are practicing Yoga Aasanas

"Empowering Women through Yoga" was a resounding success, thanks to the insightful guidance provided by Mrs. K. Nirmala Jyothi and the active participation of attendees. The event underscored the Department of Chemistry's commitment to promoting holistic approaches to health and wellness, empowering women to lead fulfilling and balanced lives. The program ended with vote of thanks and National Anthem by Ms.P.Parimala Jyothi.

K. N. Jyothi
Head of the Department



S. P. Parimala Jyothi
Principal

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TENALI

JMJ COLLEGE FOR WOMEN(A),TENALI

Activity : Empowering Women through Yoga

Date : 21.06.2021

Number of Students Involved : 48

Attendance Sheet

S.NO.	Name of the Student	Programme	Year	Signature
1.	AKKIDASARI PRASANNA	B.Sc.CBZ	II	A. Prasanna.
2.	BANNARAVURI HEMA	B.Sc.CBZ	II	B. Hema
3.	BODA MOUNIKA	B.Sc.CBZ	II	B. mounika
4.	BULLA KEERTHI SOUJANYA	B.Sc.CBZ	II	B. Soujanya
5.	CHILUMURI LAKSHMI PRASANNA	B.Sc.CBZ	II	C. Laxmi Prasanna
6.	CHIRALA ANU SREE	B.Sc.CBZ	II	C. Anu sree
7.	DADI BINDU PARVATHI	B.Sc.CBZ	II	D. parvathi
8.	DARA PRASANNA KUMARI	B.Sc.CBZ	II	D. Prasanna kumar
9.	DASINTA MAJHI	B.Sc.CBZ	II	D. Majhi
10.	DONDAPATI DIVYA	B.Sc.CBZ	II	D. Divya
11.	G KADIYALI DURGA REDDY	B.Sc.CBZ	II	G. Durga Reddy
12.	GANIKAPUDI VIJAYA	B.Sc.CBZ	II	G. Vijaya
13.	GERA SRAVANTHI	B.Sc.CBZ	II	G. Sravanthi
14.	GUJJARLAMUDI MOURYA	B.Sc.CBZ	II	G. Mourya.
15.	GUNDABATHINI SOWJANYA	B.Sc.CBZ	II	G. Sowjanya.
16.	GURINDAPALLI ANANDA JYOTHI	B.Sc.CBZ	II	G. Jyothi
17.	JAIN DEEPTHI	B.Sc.CBZ	II	J. Deepthi
18.	JANGAM HIMABINDU	B.Sc.CBZ	II	J. Himabindu
19.	JONNALAGADDA PRIYANKA	B.Sc.CBZ	II	J. Priyanka
20.	KAKI KUSUMA	B.Sc.CBZ	II	k. kusuma.
21.	KAMBHAMPATI HEMA	B.Sc.CBZ	II	k. Hema
22.	KANDULA HONEY JYOSHNA	B.Sc.CBZ	II	k. Jyoshna.
23.	KATTA LAVANYA	B.Sc.CBZ	II	k. Lavanya
24.	KATTEPOGU SOWMYA	B.Sc.CBZ	II	k. Sowmya.
25.	KOKKILAGADDA MANJU	B.Sc.CBZ	II	k. Manju



26.	KONDEPU PAVANI	B.Sc.CBZ	II	R. Pavani
27.	KOTA NIKHILA	B.Sc.CBZ	II	K. Nikhila
28.	KUNCHALA KAVYA	B.Sc.CBZ	II	K. Kavya
29.	LANKA KEERTHI	B.Sc.CBZ	II	L. Keerthi
30.	LAXMIPRIYA BERERA	B.Sc.CBZ	II	B. Priya
31.	MADDALA MARY MEENA	B.Sc.CBZ	II	M. Mary meena
32.	MALLELA HARITHA	B.Sc.CBZ	II	M. haritha
33.	MANCHALA ANUSHA	B.Sc.CBZ	II	M. Anusha
34.	MANCHALA LAVANYA	B.Sc.CBZ	II	M. lavanya
35.	MEKA HIMABINDU	B.Sc.CBZ	II	M. Himabindu
36.	MELAM AMULYA	B.Sc.CBZ	II	M. Amulya
37.	MOHAMMED NOORE NAZIYA	B.Sc.CBZ	II	M. NOORE NAZIYA
38.	MYLA PADMA LEELAVATHI	B.Sc.CBZ	II	N. Mlagulu
39.	NUKALA KOTI NAGULU	B.Sc.CBZ	II	M. Koti Nagulu
40.	PULIVARTHI AMULYA	B.Sc.CBZ	II	P. Amulya
41.	RAMAVATH ANU INDRA BAI	B.Sc.CBZ	II	R. Indra Bai
42.	REGULAGADDA RECHAL JYOTHI	B.Sc.CBZ	II	R. Jyothi
43.	RENTAPALLA NAVYA SRI	B.Sc.CBZ	II	R. Navya
44.	SAGILI MARY SOFIYA	B.Sc.CBZ	II	S. mari Sofiya
45.	SRUNGARAPATI AKSHAYA	B.Sc.CBZ	II	S. AKSHAYA
46.	SYKAM KEERTHI	B.Sc.CBZ	II	S. Keerthi
47.	TADIPARTHI KUSUMA	B.Sc.CBZ	II	T. Kusuma
48.	TALAKAYALA RAMYA	B.Sc.CBZ	II	T. Ramya

K. N. S. S. S. S.
Head of the Department



S. M. J.
Principal

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Ph: 08644 225994

JMJ/CDSE/2021-2022/021

Date: 03.08.2021

CIRCULAR

This is to inform you that, The Women Empowerment Cell of our college is going to conduct a workshop on “TIE AND DYE” on 04.08.2021, i.e., Saturday, at 3.00 PM, in Home Science Department by Ms. J.Keerthi Lecturer in Home Science.

All the Home Science students and staff along with committee members should participate in the programme without fail. Interested faculty members may also attend the programme.

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JMJ COLLEGE FOR WOMEN (AUTONOMOUS): TENALI

WORKSHOP ON TIE AND DYE

Date: 04.08.2021

Time: 3.00 to 4.30PM

Activity: Work Shop on Tie and Dye


Place: Dept. of Home Science.

Tie and Dye is an easy to do and flexible trade which have a lot of possibilities of been a profitable vocation for women. There are several benefits embedded in employing tie & dye as a medium of entrepreneurship. The Women Empowerment Cell organized one day Workshop on Tie and Dye at Dept. of Home Science, MJM College, Tenali, on 04.08.2021. All the Home Science staff and students Participated in the programme. Ms. J.Keerthi Lecturer in Home Science, explained and made them to practice of Tie & dye process and techniques. If embraced, can eliminate or reduce the incessant rate of unemployment among the female gender. It recommends, among others that both governments and non-governmental organizations should create opportunities to encourage the development of tie & die as a major entrepreneur craft among the youths; especially the female gender.

The students following techniques were learned in the Workshop:

- Spiral.
- Crumple.
- Bullseye.
- Sunburst.
- Horizontal Stripes.
- Diagonal Stripes.
- Vertical Stripes.
- Box Folds.




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JMJ COLLEGE FOR WOMEN (A), TENALI
DEPARTMENT OF HOME SCIENCE
WORKSHOP ON TIE AND DYE

04.08.2021

List of Participants

SNo	Name	Reg. No	Class	Signature
1.	B. Sushma	J19A31101	IV (B.Sc.) Hsc	B. Sushma
2.	D. Nikhitha	J19A31102	III (B.Sc-Hsc)	D. Nikhitha
3.	D. Pavana	J19A31103	III (B.Sc-Hsc)	D. Pavana
4.	G. Sriparnika	J19A31104	III (B.Sc-Hsc)	G. Sriparnika
5.	P. Rachel	J19A31113	III B.Sc(Hsc)	P. Rachel
6.	G. Riya	J19A31106	III B.Sc(Hsc)	G. Riya
7.	K. Sravanthi	J19A31107	III B.Sc(Hsc)	K. Sravanthi
8.	M. Tsivenu	J19A31109	III B.Sc(Hsc)	M. Tsivenu
9.	V. Altharika	J19A31111	III B.Sc(Hsc)	V. Altharika
10.	Ch. Sumanatri	J19A31119	III B.Sc(Hsc)	Ch. Sumanatri
11.	Ch. Annie Mealya	J19A31118	III B.Sc(Hsc)	Ch. Annie Mealya
12.	S. Mercy	J19A31117	III B.Sc(Hsc)	S. Mercy
13.	G. Vasanthi Lakshmi	J19A31116	III B.Sc(Hsc)	G. Vasanthi Lakshmi
14.	S. U. Lakshmi	J19A31115	III B.Sc(Hsc)	S. U. Lakshmi
15.	G. Keerthana	J19A31301	III B.Sc(Hsc)	G. Keerthana
16.	J. Chandana	J19A31192	III B.Sc(MPC)	J. Chandana
17.	E. Anusha	J19A31145	III B.Sc(MPC)	E. Anusha
18.	E. Srilakshmi	J19A31007	III BA	E. Srilakshmi
19.	N. Pravalika	J16A31104	III B.Sc(Hsc)	N. Pravalika
20.	K. Sravani	J19A01037	III BA spl. Eng	K. Sravani
21.	M. Krupavathi	J18A01030	III BA spl. Eng	M. Krupavathi
22.	T. Sindhu	J19A31050	III B.Sc. CBZ	T. Sindhu
23.	B. Ruchitha	J19A31302	III B.Sc. CBZ	B. Ruchitha
24.	G. Meghana	J19A31095	III B.Sc. CBZ	G. Meghana
25.	P. Jyothi	J19A31225	III B.Sc. CBZ	P. Jyothi
26.	D. Princy	J19A01033	III BA	D. Princy
27.	N. Revathi	J19A31219	III B.Sc. CBZ	N. Revathi
28.	K. Ramya	J19A31025	III B.Sc. CBZ	K. Ramya





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Ref: JMJ/CDSE/2021-2022 /026

Date: 07.08.2021

CIRCULAR

2021-2022

This is to inform you that the NSS Committee is going to conduct the Programme on “Preparing for COVID-19 Vaccine” by **Dr. G.Prem Chandh**, DMHO, Tenali, for all the Degree students on 09-08-2021 i.e., Wednesday at 11:30 a.m in Mini Auditorium.

All the students should attend the programme without fail.

Principal
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JMJ COLLEGE FOR WOMEN (AUTONOMOUS), TENALI

Affiliated to Acharya Nagarjuna University

Morrispet (P.O), Tenali - 522202, Guntur Dt., Andhra Pradesh

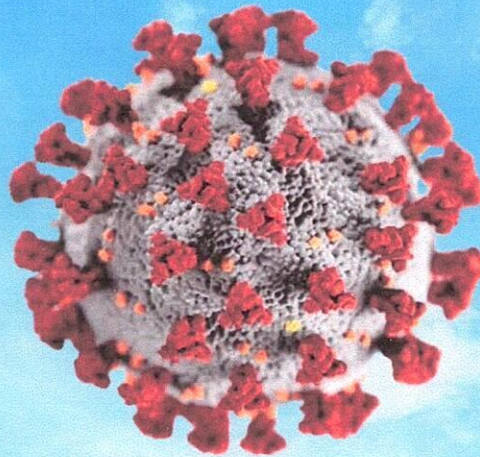
College Email: jmjtenali@gmail.com

website: jmjcollege.ac.in

Phone no: 08644 - 227994



Preparing for COVID - 19 Vaccine



Date: 09/08/2021

Time: 11:30 A.M

Guest : Dr. G. Prem Chandh, DMHO, Tenali.

Venue: JMJ COLLEGE FOR WOMEN, TENALI.

Organized by: NSS Committee.



S. P. S.
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J.M.J COLLEGE FORWOMEN (A) TENALI

Report

Name of the Event : "A Dose of Protection: COVID-19 Vaccination Milestone"
Name of the Resource Person : Dr. G.Prem Chandh, DMHO ,Tenali
Date : 09-08-2021
Venue : Mini Auditorium
Students Involved : UG Students.
Students Attended : 45

The NSS Committee recently hosted a guest lecture titled "**A Dose of Protection: COVID-19 Vaccination Milestone**" featuring Dr. G.Prem Chandh, a renowned healthcare professional specializing in infectious diseases. The lecture aimed to provide students with essential information and guidance on how to prepare for receiving the COVID-19 vaccine and Importance of Vaccination: Dr G.Prem Chandh emphasized the critical role of vaccination in controlling the spread of COVID-19 and achieving herd immunity. He highlighted the safety and efficacy of COVID-19 vaccines approved for emergency use and encouraged students to get vaccinated to protect themselves and their communities.



Students are taking the vaccine administered by Dr. G.Prem Chandh

The lecture covered practical tips for preparing for the COVID-19 vaccine, including scheduling appointments, completing necessary paperwork, and familiarizing oneself with the vaccination process. Doctor addressed common concerns and misconceptions surrounding vaccination, reassuring students about the safety and importance of getting vaccinated.

Arum Sujath .b
Convener



S. S. S.
Principal
JMJ COLLEGE FOR WOMEN (Autonomous)
TENALI

JMJ COLLEGE FOR WOMEN(A),TENALI

Activity : Preparing For COVID-19 Vaccine

Date : 09.08.2021

Number of Students Involved : 45

Attendance Sheet

S.NO.	Name of the Student	Programme	Year	Signature
1.	ABHINAYA BATTU	B.Sc.MSCs	III	A - Battu
2.	ANUMULA NEERAJA REDDY	B.Sc.MSCs	III	A. Neeraja
3.	BACCHU ANURADHA	B.Sc.MSCs	III	B. Anuradha
4.	BATTULA AASIN	B.Sc.MSCs	III	B. AASIN
5.	BHAVANASI NAGAMANI	B.Sc.MSCs	III	B. Nagamani
6.	BOYINA SOWNDARYA	B.Sc.MSCs	III	B. Sowndarya
7.	CHAPALA LAVANYA	B.Sc.MSCs	III	Ch. Lavanya
8.	DAMMU NIREESHA	B.Sc.MSCs	III	D. Nireesha
9.	DASARI SRIKALA	B.Sc.MSCs	III	D. Srikala
10.	DHULIPUDI AASA LALITHA	B.Sc.CBZ	III	D. Lalitha
11.	G KADIYALI DURGA REDDY	B.Sc.CBZ	II	G. Durga
12.	GANIKAPUDI VIJAYA	B.Sc.CBZ	II	G. Vijaya
13.	GERA SRAVANTHI	B.Sc.CBZ	II	G. Sravanthi
14.	GUJJARLAMUDI MOURYA	B.Sc.CBZ	II	G. Mourya
15.	GUNDBATHINI SOWJANYA	B.Sc.CBZ	II	G. Sowjanya
16.	GURINDAPALLI ANANDA JYOTHI	B.Sc.CBZ	II	G. Ananda Jyothi
17.	JAIN DEEPTHI	B.Sc.CBZ	II	J. Deepti
18.	JANGAM HIMABINDU	B.Sc.CBZ	II	J. Hima Bindu
19.	JONNALAGADDA PRIYANKA	B.Sc.CBZ	II	J. Priyanka
20.	ADIPI SNEHA LATHA	B.Sc.MPCs	II	A. Sneha Latha
21.	AKKALA VEDAVATI	B.Sc.MPCs	II	A. Vedavathi
22.	AMARTHALURI LAKSHMI PRASANNA	B.Sc.MPCs	II	A. Lakshmi Prasanra
23.	BETHAMCHARLA VENKAYAMMA	B.Sc.MPCs	II	B. Venkayamma
24.	BOLLAPALLI AKHILA	B.Sc.MPCs	II	B. Akhila



25.	CHERUKURI DIVYAJYOTHI	B.Sc.MPCs	II	C. Divya Jyothi
26.	CHIMATA TRIVENI	B.Sc.MPCs	II	Ch. Triveni
27.	CHINTABATTINI SUPRIYA	B.Sc.MPCs	II	C. Supriya
28.	DARLA MARTHAMMA	B.Sc.MPCs	II	D. Marthamma
29.	DASARI NANDINI	B.Sc.MPCs	II	D. Nandini
30.	LAXMIPRIYA BERERA	B.Sc.CBZ	II	LaxmiPriya . B
31.	MADDALA MARY MEENA	B.Sc.CBZ	II	Mary meena . M
32.	MALLELA HARITHA	B.Sc.CBZ	II	M. Haritha
33.	MANCHALA ANUSHA	B.Sc.CBZ	II	M. Anusha
34.	MANCHALA LAVANYA	B.Sc.CBZ	II	M. Lavanya
35.	CHILKA HARIKA	BA	III	C. Harika
36.	CHINTHA PRASANNA	BA	III	Ch. Prasanna
37.	CHUKKA RAMYA	BA	III	C. Ramya
38.	DANABOYENA BHAGYA LAKSHMI	BA	III	D. Bhagya Lakshmi
39.	DUGGIRALA MAHALAKSHMI	BA	III	D. Mahalakshmi
40.	EERLA SRILAKSHMI	BA	III	E. Srilakshmi
41.	KASIVENI MUVVA	BA	III	Kasiveni . M
42.	KATHI VANAJA	BA	III	K. Vanaja
43.	KATTA ALEKHYA	BA	III	K. Alekhya
44.	MALINI BAI JATOTHU	BA	III	Malini . T
45.	CHILKA HARIKA	BA	III	C. Harika .

Arun Sujata . b
Convener



[Signature]
Principal

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**JMJ COLLEGE FOR WOMEN (AUTONOMOUS),
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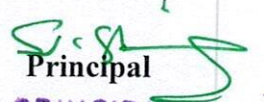
JMJ/CDSE/2021-2022 /034

Date: 25.08.2021

CIRCULAR

This is to inform you that, The Women Empowerment Cell of our college is going to conduct a workshop on **“Training Programme on Renovation of Old Garments”** on **28.08.2021**, at 10:30AM, in Home Science Department by Ms. J.Keerthi Lecturer in Home Science.

All the Home Science students and staff along with committee members should participate in the programme without fail.


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JMJ COLLEGE FOR WOMEN (AUTONOMOUS): TENALI

Training Programme on Renovation of Old Garments

Date: - 28.08.2021

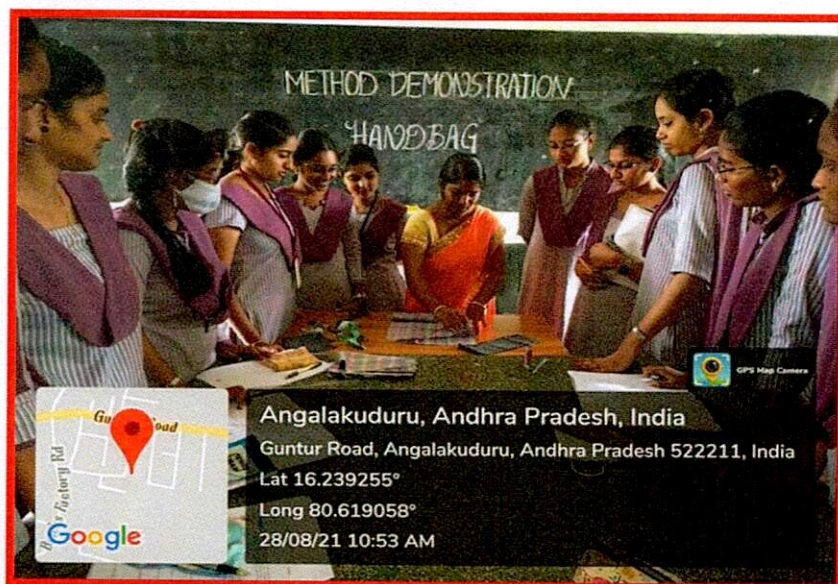
Time: - 10:30AM

Activity: -Method demonstration of Hand Bag.

Place: - Dept. of Home Science

"A penny saved is a penny earned", is an old saying. In India, almost everything is used and reused. An attractive garment made at little or no cost will help to adjust clothing allowance so that money can be saved for better quality in some other garments, or money for some other purpose. Remaking a garment is a greater challenge to a girl's ability and workmanship than making a garment of new material. Made-over or remodelled garments may be as attractive as new ones. If the entire garment is re-cut, it is considered as remaking, or restyling. If only some part of the garment is changed as neck, sleeves or hem, it is a, remodelling problem. Alongside, this has an important social impact — this work gives employment to women who can then employ others.

Ms. J. Keerthi Lecturer in Home Science demonstrated and constructed hand bag with Old Garments to the Students in the Dept. of Home Science on 28.08.2021 at Textiles Lab, Dept. of Home Science.



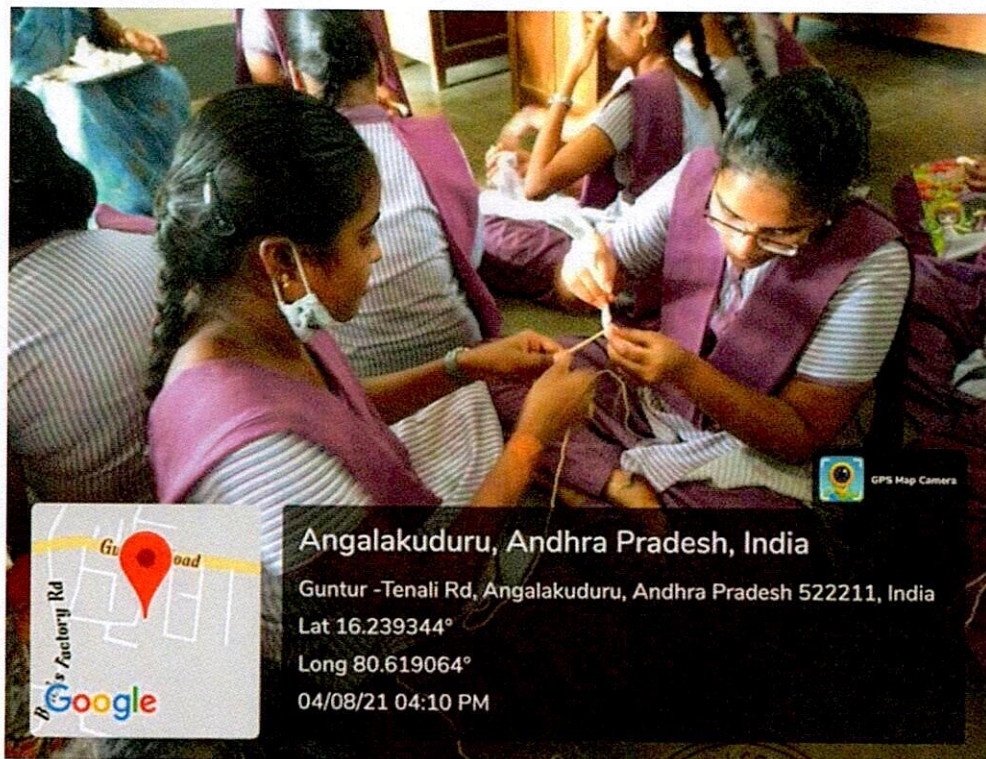
Ms. J. Keerthi Lecturer in Home Science demonstrating hand bag construction with Old Garments



Ms. Keerthi Demonstrating Dyeing Process



Students making Tie &Dye Samples



JMJ COLLEGE FOR WOMEN (A), TENALI
DEPARTMENT OF HOME SCIENCE
METHOD DEMONSTRATION OF HAND BAG

28.08.2021
List of Participants

SNo	Name	Reg. No	Class	Signature
1.	B. Sushma	J19A31101	III (B.Sc) Hsc	B. Sushma
2.	D. Nikhitha	J19A31102	III (B.Sc) Hsc	D. Nikhitha
3.	D. Pavana	J19A31103	III (B.Sc) Hsc	D. Pavana
4.	G. Sniparnika	J19A31104	II (B.Sc) Hsc	G. Sniparnika
5.	P. Rachel	J19A31113	III (B.Sc) Hsc	P. Rachel
6.	G. Divya	J19A31106	III (B.Sc) Hsc	G. Divya
7.	K. Sravanthi	J19A31107	III (B.Sc) Hsc	K. Sravanthi
8.	M. Sriveni	J19A31109	II (B.Sc) Hsc	M. Sriveni
9.	V. Nikharika	J19A31111	II (B.Sc) Hsc	V. Nikharika
10.	Ch. Sumanasri	J19A31119	II (B.Sc) Hsc	Ch. Sumanasri
11.	Ch. Annie Mealy	J19A31118	III (B.Sc) Hsc	Ch. Annie Mealy
12.	S. Mercy	J19A31117	III (B.Sc) Hsc	S. Mercy
13.	G. Vasanthi Lakshmi	J19A31116	III (B.Sc) Hsc	G. Vasanthi Lakshmi
14.	S. U. Lakshmi	J19A31115	II (B.Sc) Hsc	S. U. Lakshmi
15.	G. Keerthana	J19A31301	III (B.Sc) Hsc	G. Keerthana
16.	J. Chandana	J19A31192	III (B.Sc) Hsc	J. Chandana
17.	E. Anusha	J19A31145	III (B.Sc) Hsc	E. Anusha
18.	E. Srilakshmi	J19A31007	III (B.A)	E. Srilakshmi
19.	N. Pravalika	J16A31104	III (B.Sc) Hsc	N. Pravalika
20.	K. Sravani	J19A01037	II (B.A) Spl. Eng	K. Sravani
21.	M. Krupavathi	J18A01030	II (B.A) Spl. Eng	M. Krupavathi
22.	T. Sindhu	J19A31050	III (B.Sc) CBZ	T. Sindhu
23.	B. Ruchitha	J19A31302	III (B.Sc) Hsc	B. Ruchitha
24.	G. Meghana	J19A31095	II (B.Sc) CBZ	G. Meghana
25.	P. Jyothi	J19A31225	III (B.Sc) CBZ	P. Jyothi
26.	D. Princy	J19A01033	II (B.A)	D. Princy
27.	N. Revathi	J19A31219	II (B.Sc) Hsc	N. Revathi
28.	K. Ramya	J19A31025	II (B.Sc) CBZ	K. Ramya



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Ref: JMJ/CDSE/2021-2022 /061

Date: 15.11.2021

CIRCULAR

2021-2022

This is to inform you that the Department of Physical Education is going to conduct the "**Fitness Training Programme on Strength**" for all the degree students on 17.11.2021 before and after the college hours i.e., from 6:00 to 6:30 am and 4:30 to 6:00 pm.

Students may avail the fitness training during the above mentioned timings.


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J.M.J COLLEGE FORWOMEN (A) TENALI

Report

Name of the Event : Strength Fitness Training Programme"

Name of the Resource Person : Mr.E.Ravinder NIS Volleyball Coach

Date : 17-11-2021

Venue : Play Ground

Students involved : Sports Students.

On November 17, 2021, a workshop titled "Strength Training for UG Women" was conducted with the aim of empowering undergraduate (UG) women through fitness and strength-building exercises. The workshop was organized to promote physical well-being and self-confidence among female students. Ravinder, an experienced fitness trainer, led the workshop, providing valuable insights into the benefits and techniques of strength training tailored specifically for UG women. The session began with an introduction to the importance of strength training in enhancing overall health, metabolism, and body composition.



Students are engaging in fitness exercises both on the playground and gym



Ravinder emphasized the importance of proper form and technique in strength training to prevent injuries and maximize results. Participants were guided through fundamental exercises targeting major muscle groups. The workshop included demonstrations of personalized workout routines designed to suit the needs and fitness levels of UG women. Ravinder provided modifications and adaptations to accommodate individual abilities.

Throughout the workshop, emphasis was placed on empowering UG women to embrace strength training as a means of improving self-esteem, body image, and overall physical fitness. Participants were encouraged to challenge themselves while respecting their body's limits.

Aruna Sripati
Physical Directress



S. R. S.
Principal

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JMJ COLLEGE FOR WOMEN(A),TENALI

Activity : Fitness Training Programme on Strength

Date : 17.11.2021

Number of Students Involved : 32

Attendance Sheet

S.NO.	Name of the Student	Programme	Year	Signature
1.	ADDEPALLI SRAVANTHI	B.Sc.CBZ	II	A. Sravanthi
2.	DEVATHOTI PRINCY	BA	III	D. Princy
3.	MALLELA RATNA	B.Sc.MPCs	III	M. Ratna
4.	GOVINDU BINDU MADHAVI	MPC	II	G. Bindu
5.	JUNAPUDI PRANYUSHA	BA	III	J. Pranyusha
6.	MUTLURU RUCHITHA	B.Sc.MPC	III	M. Ruchitha
7.	REGULAGADDA PADMA PRIYA	B.Sc.MPC	III	R. Padma Priya
8.	THATI DIVYA	B.Sc.CBZ	II	T. Divya
9.	BOYINA SOWNDARYA	B.Sc.MSCc	III	B. soundarya
10.	GORREPATI SIRISHA	BA	III	G. Sirisha
11.	JONNA GANGA BHAVANI	B.Sc.MSCc	III	J. Bhavani
12.	KOTA SRAVANI	BA	III	K. Sravani
13.	CHEBROLU SWATHI	B.Sc.CBZ	II	Ch. Swathi
14.	DESABOINA KOTESWARI	B.Sc.CBZ	II	D. koteswari
15.	GANTA SANTHI	B.Sc.MPC	II	G. Santhi
16.	MAHAMKALI RAMYA	B.Sc.MSCs	III	M. Ramya
17.	INUMUKKALA ANUSHA	B.Sc.MPC	II	I. Anusha
18.	DULLA DURGABHAVANI	B.Sc.MPC	III	D. Durgabhavani
19.	GAJULAVARTHI MOUNIKA	B.Sc.MPC	III	G. Mounika
20.	KUNCHAPU KAVERI	B.Sc.MPC	II	K. Kaveri
21.	MULLAPUDI PRASANNA	B.Sc.MPC	II	M. Prasanna
22.	AADIPUDI SHOBHA RANI	B.Sc.MPCs.	III	A. shobha Rani
23.	GORIKAPUDI SIRISHA	B.Sc.CBZ	II	G. Sirisha
24.	KANTETI USHA RANI	B.Sc.CBZ	II	K. Usha Rani
25.	LANKA SAILAJA	B.Sc.CBZ	II	L. Sailaja
26.	PETETI KALYANI	B.Sc.CBZ	II	P. Kalyani



27.	JUNAPUDI PRANYUSHA	B.A	III	J. Pranyusha
28.	SUDDAPALLI POOJA	B.Com.	III	S. Pooja
29.	SWATHI EEPURU	B.Com.	III	Swathi E
30.	NAKKA GREESHMA	B.Sc.MPCs.	III	N. Greeshma
31.	KANCHARLA ANANDA KUMARI	B.Sc.MPC	II	K. Ananda Kumari
32.	KONDETI PAVITHRA	B.Sc.MPC	II	K. Pavithra



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JMJ/CDSE/2021-2022 /066

Date: 23.11.2021

CIRCULAR

This is to inform you that, The Women Empowerment Cell in collaboration with Home Science of our college is going to conduct a workshop on **National Webinar Sponsored by National Commission for women (NCW), New Delhi.** On **25.11.2021**, at 10 AM, through **Google Meet & YouTube**

All the Home Science students and staff along with committee members should participate in the programme without fail.


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JMJ COLLEGE FOR WOMEN (AUTONOMOUS): TENALI
National Webinar Sponsored by National Commission for Women (NCW), New Delhi.

Date: 25.11.2021

Time: 10.00 AM to 01.15 P.M

Mode: Google Meet & YouTube

Activity: National Webinar

Topic: Reproductive Choice of Women: A Fundamental Right

Participants: Staff & Students

The Department of Home Science Conducted a National Webinar On “**Reproductive Choice of Women: A Fundamental Right**” on 25th November, 2021, through Google Meet and YouTube Live.

Resource Person 1, Shri. Vasireddy Padma, Chairperson, AP Women’s Commission. She stressed that Reproductive health care is life cycle approach and the Primary Health Centres should focus on these issues. We need proper supervision and monitoring authorities to identify the loopholes in the system and to rectify those.

Resource Person 2, Dr. Sr. Shiny .K .P presented a few insights on the topic of the webinar Reproductive Choice of Woman is a Fundamental Right encompassed under the umbrella of Article 21 of the Constitution of India. She felt that need to put a lot of effort to bring awareness among women about their fundamental right in this patriarchal society where male mostly takes the advantage of making decisions in the family.

Resource Person 3, Dr. K. R. R. Madhuri highlighted the topic Do Reproductive Rights merely mean the Right to Reproduce? Or is the inextricably linked to the numerous questions that surround women’s reproductive freedom. She felt that the ability to reproduce seems to be what that sets women apart from men but women actually does not have the freedom to choose whether, when and how many children to have.

Resource Person 4, Dr. T. D. Vimala started her lecture with the value systems of family and the responsibility of home maker in maintaining the health of the family members. She explained about the ill effects of Malnutrition on future generations with research evidences for Ex. Giving



birth to children with congenital abnormalities, pre natal and peri natal problems and mentioned that most of the Adolescent girls are suffering with PCOD.

Resource Person 5, Sri. K. Kumara Swamy focused on the barriers to access safe and legal abortion care like Socio-economic factors, prevailing obstacles within the existing health care system. He felt that to be practical Lack of awareness and training among healthcare professionals is also another issue to be focused if we really want to do justice to women in enjoying their reproductive right.



JMJ COLLEGE FOR WOMEN (AUTONOMOUS), TENALI

Affiliated to Acharya Nagarjuna University
Morrispet (P.O), Tenali-522202, Guntur Dt., Andhra Pradesh.

National Webinar Sponsored by

National Commission for Women

Reproductive Choice of Women: A Fundamental Right

Date: 25-11-2021

Time: 10.00 A.M to 01.15 P.M



Smt. Vasireddy Padma
Hon'ble Chairperson,
State Commission for Women,
Andhra Pradesh

Keynote Speaker
&
Resource Person

Resource Persons



Dr. Sr. Shiny K.P
Principal,
JMJCW for Women(A),
Tenali, Andhra Pradesh



Dr. K. Rani Rajitha Madhuri
Dr. B. R. Ambedkar
Open University,
Hyderabad, Telangana

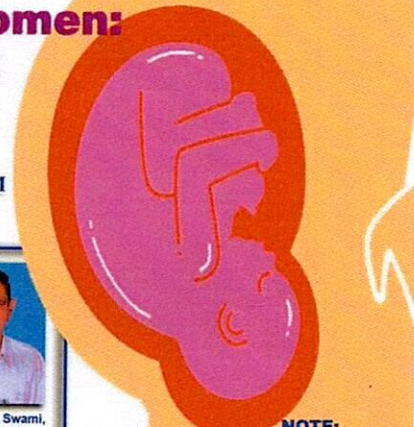


Dr. T.D. Vimala,
Retd. Principal, CDC,
Kothagudem
Psychologist, ANU



Sri. K. Kumara Swami,
Ex-President of
Bar Association,
Tenali

Registration Link: <https://forms.gle/JJeCUziw5xUR5YZ76>



NOTE:

Free registration to all
Certificate will be provided after
filling the feedback form

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List of Attendees of National Webinar on Reproductive choice of Women: A Fundamental Right

Timestamp	Name of the Participant (Name of the Institution)	Place	State	Contact Number	Rate the following as you	Rate the following as you	Rate the following
11/25/2021 11:14:51	Ramachandrika	Jmjm college for women Tenali	Andhra Pradesh	7075121673			
11/25/2021 13:15:19	Dr. S. Khoohtal kubara	Dr. S. Khoohtal kubara	Krb Puram Dr	Andhra Pradesh	8965751229	Good	Excellent
11/25/2021 13:15:41	Dr.Ch.Rajeswari	P.B.Siddhartha College o Vijayawada	ANDHRA PRADESH	94500 20100	Very Good	Excellent	Excellent
11/25/2021 13:15:47	Mrs. A. ASHA	BHARATHIDASAN UNIV TRICHY	TAMILNADU	9843023048	Excellent	Excellent	Very Good
11/25/2021 13:15:48	Dr.M.Syamala	Acharya Nagarjuna Univ Guntur	Andhra Pradesh	9885779705	Very Good	Excellent	Excellent
11/25/2021 13:16:08	KUMPATLA HARIKA SAI BVCEC(A)	Odalarevu	Andhra Pradesh	7036827277	Excellent	Excellent	Excellent
11/25/2021 13:16:43	Koteswaramma gangireddi	Sri institute of technolog Enikepadu, vijayawada.	Andhrapradesh	9701689245	Excellent	Excellent	Excellent
11/25/2021 13:16:47	T Mahesh Babu	S. V. U. College of Arts, Tirupathi	Andhra Pradesh	0630300603	Very Good	Excellent	Very Good
11/25/2021 13:16:52	Asha Priyadarshini Mand	JMJ College for women	Tenali	Andhra Pradesh	+919110720971	Excellent	Excellent
11/25/2021 13:16:56	Naga Lakshmi balla	BVC ENGINEERING CO ODALAREVU	Andhra Pradesh	9948354300	Very Good	Very Good	Very Good
11/25/2021 13:17:03	Harika Pangam	Bonam Venkata Chalam Odalarevu	Andhra Pradesh	7969829150	Excellent	Excellent	Excellent
11/25/2021 13:17:03	GHANTA DURGA BHAVI	GHANTA DURGA BHAVI Tenali	Andhra Pradesh	09908665608	Excellent	Very Good	Very Good
11/25/2021 13:17:05	ERNALA PRANAVI	JMJ COLLEGE FOR WC TENALI	ANDHRA PRADESH	9133828360	Excellent	Excellent	Excellent
11/25/2021 13:18:08	Dr. G. Prathap	Dapt. of Economics, S. V Tirupati - 517502	Andhra Pradesh	7013208286	Excellent	Excellent	Excellent
11/25/2021 13:20:18	C Sujatha	Sri Venkateswara Vedic Tirupathi	Andhra Pradesh	7981572481	Very Good	Excellent	Excellent
11/25/2021 13:20:35	Dr B KondaReddy	CSSEIP S K University Ananthapuramu	Andhra Pradesh	9441116160	Excellent	Excellent	Very Good
11/25/2021 13:22:01	C Sujatha	Sri Venkateswara Vedic Tirupathi	Andhra Pradesh	7981572481	Excellent	Very Good	Excellent
11/25/2021 13:22:16	Chavakula Sridevi	B V C ENGINEERING CO Odalarevu	Andhra Pradesh	8309006154	Excellent	Excellent	Excellent
11/25/2021 13:25:01	Yasaswini	Jmj Tenali	Andhra Pradesh	8184920267	Good	Good	Good
11/25/2021 13:30:34	Er. VAISHALI SAHU	SSIPMT, RAIPUR	RAIPUR	CHHATTISGARH	9179017853	Excellent	Excellent
11/25/2021 13:31:26	Er. DEEPAK TIWARI	SSIPMT, RAIPUR	RAIPUR	CHHATTISGARH	8839403521	Excellent	Excellent
11/25/2021 13:32:15	Dr J Naqa Madhuri	VRSEC Vijayawada	Andhra Pradesh	9441134226	Excellent	Excellent	Excellent

Timestamp	Name of the Participant (Name of the Institution)	Place	State	Contact Number	Rate the following as you	Rate the following as you	Rate the following
11/25/2021 13:33:44	Sandhya Vafabhareddi	Bonam Venkata Chalam Odalarevu	Andhra Pradesh	9010127410	Very Good	Excellent	Very Good
11/25/2021 13:35:03	G. MOSES	P R Govt. College (A) Kakinada	A P	9440185103	Very Good	Excellent	Excellent
11/25/2021 13:36:22	Dr Kola Hemamalini	Koneru Lakshmaiah Edu Vijayawada	Andhra Pradesh	9392102352	Very Good	Excellent	Excellent
11/25/2021 13:37:13	Ms.T. Jhansi Lakshmi	CH. S. D. ST. Theresa's Eluru	Andhra Pradesh	9440072286	Very Good	Good	Very Good
11/25/2021 13:37:32	G. MOSES	P R Govt. College (A) Kakinada	A P	9440185103	Excellent	Excellent	Excellent
11/25/2021 13:38:30	VELAGA PRATYUSHA	SRI PADMAVATI MAHILI TIRUPATI	ANDHRA PRADESH	7386873032	Excellent	Very Good	Very Good
11/25/2021 13:38:35	Dr.V.Raja	SVSSC Government Deg Sullurupet.SPSR Nellore	Andhra Pradesh	9701254010	Good	Good	Good
11/25/2021 13:38:47	SONI G	Government Degree Col Ravulapalem, East God	Andhra Pradesh	09494766454	Very Good	Very Good	Excellent
11/25/2021 13:38:54	Prof. I. V. Lalitha Kumari	Sri Padmavati Mahila Vis Tirupati	Andhra Pradesh	9963173793	Excellent	Excellent	Excellent
11/25/2021 13:38:58	Dr.Surya Satya Sravanth	SVRK(M) Government D Nidadavole	Andhra Pradesh	9493406174	Good	Good	Very Good
11/25/2021 13:39:02	AKURATHI LAKSHMI N	SIMS College of Life scie Guntur	Andhra Pradesh	9963800008	Excellent	Very Good	Very Good
11/25/2021 13:39:08	B Kabitha Rani	Sri Y N College(A) Narsapur	Andhra Pradesh	9440353744	Very Good	Excellent	Very Good
11/25/2021 13:40:08	DR. PADMAJJA MUSUNIL	CH.S.D.ST.THERESA'S Eluru	ANDHRA PRADESH	09490350551	Excellent	Excellent	Excellent
11/25/2021 13:40:23	Dr. P. Suneetha	SV University, Tirupati.	Tirupati	Andhra Pradesh	8106683027	Very Good	
11/25/2021 13:40:25	Paleti kiranmai	Sims college Guntur	Andhra pradesh	7730019057	Very Good	Excellent	Good
11/25/2021 13:40:31	KOMMOJI MADHAVI	GDC ALUR	ALUR, Kurnool District	Andhra Pradesh	9494967059	Excellent	Excellent
11/25/2021 13:40:38	Sushma Tatharamudi	SIMS College of Life scie Guntur	Andhrapradesh	9395142768	Very Good	Excellent	Very Good
11/25/2021 13:40:39	DOMMARI JAYARAMUDU	KURNOOL DEGREE CC KURNOOL	ANDHRA PRADESH	8499948931	Very Good	Good	Good
11/25/2021 13:41:03	SONI G	GDC, RAVULAPALEM Ravulapalem	Andhra Pradesh	09494766454	Very Good	Very Good	Excellent
11/25/2021 13:41:31	P. S. Bhanu Prasanna	Ch. S. D. St. Theresa's C Eluru	ANDHRA PRADESH	09618285778	Very Good	Excellent	Excellent
11/25/2021 13:42:00	K.P.Poornima Durga	CH.S.D.ST.THERESA'S ELURU	Andhra Pradesh	7386876055	Good	Very Good	Very Good
11/25/2021 13:42:07	Y.Rhnavi	Svuniversity Tirunali	An	9440079143			



Feedback form (Responses) - G X Convert Word to PDF Document X +

docs.google.com/spreadsheets/d/1mMyf9cNgnfbb59skvGqN17uKc33BhTzVEGQKz3w/edit?gid=1359498159#gid=1359498159

100% View only

Timestamp	Name of the Participant	Name of the Institution	Place	State	Contact Number	Rate the following as you	Rate the following as you	Rate the following as you
11/25/2021 10:12:51	Beswani Rajarajeswari	Svkrc Government Degree	Nidadavolu	Andhra Pradesh	939904712	Good	Very Good	Good
11/25/2021 18:31:50	Sravani Nidamanuri	Smt.NPS government de	Chittoor	Andhra Pradesh	06303444971	Very Good	Excellent	Very Good
11/25/2021 18:34:41	Dr.C.MADHAVI	Government College (A)	Anantapur	Andhra Pradesh	9908658952	Very Good	Very Good	Very Good
11/25/2021 18:42:44	Vasavi koppakula	Jmj college for women	Tenali	Andhrapradesh	8688691568	Very Good	Good	Excellent
11/25/2021 18:44:17	PAVANI DS	Jmj college for women	Tenali	Andhra Pradesh	8008589569	Excellent	Very Good	Excellent
11/25/2021 18:46:31	PNV PRASADA RAO	SWRGDC(G)	Kanchikacherla	Andhra Pradesh	9441039995	Excellent	Excellent	Excellent
11/25/2021 18:54:24	Bhavani devi. Kochera	JMJ COLLEGE FOR WOMEN	Tenali	Andhra Pradesh	9.441.154.737	Excellent	Excellent	Excellent
11/25/2021 19:50:59	M SATYAWANI	SCHVPMR GDC Ganapi	Ganapavaram	Andhra Pradesh	9440697695	Excellent	Very Good	Very Good
11/25/2021 20:14:30	T Mahesh Babu, Resear	S. V. U. College of Arts,	Tirupathi	Andhra Pradesh	0630300603	Very Good	Excellent	Excellent
11/25/2021 20:20:42	Dr D RAMANA	Centre for Women's Stud	Tirupati	Andhra Pradesh	7382421005	Excellent	Excellent	Very Good
11/25/2021 20:25:17	B Sreedevi	SVGM Govt Degree colle	Kalyandurg	Andhra Pradesh	9441904701	Excellent	Excellent	Excellent
11/25/2021 20:31:01	B Sreedevi, Lecturer in Z	SVGM Degree College, H	Kalyandurg	Andhra Pradesh	9441904701	Excellent	Excellent	Excellent
11/25/2021 21:01:14	Nalavath Chaitanya Bala	JMJ College for women	Tenali	Andhra Pradesh	7672047202	Excellent	Excellent	Very Good
11/25/2021 21:21:43	Nalavath Chaitanya Bala	JMJ College for women	Tenali	Andhra Pradesh	7672047202	Excellent	Very Good	Excellent
11/25/2021 21:56:22	Mounika Chinthapalli	Mounika Chinthapalli	Duggirala	Andhra Pradesh	7993408346	Very Good	Excellent	Very Good
11/26/2021 6:24:54	Dr. E. Sreedevi	Government College (A)	Anantapur	Andhrapradesh	9441165268	Excellent	Excellent	Excellent
11/26/2021 7:00:47	Vukka Snigdhya	Mahendra Ecole Central	Hyderabad	Telangana State	8905842033	Very Good	Good	Very Good
11/26/2021 7:09:05	Dr. B. Lavaraju	Saiveetha school of Law	Chennai	Tamilnadu	9441676950	Very Good	Very Good	Excellent
11/26/2021 8:32:11	Dr.C.Madhuvi, Lecturer i	Government College(A),	Anantapur	Andhra Pradesh	9908658952	Very Good	Very Good	Very Good
11/26/2021 8:45:20	Dr.GJAYA LAKSHMI	Dr B Ambedkar universi	Srikakulam,	Andhra pradesh	9440843202	Very Good	Very Good	Very Good
11/26/2021 8:51:32	Dr.Jyothula Luciana Sani	Dr B.R.Ambedkar Univer	Etcherla	Andhra Pradesh	9866027906	Good	Good	Good
11/26/2021 10:19:47	Dr. Radhika Challa	DR.Y.S.R.ANUCET, ACH	Guntur	Andhra Pradesh	9642118554	Excellent	Excellent	Excellent

Form Responses 1 Copy of Form Responses 1

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Feedback form (Responses) - G X Convert Word to PDF Document X +

docs.google.com/spreadsheets/d/1mMyf9cNgnfbb59skvGqN17uKc33BhTzVEGQKz3w/edit?gid=1359498159#gid=1359498159

100% View only

Timestamp	Name of the Participant	Name of the Institution	Place	State	Contact Number	Rate the following as you	Rate the following as you	Rate the following as you
11/29/2021 18:33:44	Dr.K.Swarnalatha	Sri Venkateswara Univer	Tirupati	Andhra Pradesh	7729990999	Excellent	Very Good	Very Good
11/29/2021 21:36:38	Vedullapalli sumathi	Jmj college for women	Tenali	Andhra Pradesh	9392120470	Very Good	Excellent	Excellent
11/29/2021 22:14:43	PAVANI DS	Jmj college for women	Tenali	Andhra Pradesh	8008589569	Very Good	Excellent	Excellent
11/27/2021 10:38:38	Dr.D.Raja Rajeswari	S.V.University	Tirupathi	ANDHRA PRADESH	0179358917	Excellent	Excellent	Excellent
11/27/2021 23:43:38	T. Samoans Rani	Govt. College for Men, A	A	Anantapur	9491832898	Good	Excellent	Very Good
11/29/2021 15:54:35	T. Saifaja Rani	Govt. College (A), Anani	Anantapur	Andhra Pradesh	9491832898	Excellent	Excellent	Excellent
11/29/2021 17:49:34	T. Saifaja Rani	Government college(A)	Anantapur	Andhra Pradesh	9491832898	Excellent	Excellent	Excellent
11/30/2021 6:38:22	DODDAVULA BHANODR	RIMS Management Colle	Anantapur	Andhra Pradesh	9182804247	Very Good	Very Good	Excellent
11/30/2021 12:08:57	Dr.N.KALPANA KUMARI	WOMEN'S STUDIES CE	ANANTHAPURAMU	ANDHRAPRADESH	9010138276			
11/30/2021 14:58:38	Dr.S.Pristina kumari	Ch.SD.St.Thereasa Collé	Eluru	Andhra Pradesh	798979775*	Good	Good	Good
12/1/2021 13:32:00	Dr. Konka Mallikarjuna	K. T. S. Govt. Degree Co	Rayadurg	Ap	7306112307	Good	Good	Good
12/2/2021 12:01:24	MALLAVALLI ARUNA	J.M.J College for Women	Tenali	Andhra Pradesh	09290728723	Excellent	Excellent	Excellent
12/2/2021 22:04:22	Nalavath Chaitanya Bala	JMJ College for women	Tenali	Andhra Pradesh	7672047202	Very Good	Excellent	Very Good
12/3/2021 8:32:25	Deevi Divya sree	Jmj college for women	Tenali	Andhra Pradesh	9390416571	Excellent	Excellent	Excellent
12/3/2021 8:40:49	Harshitha Davuluri	JMJ COLLEGE FOR WC	TENALI	ANDHRA PRADESH	9542930494	Excellent	Excellent	Excellent
12/6/2021 9:43:43	Sijidevi Amere	Jmj college for women	Tenali	Andhra Pradesh	09505402046	Very Good	Excellent	Very Good
12/19/2021 19:40:45	Dr.k.Jasmine	Svk degree college nida	Nidadavolu.w.godavari	Andhra Pradesh	8790810084	Excellent	Excellent	Excellent
1/1/2022 12:42:29	G.Keerthana	JMJ College for Women	Tenali	Andhra Pradesh	9390692724	Excellent	Good	Good
1/7/2022 18:36:54	A.RAGHU	KTS GOVT DEGREE CC	RAYADURG	Andhra Pradesh	8688353559	Good	Good	Good
3/27/2022 18:41:36	Dr. Sr. F. Amul Mary	JMJ College for Women	Tenali	Andhra Pradesh	09494125642	Excellent	Excellent	Excellent
4/11/2022 15:17:48	Ms C.M.Anitha	JMJ College for Women	Tenali	Andhra Pradesh	9493046837	Excellent	Excellent	Excellent
10/18/2022 0:22:31	Dr. Konka Mallikarjuna	K. T. S. Govt Degree Col	Rayadurg	Andhrapradesh	7306112307	Good	Good	Good

Form Responses 1 Copy of Form Responses 1

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Recognized by UGC New Delhi under Section 2(f) & 12 (b)

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Ph: 08644 225994

Ref: JMJ/CDSE/2021-2022/009

Date: 14. 03. 2022

CIRCULAR

2021-2022

This is to inform you that the Department of Zoology is going to organize an Guest Lecture on “**Effects of Global Warming**” by **Mr. Sk.Hussein Basha**, Lecturer in Zoology, AP Model College, Vejendla for all the II & III B.Sc.CBZ students on 17.03.2022 i.e., Thursday at 11:30 am in the Main Block.

All the students should attend the programme without fail.

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Report

Activity: Guest Lecture

Topic: Effects of Global Warming

Date: 17.03.2022

Time: 11:30 a.m

Participants: II & III B.Sc.CBZ students

Venue: Main Block

Department of zoology was arranged a guest lecture on “**Effects of Global Warming**” for II & III B.Sc CBZ students on 17.3.2022 at 11.30 am in Zoology lab III. Mr. Sk.Hussein Basha, Lecturer in Zoology, AP Model College, Vejendla was the resource person. He explained about the Introduction of Air pollution, major air pollutants, Green house effect, Global Green house gas Emissions namely Carbon dioxide (CO₂), Methane (CH₄), Nitrous oxide (N₂O) and Fluorinated gases (F-gases). He also told about the Ozone depletion, Acid rains, Effects of Global Warming , Global Emissions by Economic Sector and control measures.

Outcome: Students gained the knowledge about the Global Warming and importance of Climate.



Mrs.M.Aruna Head of the Department of Zoology in introducing the resource person Mr. Sk.Hussein Basha to the students



S. Aruna
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JMJ COLLEGE FOR WOMEN (A) TENALI

Report

Activity: Guest Lecture

Topic: Effects of Global Warming

Date: 17.03.2022

Attendance Sheet

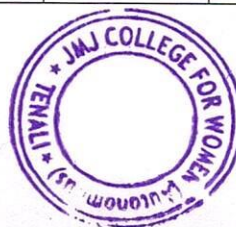
S.NO.	Name of the Student	Program	Year	Signature
1.	AMARTHALURI SWATHI	B.Sc. CBZ	III	A. Swathi
2.	AMBATI NEERAJA SRAVANI	B.Sc. CBZ	III	A.N. Sravani
3.	ANNAM SITAMAHALAKSHMI	B.Sc. CBZ	III	A. Sila Mahalakshmi
4.	BANGARU MONI HOSANNA	B.Sc. CBZ	III	B.M. Hosanna
5.	CHEBROLU RAKADA SANGEETHA DHAMARI	B.Sc. CBZ	III	Ch. R. S. Dhamari
6.	DAMMU MANJULA	B.Sc. CBZ	III	D. Manjula
7.	DARA ESTHERU	B.Sc. CBZ	III	D. Estheru.
8.	DASARI MOHANA	B.Sc. CBZ	III	D. Mohana
9.	DASS JAYANTHI	B.Sc. CBZ	III	D. Jayanthi.
10.	DAVULURI HARSHITHA	B.Sc. CBZ	III	D. Harshitha
11.	DIVYA KUMPATI	B.Sc. CBZ	III	D. Kumpati
12.	DOVA VANAJA	B.Sc. CBZ	III	D. Vanaja.
13.	DUVVURI KAVYA SRI	B.Sc. CBZ	III	D. Kavya Sri
14.	GORIKAPUDI REJEENA JYOTHI	B.Sc. CBZ	III	G. R. Jyothi



15.	GOVATHOTI ANUSHA	B.Sc. CBZ	III	G. Anusha
16.	JANGAM SUPRIYA	B.Sc. CBZ	III	J. Supriya
17.	JALADI SWETHA	B.Sc. CBZ	III	J. Swetha
18.	KAMPA SRAVANI	B.Sc. CBZ	III	K. Sravani
19.	KANCHARLA HEPHZIBAH	B.Sc. CBZ	III	K. hephzibah
20.	KANTHETI SIRISHA	B.Sc. CBZ	III	K. sirisha
21.	KASUKURTHI SARANI	B.Sc. CBZ	III	K. sarani
22.	KINNERA MARY ANNAMANI	B.Sc. CBZ	III	K. Mary Annamani
23.	KONDAMUDI PRASANNA	B.Sc. CBZ	III	K. Prasanma
24.	VUYYURU MANASWINI	B.Sc. CBZ	III	V. Manaswini
25.	VUYYURU SRILAKSHMI	B.Sc. CBZ	III	V. Srilakshmi
26.	YALAVARTHI VENKATA HARISHA	B.Sc. CBZ	III	Y. V. Harisha
27.	YARRAJONNALA TRISHA	B.Sc. CBZ	III	Y. Trisha
28.	MIKKILI SNEHA	B.Sc. CBZ	III	M. Sneha
29.	CHILAKA PAVITHRA	B.Sc. CBZ	III	Ch. Pavithra
30.	ARUMBAKA BHAVYA	B.Sc. CBZ	III	A. Bhavya
31.	SEELAM PUJITHA	B.Sc. CBZ	III	S. Pujitha
32.	DEVARAPALLI SHINY	B.Sc. CBZ	III	D. SHINY.
33.	TELAGATHOTI SANTHI	B.Sc. CBZ	III	T. Santhi
34.	PAMULA VIDYA	B.Sc. CBZ	III	P. Vidya



35.	NALADI SHINEY	B.Sc. CBZ	III	N. shiney
36.	RAVIPATI BEULAH GRACE	B.Sc. CBZ	II	R. Beulah Grace
37.	CHILUMURI LAKSHMI PRASANNA	B.Sc. CBZ	II	C. Lakshmi Prasanma.
38.	CHIRALA ANU SREE	B.Sc. CBZ	II	CH. Anusree
39.	DADI BINDU PARVATHI	B.Sc. CBZ	II	D. Bindu Parvathi
40.	DARA PRASANNA KUMARI	B.Sc. CBZ	II	D. P. KUMARI
41.	DASINTA MAJHI	B.Sc. CBZ	II	D. Majhi
42.	DONDAPATI DIVYA	B.Sc. CBZ	II	D. Divya
43.	G KADIYALI DURGA REDDY	B.Sc. CBZ	II	D. DIVYA
44.	GANIKAPUDI VIJAYA	B.Sc. CBZ	II	G. Vijaya
45.	GERA SRAVANTHI	B.Sc. CBZ	II	G. Sravanthi
46.	GUJJARLAMUDI MOURYA	B.Sc. CBZ	II	G. Mourya
47.	GUNDABATHINI SOWJANYA	B.Sc. CBZ	II	G. Sowjanya.
48.	GURINDAPALLI ANANDA JYOTHI	B.Sc. CBZ	II	G. A. Jyothi
49.	JAIN DEEPTHI	B.Sc. CBZ	II	J. Deepthi
50.	JANGAM HIMABINDU	B.Sc. CBZ	II	J. Himabindu
51.	JONNALAGADDA PRIYANKA	B.Sc. CBZ	II	J. Priyanka
52.	KAKI KUSUMA	B.Sc. CBZ	II	K. Kusuma.



53.	KAMBHAMPATI HEMA	B.Sc. CBZ	II	K. Hema
54.	KANDULA HONEY JYOSHNA	B.Sc. CBZ	II	K. H. Jyoshna
55.	KATTA LAVANYA	B.Sc. CBZ	II	K. Lavanya
56.	KATTEPOGU SOWMYA	B.Sc. CBZ	II	K. Sowmya.




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5.1.3
Life Skills
2020-2021

5.1.3

**Circulars, Brochures, Reports and Students
Attendance sheets for programs conducted
during the AY 2020-21**



JMJ COLLEGE FOR WOMEN (AUTONOMOUS)

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(An Autonomous College in the Jurisdiction of Acharya Nagarjuna University)

Ph: 08644 225994

Ref: JMJ/CDSE/2020-2021/014

Date: 08-07-2020

CIRCULAR

2020-2021

This is to inform you that the Department of Physical Education is going to conduct a class on “**Highlight of the Fitness**” by **Mr. Y.Prabhakar**, Physical Director, Guntur, for all the Sports students on **12.07.2020** i.e Monday.at 3.30PM at College ground.

All the sports Students should attend the class without fail.



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Report

Name of the Event : Highlight of the Fitness
Name of the Resource Person : Mr. Y.Prabhakar, Physical Director, Guntur,
Date : 12-07-2020
Venue : Play Ground
Students involved : Sports Students.

Physical fitness is a state of health and wellbeing and more specifically, the ability to perform aspects of Sports, occupations and daily activities. Physical fitness is generally achieved through proper nutrition, moderate vigorous physical exercise and sufficient rest along with a formal recovery plan. Physical fitness means the condition of being physically, healthy especially exercises and proper nutrition it even includes being mentally healthy. It is the reason a state of general well-being marked by physical health and mental stability. Physical fitness is not just bending our body. It is about having cardiovascular and overall muscular endurance and strength, as well as a strong immune system, and most importantly, satisfied states your body. **Mr.Y.Prabhakar, Physical Director, Guntur**, gave fitness training for sports students and he explained about the importance of physical fitness and exercises.

Benefits of Exercise:

Exercise can help control Stress. Exercise can keep our Immune System Strong.

- Running
- Jig jog running
- Body Exercises & Shuttle Run



Shuttle Run



Jig jog running

Arjun Sujath.k.
Physical Director



S. V. J.
Principal

JMJ COLLEGE FOR WOMEN (AUTONOMOUS)
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JMJ COLLEGE FOR WOMEN (A): TENALI

Activity: Highlight of the Fitness

Date: 12.07.2020

Students Involved: 60

Attendance Sheet

S.NO.	Name of the Student	Name of the Programme	Year	Signature
1.	GONEGUNTLA SRAVANI	B.A	III	G. SRAVANI
2.	KOMMERLA AMRUTHA	B.A	III	K. AmRutha
3.	MARPU CHANDI JANEETHA	B.A	III	M. Janeetha
4.	SURABHI PARIMALA	B.SC CBZ	III	S. Lakshmi PAA
5.	NERETI GURU LAKSHMI	B.SC CBZ	III	N. Lakshmi
6.	BONIGALA HAVEELA PRAISY	B.SC CBZ	III	B. PraisY
7.	GADDE RAMYA	B.SC CBZ	III	G. ramya
8.	GERA SANTHI	B.SC CBZ	III	G. Santhi
9.	BETHAMCHARLA VENKAYAMMA	B.SC MPCs	I	B. Venkayamma
10.	KOMMERLA AMRUTHA	B.A	III	K. AmRutha
11.	MARPU CHANDI JANEETHA	B.A	III	m. Janeetha
12.	MARPU RANI	B.A	III	M. Rani
13.	MARPU SONI	B.A	III	M. Soni
14.	VANGALA DIVYA	B.A	III	V. Divya
15.	PULI VELUGU	B.COM	III	P. velugu
16.	CHANDOLU HEMA LATHA	BBA	I	C. hema latha
17.	NOORBASHA RIZWANA	B.SC MSCS	I	N. Rizwana
18.	VALIVETI LAKSHMI TIRUPATHAMMA	B.SC MSCS	I	V. lakshmi
19.	BODDU SRILAKSHMI PRASANNA	B.SC MSCS	I	B. PrasanNA
20.	DARABADI AKANKSHA	B.SC MSCS	I	D. AKANKSHA
21.	KONDRU VINCY	B.SC HOME SCIENCE	III	K. Vincy



22.	TULASI LALITHA KUMARI	B.COM	II	LALITHA
23.	VADDIMUKKALA SANJANA	B.COM	II	Sanjana
24.	MANNAM VIDYADHARI	B.SC CBZ	II	M. Vidyadhari
25.	DUNNA SWEETY	B.SC MSCS	II	sweety
26.	GAIRUBOINA SUMATHI	B.COM	II	SUMATHI
27.	SHAIK KALMA	B.COM	II	KALMA
28.	JYOTHULA VENNELA	B.A	II	Vennela
29.	KARETI HARI PRIYA	B.A	II	Priya
30.	MADINETI NARASA KUMARI	B.A	II	kumari
31.	NAGISETTY NAGALAKSHMI	B.A	II	N. nagalashmi
32.	CHOPPARA SOWMYA	B.COM	II	sowmya
33.	PILLI GRACE NIKITHA DAYAKAR	B.COM	II	GRACE
34.	SHAIK SHAHINA	B.COM	II	shahina
35.	JUNAPUDI PRANYUSHA	B.A	II	J. Pranyusha
36.	VADAPALLI PAVITHRA	B.A	II	Pavithra
37.	YADALA MARY JYOSHNA	B.A	II	MARY
38.	YARLAGADDA KATYAYANI	B.A	II	Y. Katyayani
39.	SHAIK ASMA	B.SC MPCS	I	ASMA
40.	DIVI LIKHITHASRI	B.SC MSCS	III	SRI
41.	KALAKOTA BAVANA	B.SC MSCS	III	BAVANA
42.	KODATI BHANUNAGA HARIKA	B.SC MSCS	III	HARIKA
43.	KARASALA LEELAVATHI	B.SC MSCS	II	LEELAVATHI
44.	BETHAMCHARLA VENKAYAMMA	B.SC MPCS	I	B. Venkayamma
45.	GALI MYDHILI	B.SC MPCS	I	mydhili
46.	GUNTURU ANUSHA	B.SC MPCS	I	ANUSHA
47.	GYRUBOINA DHANA LAKSHMI	B.SC MPCS	I	DHANA
48.	JAGARLAMUDI PRAVALLIKA	B.SC MPCS	I	PRAVALLIKA
49.	KAVURI SUMATHI	B.SC MPCS	I	SUMATHI
50.	MULA SWAPNA	B.SC MPCS	III	Swapna
51.	NAMBURI MERY	B.SC MPCS		MERY





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Ph: 08644 225994

Ref: JMJ/CDSE/ 2020-2021/35

Date: 28-10-2020

CIRCULAR

2020-2021

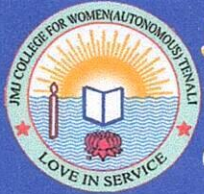
This is to inform you that the NSS Committee is going to conduct an awareness programme on **Health and Hygiene**, by **Dr. Kavya Teja**, Urban PHC Gunturuvari thota, Guntur on 31-10-2020 from 4:30 to 5:30 pm at Mini Auditorium.

All NSS Students should attend the program without fail.



Principal

**JMJ COLLEGE FOR WOMEN (Autonomous)
TENALI**



JMJ COLLEGE FOR WOMEN (AUTONOMOUS), TENALI

Affiliated to Acharaya Nagarjuna University

Morrispet (P.O), Tenali - 522202, Guntur Dt., Andhra Pradesh

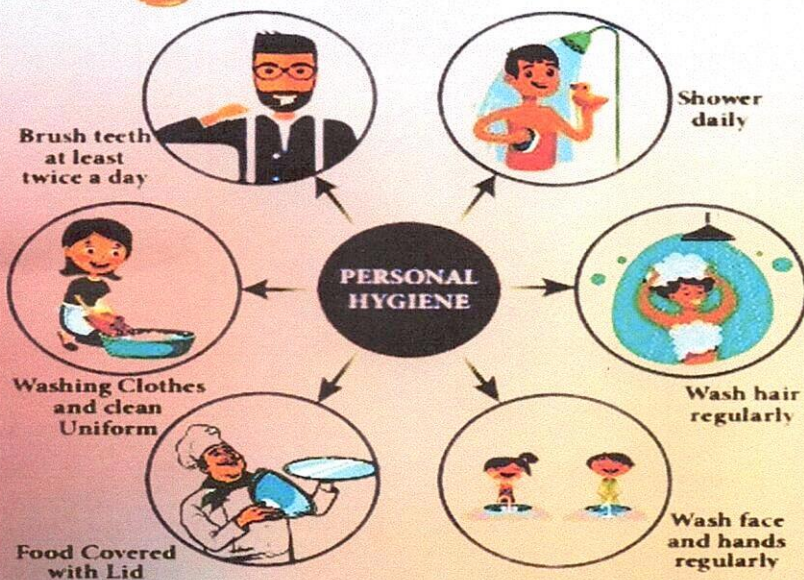
College Email: jmjtenali@gmail.com

website: jmjcollege.ac.in

Phone no: 08644 - 227994



Health and Hygiene



Date: **31/10/2020**


Time: **04:30 P.M**

Guest : **Dr. Kavya Teja**, Urban PHC, Gunturuvari Thota, Guntur.

Venue: **JMJ COLLEGE FOR WOMEN, TENALI.**

Organized by: **NSS Committee.**




PRINCIPAL
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JMJ COLLEGE FOR WOMEN (A): TENALI

Report

Name of the Event : Awareness on Health and Hygiene
Name of the Resource Person : Dr.V.Kavya Teja,Urban PHC, Gunturuvari thota,
Date : 31-10-2020
Venue : Mini Auditorium
Students involved : Degree Students.

Health is our body's state of being free from illness. Hygiene refers to practices that help us stay healthy and prevent disease. Proper hygiene practices are good to health. Towards creating a healthier society by popularizing preventive measures. A Health awareness Programme was conducted for Students. The Students were sanitized about the importance of hand wash before and after taking meals. A Special Programme on health awareness and hygienic living was planned by the NSS Volunteers of Our College.

Menstrual hygiene and management is an issue that is insufficiently acknowledged and has not received adequate attention in either education or the water and sanitation sector. Dr. V. Kavya Teja, Urban PHC Gunturuvari thota, Guntur. Gave a detailed awareness on health during Pandemic time. On 31st October 2020. She inspires the students. Awareness Comprises a general Understanding of One's mental health but also more Specific Knowledge of risk and Protective factors for mental health.



Inculcate awareness on Health & Hygiene

Aruna Srinivasulu
Physical Directress



S. Srinivasulu
Principal

PRINCIPAL
JMJ COLLEGE FOR WOMEN (Autonomous)
TENALI

JMJC COLLEGE FOR WOMEN (A): TENALI

Activity: Awareness on Health and Hygiene

Date: 31-10-2020

Students Involved: 40

Attendance Sheet

S.NO.	Name of the Student	Name of the Programme	Year	Signature
1.	SURABHI PARIMALA	B.SC CBZ	III	S. Parimala
2.	NERETI GURU LAKSHMI	B.SC CBZ	III	N. Lakshmi
3.	BONIGALA HAVEELA PRAISY	B.SC CBZ	III	B. Haveela Praisya
4.	GADDE RAMYA	B.SC CBZ	III	G. Ramya
5.	GERA SANTHI	B.SC CBZ	III	G. Santhi
6.	BETHAMCHARLA VENKAYAMMA	B.SC MPC	I	B. Venkayamma
7.	KOMMERLA AMRUTHA	B.A	III	K. Amrutha
8.	KONDRU VINCY	B.SC HOME SCIENCE	III	K. Vincy
9.	TULASI LALITHA KUMARI	B.COM	II	T. Kumari
10.	VADDIMUKKALA SANJANA	B.COM	II	V. Sanjana
11.	MANNAM VIDYADHARI	B.SC CBZ	II	M. Vidyaadhar
12.	DUNNA SWEETY	B.SC MSCS	II	D. Sweety
13.	GAIRUBOINA SUMATHI	B.COM	II	G. Sumathi
14.	SHAIK KALMA	B.COM	II	S. Kalma
15.	KAVURI SUMATHI	B.SC MPC	I	K. Sumathi
16.	MULA SWAPNA	B.SC MPC	III	M. Swapna
17.	GONEGUNTALA SRAVANI	B.A	III	G. Sravani
18.	KOMMERLA AMRUTHA	B.A	III	K. Amrutha
19.	MARPU CHANDI JANEETHA	B.A	III	M. Chandani Janeetha
20.	MARPU CHANDI JANEETHA	B.A	III	M. Chandani Janeetha
21.	MARPU RANI	B.A	III	M. Rani
22.	MARPU SONI	B.A		M. Soni



23.	VANGALA DIVYA	B.A	III	V. Divya
24.	PULI VELUGU	B.COM	III	P. velugu
25.	CHANDOLU HEMA LATHA	BBA	I	Chemattha
26.	NOORBASHA RIZWANA	B.SC MSCS	I	No Rizwana
27.	VALIVETI LAKSHMI TIRUPATHAMMA	B.SC MSCS	I	V. Lakshmi Tirupathamma
28.	BODDU SRILAKSHMI PRASANNA	B.SC MSCS	I	B. srilakshmi
29.	DARABADI AKANKSHA	B.SC MSCS	I	D. Akanksha
30.	JYOTHULA VENNELA	B.A	II	J. vennela
31.	KARETI HARI PRIYA	B.A	II	K. Hari Priya
32.	MADINETI NARASA KUMARI	B.A	II	M. Narasa
33.	NAGISETTY NAGALAKSHMI	B.A	II	N. Nagalakshmi
34.	CHOPPARA SOWMYA	B.COM	II	Ch. Sowmya
35.	PILLI GRACE NIKITHA DAYAKAR	B.COM	II	P. Nikitha Dayakar
36.	SURABHI NANDINI	B.SC MSCS	III	S. Nandini
37.	CHANDOLU HEMA LATHA	BBA	I	Ch. hemalatha
38.	NOORBASHA RIZWANA	B.SC MSCS	I	N. Rizwana
39.	VALIVETI LAKSHMI TIRUPATHAMMA	B.SC MSCS	I	V. Lakshmi Tirupathamma
40.	BODDU SRILAKSHMI PRASANNA	B.SC MSCS	I	B. srilakshmi Prasanna.



Sr. [Signature]
Principal

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52.	SURABHI NANDINI	B.SC MSCS	III	S. nandini
53.	CHANDOLU HEMA LATHA	BBA	I	C. Hema latha
54.	NOORBASHA RIZWANA	B.SC MSCS	I	N. Rizwana
55.	VALIVETI LAKSHMI TIRUPATHAMMA	B.SC MSCS	I	v. lakshmi Tirupattamma
56.	BODDU SRILAKSHMI PRASANNA	B.SC MSCS	I	B. Prasanna
57.	DARABADI AKANKSHA	B.SC MSCS	I	D. Akanksha
58.	SYKAM KEERTHI	B.SC CBZ	I	S. keerthi
59.	TADIPARTHI KUSUMA	B.SC CBZ	I	T. kusuma
60.	PULIVARTHI AMULYA	B.SC CBZ	I	P. Amulya
61.	RAMAVATH ANU INDRA BAI	B.Sc CBZ	I	R. Anu indra



S. G. S.
Principal

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(An Autonomous College in the Jurisdiction of Acharya Nagarjuna University)

Ph: 08644 225994

Ref: JMJ/AF/2020-2021/033

Date: 13.11.2020

CIRCULAR

2020-2021

This is to inform all the students that there will be a **Workshop** on “**Classroom Precautions during Covid-19: Humanitarian Action for Students**” by Dr. D. Jeevana Latha, Tenali, on **17.11.2020** for I B.A and I B.com-Comp Students at M.B.A Seminar Hall.

All the I B.A and I B.com (Gen &Comp) Students should attend the workshop without fail.

Principal

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Copy to:

1. Head of the Departments
2. Notice Boards
3. Concerned File



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**Report
WORKSHOP**

Department of English organized a workshop on "*Classroom Precautions during Covid-19: Humanitarian Action for Students*" has been conducted on 17th November 2020 at MBA seminar hall to make students aware about the COVID-19 pandemic. Dr.D.Jeevan Latha, Medical Officer, Tenali town was the resource person. This workshop explores challenges for improving safety methods and health among the students. The workshop also shares experiences and solutions to better protect staff and students in schools and colleges. She emphasized the importance of immediate vaccination for preventing exposure to COVID-19, it was crucial to take preventive measures to stop the spread of the virus. She also laid emphasis on washing hands frequently. A total of 112 from I B.A, B.Com students were participated. The entire program was co-ordinate with the support of Principal and Faculty of English.


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**JMJ COLLEGE FOR WOMEN (A); TENALI
WORKSHOP on 17.11.2020**

“Classroom Precautions during Covid-19: Humanitarian Action for Students”



Resource Person Dr.Jeevan Latha,Medical Officer ,Tenali



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**JMJ COLLEGE FOR WOMEN (A); TENALI
WORKSHOP on 17.11.2020**

“Classroom Precautions during Covid-19: Humanitarian Action for Students”

Participants list:

S. No	Name of the Student	Program	Signature
1.	Ankam Pranitha	I B.A Spl Tlg	A. Pranitha
2.	Chappidi Sumathi	I B.A Spl Tlg	C. Sumathi
3.	Chintala Suhrudi	I B.A Spl Tlg	Ch. suhrudi
4.	Ganjimala Manju	I B.A Spl Tlg	G. Manju
5.	Govathoti Anusha Reshma	I B.A Spl Tlg	G. Anusha Reshma
6.	Gunji Lalitha	I B.A Spl Tlg	G. Lalitha
7.	Jaldu Supriya Rani	I B.A Spl Tlg	J. Supriya Rani
8.	Kommuri Priya	I B.A Spl Tlg	K. Priya
9.	Meesala Divyakala	I B.A Spl Tlg	M. Divyakala
10.	Peravali Rupa	I B.A Spl Tlg	P. RUPA
11.	Ravuri Sanjana	I B.A Spl Tlg	R. Sanjana
12.	Valluri Rama Devi	I B.A Spl Tlg	V. Rama devi
13.	Anusha Battula	I B.A. Spl Eng	A. Battula
14.	Bellamkonda Likhitha	I B.A. Spl Eng	B. Likhitha
15.	Billa Sravani	I B.A. Spl Eng	B. Sravani
16.	Elchuri Sasirekha	I B.A. Spl Eng	E. Sasirekha
17.	Gudipudi Priyanka	I B.A. Spl Eng	G. Priyanka
18.	Kankanala Sai Sowbhagya	I B.A. Spl Eng	K. Sai Sowbhagya
19.	Karra Pravallika	I B.A. Spl Eng	K. pravallika
20.	Kondipudi Hepsiba	I B.A. Spl Eng	K. Pravallika
21.	Konduru Anjali	I B.A. Spl Eng	K. Anjali
22.	Kundurthy V.L. Tanuja	I B.A. Spl Eng	K.v.l. Tanuja
23.	Mopidevi Srivalli	I B.A. Spl Eng	M. Srivalli
24.	Movva Pallavi	I B.A. Spl Eng	M. Pallavi
25.	Pedalanka Divya Tejaswini	I B.A. Spl Eng	P. Divya Tejaswini
26.	Sudarsanam Sravanthi	I B.A. Spl Eng	S. Saathanthi
27.	Tadisetty Durga Kalyani	I B.A. Spl Eng	T. Durga Kalyani
28.	Thokala Lavanya	I B.A. Spl Eng	T. Lavanya
29.	Yadla Devika	I B.A. Spl Eng	A. Divya
30.	Alladi Divya	I B.A. Spl Eco	A. Divya
31.	Dantu Srilatha	I B.A. Spl Eco	D. Sri latha
32.	Davala Sowmya	I B.A. Spl Eco	D. Sowmya
33.	Indla H.C. Vardhini	I B.A. Spl Eco	I.H.C. Vardhini
34.	Kanaparthi Rishithavi	I B.A. Spl Eco	K. Rishithavi
35.	Koppula Manasa Durga	I B.A. Spl Eco	k.m. Durga
36.	Mungi Sravani	I B.A. Spl Eco	M. Sravani
37.	Bejavada Naga Varalakshmi	I B.Com. Gen	B. Naga varalakshmi
38.	Bhavanam Adi Lakshmi	I B.Com. Gen	B. Adi lakshmi
39.	Chinhabattina Navya Sri	I B.Com. Gen	Ch. Navya Sri
40.	Danaboyina Pravallika	I B.Com. Gen	D. pravallika
41.	Istarla Lakshmi Ruchitha	I B.Com. Gen	I. Lakshmi Ruchitha
42.	Kasu Nandini	I B.Com. Gen	K. Vandini



43.	Kuchipudi Nikhitha	I B.Com. Gen	K. Nikhitha
44.	Kukatlapalli Subhashini	I B.Com. Gen	K. Subhashini
45.	Kunchala Leelavathi	I B.Com. Gen	K. Leelavathi
46.	Maruboina Umadevi	I B.Com. Gen	M. Umadevi
47.	Mathe Manasa	I B.Com. Gen	M. Manasa
48.	Medaballi Thirupathamma	I B.Com. Gen	M. Thirupathamma
49.	Mulpuru Kavya	I B.Com. Gen	M. Kavya
50.	Nalluri Anusha	I B.Com. Gen	N. Anusha
51.	Pallapu Prasanna	I B.Com. Gen	P. Prasanna
52.	Peravali Anusha	I B.Com. Gen	P. Anusha
53.	Prathipati Aparna	I B.Com. Gen	P. Aparna
54.	Pulivarthi Sarala	I B.Com. Gen	P. Sarala
55.	Tananki Sravani	I B.Com. Gen	T. Sravani
56.	Thota Gayatri	I B.Com. Gen	T. Gayatri
57.	Tupili Pravallika	I B.Com. Gen	V. Ramya pravallika
58.	Vare Ramya Sri	I B.Com. Gen	V. Ramya Sri
59.	Velpuri Priyanka	I B.Com. Gen	V. Priyanka
60.	Yellaturi Sumadarsini	I B.Com. Gen	Y. Sumadarsini
61.	Annaravaru Prathima	I B.Com. Comp	A. Prathima
62.	Aramalla Hadassa	I B.Com. Comp	A. Hadassa
63.	Bantupalli Hampi	I B.Com. Comp	B. Hampi
64.	Bathula Swathi	I B.Com. Comp	B. Swathi
65.	Bethapudi Chinnammai	I B.Com. Comp	B. Chinnammai
66.	Bhimavarapu Kalyani	I B.Com. Comp	B. Kalyani
67.	Boddukuri Mahima	I B.Com. Comp	B. Mahima
68.	Chennam Setty Prakrutamba	I B.Com. Comp	C.S. Prakrutamba
69.	Chennamsetty Suneetha	I B.Com. Comp	Ch. Suneetha
70.	Chintala N.Ratna Kumari	I B.Com. Comp	Ch. N. Ratna Kumari
71.	Danaboyina Devi	I B.Com. Comp	D. Devi
72.	Dulla Sahithi	I B.Com. Comp	D. Sahithi
73.	Duru Sucharithasri	I B.Com. Comp	D. Sucharithasri
74.	Gantela Manasa	I B.Com. Comp	G. Manasa
75.	Gorojanam Navya Sree	I B.Com. Comp	G. Navya Sree
76.	Gurajala Vijaya Kumari	I B.Com. Comp	G. Vijaya Kumari
77.	Jakka D.S.Rekha Devi	I B.Com. Comp	J. D.S. Rekha Devi
78.	Jangala Ishwarya	I B.Com. Comp	J. Ishwarya
79.	Jetti Bindu Kumari	I B.Com. Comp	J. Bindu Kumari
80.	Kalam Hema Latha	I B.Com. Comp	K. Hema Latha
81.	Kasimalla Divya	I B.Com. Comp	K. Divya
82.	Konda Stella Mary	I B.Com. Comp	K. Stella Mary
83.	Koppula Hemalatha	I B.Com. Comp	K. Hemalatha
84.	Koppuravuri Yamuna Sai	I B.Com. Comp	K. Yamuna Sai
85.	Kopuri Vasantha Kumari	I B.Com. Comp	K. Vasantha Kumari
86.	Maaram Lakshmi Devi	I B.Com. Comp	M. Lakshmi Devi
87.	Marupudi Hyma	I B.Com. Comp	M. Hyma
88.	Medabalimi Nagavathi	I B.Com. Comp	M. Nagavathi
89.	Meesala Sishla	I B.Com. Comp	M. Sishla
90.	Mukthipudi Annamani	I B.Com. Comp	M. Annamani



91.	Munipalli Vineela	I B.Com. Comp	K. Vineela
92.	Nalavath C.B.S.Kumari Bai	I B.Com. Comp	N.C.B.S.Kumari Bai
93.	Nallagorla Bhargavi	I B.Com. Comp	N. Bhargavi
94.	Nalukurthi Yesumariyamma	I B.Com. Comp	N. yesumariyamma
95.	Nemalikanti Sudha Rani	I B.Com. Comp	N. sudha rani
96.	Nemalikanti Swarna Latha	I B.Com. Comp	N. swarna latha
97.	Nenavath Nagalakshmi Bai	I B.Com. Comp	N. nagalakshmi bai
98.	Palaparthi Havila	I B.Com. Comp	P. Havila
99.	Pramila Barla	I B.Com. Comp	P. Barla P. Barla
100.	Ravuri Kalyani	I B.Com. Comp	R. kalyani
101.	Rayapati Sandhya	I B.Com. Comp	R. sandhya
102.	Shaik Umme Athiya	I B.Com. Comp	S. latha Umme Athiya
103.	Srikakoli Latha Sree	I B.Com. Comp	S. Latha Sree
104.	Sykam Thrishika	I B.Com. Comp	S. Thrishika
105.	Thanneeru Rajitha	I B.Com. Comp	T. Rajitha
106.	Thoka Mounika	I B.Com. Comp	T. Mounika
107.	Thorati Estheru Rani	I B.Com. Comp	T. esheru Rani
108.	Tummapudi Soniya	I B.Com. Comp	T. Soniya
109.	Turaga Revathi	I B.Com. Comp	T. Revathi
110.	Vedullapalli Sumathi	I B.Com. Comp	V. sumathi
111.	Vemuri Sushma	I B.Com. Comp	V. Sushma
112.	Chodavarapu Geethika	I B.Com. Comp	Ch. Geethika

N. Vinodini Devi
Head of the Department

S. A. S.
Principal
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Ph: 08644 225994

Ref: JMJ/CDSE/2020-2021/48

Date: 18-11-2020

CIRCULAR

2020-2021

This is to inform you that the NSS Committee is going to conduct a class on “**Fitness through Yoga**” by Yoga Teacher, **Ms K.Nirguana Rtd Lecturer in Chemistry, Tenali** give the practice on Yoga to the Degree students after the college hours i.e., from 4:30 to 5:30 pm at Mini Auditorium on 21.11.2020,i.e on Wednesday.

All the Students should attend the class without fail.



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Report

Name of the Event : "Fitness through Yoga"
Name of the Resource Person : Mrs.K.Nirguna Rtd. Lecturer
Date : 21.11.2020
Venue : Centenary Auditorium

Meditation is relaxation and rejuvenates the body and mind. With this aim life skill programme on Yoga was conducted on 21st November 2020 for the Degree students. The yoga teacher Ms.K.Nirguna, explain the significance of yoga and Introducing mindfulness practices as a complement to yoga asana and pranayama.

The session began by seeking Almighty. Asanas starting with warming up and stretching were followed by asanas. Exercises for relieving stress, reducing joint pain and enhancing the flexibility. Different type of Yoga burn different amount of calories. Ms.K.Nirguna took yoga session with great dedication. The students participated with full interest, enthusiasm and eagerness. Yoga not only increases our flexibility and strengthens the body, it may help reduce stress, improve sleep and improve overall health. Students are participated actively. The session concluded with an interactive session between the teacher and the students.



The Essence of Yoga: Exploring Body, Mind, and Spirit

Aruna Sujati
Physical Directress



Sr. S. S. S.
Principal

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JMJC COLLEGE FOR WOMEN (A): TENALI

Activity: Fitness through Yoga

Date: 21-11-2020

Students Involved: 50

Attendance Sheet

S.NO.	Name of the Student	Name of the Programme	Year	Signature
1.	SANDEPAMU MOUNIKA	B.A	III	S. Mounika
2.	YADAVARAPU DIVYASRI	B.A	III	Y. Divyasri
3.	DHIDLA PUNNAMMA	B.A	III	D. Punnamma
4.	GADE NAGA THULASI	B.A	III	G. Nagathulasi
5.	GONEGUNTALA SRAVANI	B.A	III	G. Sravani
6.	KOMMERLA AMRUTHA	B.A	III	K. Amrutha
7.	MARPU CHANDI JANEETHA	B.A	III	M. Chandijaneetha
8.	MARPU RANI	B.A	III	M. Rani
9.	MARPU SONI	B.A	III	M. Soni
10.	VANGALA DIVYA	B.A	III	V. Divya
11.	PULI VELUGU	B.Com	III	P. Velugu
12.	CHANDOLU HEMA LATHA	BBA	I	C. HEMA LATHA
13.	NOORBASHA RIZWANA	B.Sc MSCs	I	N. Rizwana
14.	VALIVETI LAKSHMI TIRUPATHAMMA	B.Sc MSCs	I	V. Tirupathamma
15.	BODDU SRILAKSHMI PRASANNA	B.Sc MSCs	I	B. PRASANNA
16.	DARABADI AKANKSHA	B.Sc MSCs	I	D. Akanksha
17.	KONDRU VINCY	B.Sc Home Science	III	K. Vincy
18.	SURABHI PARIMALA	B.Sc CBZ	III	S. Parimala
19.	NERETI GURU LAKSHMI	B.Sc CBZ	III	N. GURU LAKSHMI
20.	BONIGALA HAVEELA PRAISY	B.Sc CBZ	III	B. Haveela Praisy
21.	GADDE RAMYA	B.Sc CBZ	III	G. Ramya
22.	GERA SANTHI	B.Sc CBZ	III	G. Santhi
23.	BETHAMCHARLA	B.Sc MPCs	I	



24.	GOLLA KEERTHI PRIYA	B.Sc MPCs	III	G. Keerthipriya
25.	GONEPALLI NAGA SIRISHA	B.Sc MPCs	III	G. Naga Sirisha
26.	GUDETI SWARNA	B.Sc MPCs	III	G. Swarna
27.	GUNDAGONI MOUNIKA	B.Sc MPCs	III	G. Mounika
28.	GUNJI RAMYA	B.Sc MPCs	III	G. Ramya
29.	JAMMUGANI MANASA	B.Sc MPCs	III	J. Manasa
30.	JEMUDUGANI REVATHI	B.Sc MPCs	III	J. REVATHI
31.	KAKUMANU MARY VIJAYA	B.Sc MPCs	III	K. MARI
32.	KAMALA SAI DEEPIKA	B.Sc MPCs	III	Deepika
33.	KANDA BHAVYA SRI	B.Sc MPCs	III	K. Bhavya Sri
34.	KANNA SRI VASANTHI	B.Sc MPCs	III	K. VASANTHI
35.	KARRI CHINNARI	B.Sc MPCs	III	K. Chinnari
36.	KONDA BHARGAVI	B.Sc MPCs	III	K. BHARGAVI
37.	KONDA SRAVANI	B.Sc MPCs	III	K. Sravani
38.	KOTA ASWINI	B.Sc MPCs	III	K. Aswini
39.	MACHERLA KOMALI	B.Sc MPCs	III	M. Komali
40.	MADASU GRACE NISSI	B.Sc MPCs	III	M. Grace Nissi
41.	MALLAVARAPU SHULAMMITHI	B.Sc MPCs	III	M. Shulamathi
42.	MARRI SIRISHA	B.Sc MPCs	III	M. Sirisha
43.	MATANGI VIJAYA	B.Sc MPCs	III	M. Vijaya
44.	MATTUKOYYA JYOTHI	B.Sc MPCs	III	M. Jyothi
45.	AKULA TULASI	B.Sc MSCs	III	A. Tulasi
46.	ARAMANDLA SINDHUJA	B.Sc MSCs	III	A. Sindhuja
47.	BALUSUPATI CHAITHANYA	B.Sc MSCs	III	B. Chaithanya
48.	CHENNAM ANUSHA	B.Sc MSCs	III	Ch. Anusha
49.	CHILAKA DEEPA	B.Sc MSCs	III	Ch. Deepa
50.	CHILAKAPATI JYOTHIRMAYI	B.Sc MSCs	III	C. Jyothirmayi
51.	CHILAKAPATI MANASWINI	B.Sc MSCs	III	C. Manaswini
52.	CHIMALAMARRI VIJAYA LAKSHMI	B.Sc MSCs	III	C. Vijaya Lakshmi
53.	CHITTIBOMMA NAGA SWATHI	B.Sc MSCs	III	Naga Swathi
54.	DASARI VENKATA RAMANA	B.Sc MSCs	III	





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JMJ/CDSE/2020-2021/053

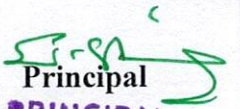
Date: 06.12.2020

CIRCULAR

This is to inform you that, The Women Empowerment Cell, in collaboration with IQAC, JMJ College for Women is going to conduct an interactive Session by **Dr. Nagesh, Senior - Psychologist, Inspirational speaker, life skills coach, Neuro- linguist, face reader & caption writer, Bangalore**, on 09.12.2020, by 11:00AM, at MBA Seminar Hall for **B.A& B.Sc Home Science Students**.

All the B.A& B.Sc Home Science Students should join the programme without fail.




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**JMJ COLLEGE FOR WOMEN (AUTONOMOUS): TENALI
WOMEN EMPOWERMENT CELL**

Date: 09.12.2020

Time: 11.00 to 1.00P.M

Venue: Seminar Hall, MBA Block

Topic: Student psychology

Speaker: Dr. Nagesh, Senior - Psychologist, Inspirational speaker, life skills coach, Neuro-linguist, face reader & caption writer, Bangalore

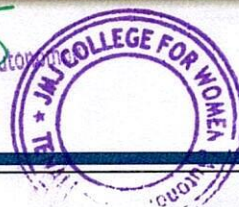
Participants: B.A& B.Sc Home Science Students

The Women Empowerment Cell along with collaboration of JMJ College for Women organized an interactive Session by **Dr. Nagesh, Senior - Psychologist, Inspirational speaker, life skills coach, Neuro- linguist, face reader & caption writer, Bangalore.** The interactive session started with a prayer song by V.Pavithra II B.A Spl.Eng. Mrs. P.Hemaltha Introduced the Guest. He interacted with the students starting with Hoe to increase memory power by increasing Energy levels. For this a small exercise of teaching Numbers 1-10 in Japanese Language was undertaken 1. Eechee 2.Nee 3. Sangh 4.shee 5.Goo 6. Rukho 7. Snachy 8.Hachy 9. Koo 10.Zoo. He made the students to rehearsal these numbers with high energy levels and almost all are able to remember and repeated correctly. Then he focused on recognition seeking behavior of the individuals. He encouraged the students to develop positive thinking with the help of two techniques one is to maintain compliment diary and the other on is so what Technique. Later with the small exercise of clapping hands he made the group to realize how human individuals do mistakes with over confidence. Lastly he touched upon loneliness and suicidal tendencies which are to be taken care of in the present life.

Mrs.P.Hemaltha Convener of WEC Introducing the Guest



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JMJ COLLEGE FOR WOMEN (AUTONOMOUS): TENALI
Guest Lecture on Student Psychology on 09.12.2020

S.No	Regd. No	Name of the participant	Program	Signature
1.	J19A01031	Bala Amulya Vemula	II B.A Spl Eng	V. Bala Amulya
2.	J19A01032	Boyapati Sai Taruni	II B.A Spl Eng	B. Sai Taruni
3.	J19A01033	Devathoti Princy	II B.A Spl Eng	D. Princy
4.	J19A01034	Gorrepati Sirisha	II B.A Spl Eng	G. Sirisha
5.	J19A01035	Junapudi Pranyusha	II B.A Spl Eng	J. Pranyusha
6.	J19A01036	Kota Sravani	II B.A Spl Eng	K. Sravani
7.	J19A01037	Kuraganti Sravani	II B.A Spl Eng	K. Sravani
8.	J19A01038	Nelaturi Keerthana	II B.A Spl Eng	N. Keerthana
9.	J19A01039	Seelam Vennela	II B.A Spl Eng	S. Vennela
10.	J19A01040	Shaik Asmathunnisa	II B.A Spl Eng	S. Asmathunnisa
11.	J19A01041	Temparla Haripriya	II B.A Spl Eng	T. Haripriya
12.	J19A01042	Thanusha Kathi	II B.A Spl Eng	T. Kathi
13.	J19A01043	T. Swarna Kumari	II B.A Spl Eng	T. Swarna Kumari
14.	J19A01044	Vadapalli Pavithra	II B.A Spl Eng	V. Pavithra
15.	J19A01045	Yadala Mary Jyoshna	II B.A Spl Eng	Y. Mary Jyoshna
16.	J19A01046	Yarlagadda Katyayani	II B.A Spl Eng	Y. Katyayani
17.	J19A31101	Battu Sushma	II BSc. HSc	B. Sushma
18.	J19A31102	Dalli Nikhitha	II BSc. HSc	D. Nikhitha
19.	J19A31103	Dunna Pavani	II BSc. HSc	D. Pavani
20.	J19A31104	Gayam Sri Parnika	II BSc. HSc	G. Sri Parnika
21.	J19A31105	Gochipatha Navya Jyothi	II BSc. HSc	G. Navya Jyothi
22.	J19A31106	Gundega Divya	II BSc. HSc	G. Divya
23.	J19A31107	Kommerla Sravanthi	II BSc. HSc	K. Sravanthi
24.	J19A31108	Chinthaguntla Maheswari	II BSc. HSc	Ch. Maheswari
25.	J19A31109	Mahankali Triveni	II BSc. HSc	M. Triveni
26.	J19A31110	Modugu Samrajyam	II BSc. HSc	M. Samrajyam
27.	J19A31111	Niharika Yemineni	II BSc. HSc	N. Yemineni
28.	J19A31112	Nomula Sruthi	II BSc. HSc	N. Sruthi
29.	J19A31113	Poluri Rachel Jyothi	II BSc. HSc	P. Rachel Jyothi
30.	J19A31114	Pulivarthi Navya	II BSc. HSc	P. Navya
31.	J19A31115	S. Venkata Lakshmi	II BSc. HSc	S. Venkata Lakshmi
32.	J19A31116	Gollapudi Vasantha Lakshmi	II BSc. HSc	G. Vasantha Lakshmi
33.	J19A31117	Jetti Mercy	II BSc. HSc	J. Mercy
34.	J19A31118	Chadalavada Annie Merlyn	II BSc. HSc	C. Merlyn
35.	J19A31119	Chundi Sumanasri	II BSc. HSc	Ch. Sumanasri
36.	J19A31120	Munipalli Akshara	II BSc. HSc	M. Akshara
37.	J19A31301	Gangaraju Keerthana	II BSc. HSc	G. Keerthana
38.	J19A31302	Banavath Ruchitha	II BSc. HSc	B. Ruchitha
39.	J18A31071	Bandikalla Manaswini	III B.Sc H.Sc	B. Manaswini
40.	J18A31072	Beerelli Lavanya	III B.Sc H.Sc	B. Lavanya
41.	J18A31073	Ch.Lakshmi Krishna Kumari	III B.Sc H.Sc	Ch. Lakshmi Krishna Kumari
42.	J18A31074	Chikkala Meghana	III B.Sc H.Sc	Ch. Meghana
43.	J18A31075	D.Leela Krishna Deepika	III B.Sc H.Sc	D. Leela Krishna Deepika
44.	J18A31076	Devarapalli Samyuktha	III B.Sc H.Sc	D. Samyuktha



45.	J18A31077	Dhanekula Devi Priya	III B.Sc H.Sc	D. Devi Priya
46.	J18A31078	Guntupalli Gnana Pavithra	III B.Sc H.Sc	G. Gnana Pavithra
47.	J18A31079	Kakara Kathryn Kumari	III B.Sc H.Sc	K. Kathryn Kumari
48.	J18A31080	Kondru Vincy	III B.Sc H.Sc	K. Vincy
49.	J18A31081	Meerjumla Karuna Sree	III B.Sc H.Sc	M. Meerjumla Sree
50.	J18A31082	Pamidi Naga Sravani	III B.Sc H.Sc	P. Naga Sravani
51.	J18A31083	Perike Yesu Rani	III B.Sc H.Sc	P. Yesu Rani
52.	J18A31084	Thota Nagalakshmi	III B.Sc H.Sc	T. Nagalakshmi
53.	J18A31085	Vydula Manisha Reddy	III B.Sc H.Sc	V. Manisha Reddy
54.	J20A31101	Bandi Padma Priya	I BSc HSc	B. Padma Priya
55.	J20A31102	Chinthakrindi Poojitha	I BSc HSc	Ch. Poojitha
56.	J20A31103	Deevi Divya Sree	I BSc HSc	D. Divya Sree
57.	J20A31104	G Sirisha	I BSc HSc	G. Sirisha
58.	J20A31105	Gugulath Renuka	I BSc HSc	G. Renuka
59.	J20A31106	Mopidevi Gayatri	I BSc HSc	M. Gayatri
60.	J20A31107	N Ramachandrika	I BSc HSc	N. Ramachandrika
61.	J20A31108	Nallamothu Maha Lakshmi	I BSc HSc	N. Maha Lakshmi
62.	J20A31109	P Priyadarshini	I BSc HSc	P. Priyadarshini
63.	J20A31110	Paladugu Manju Sree	I BSc HSc	P. Manju Sree
64.	J20A31111	Shaik Karishma	I BSc HSc	S. Karishma
65.	J20A31112	Tenali Smiley	I BSc HSc	T. Smiley
66.	J20A31113	Vetagiri Vuha Bhagyavi	I BSc HSc	V. Vuha Bhagyavi
67.	J20A31114	Patchala Sunitha	I BSc HSc	P. Sunitha

P. Hemalatha
Head of the Department



S. S. S.
Principal

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Ph: 08644 225994

Ref: JMJ/CDSE/2020-21/60

Date: 04.01.2021


CIRCULAR

2020-2021

This is to inform you that, the department of English is going to organize a workshop on on
“**Common Problems of Adolescences**” for I Degree students by Dr.Somaiah Sastry, Rtd.
Principal, VSR &NVR College, Tenali on 7th January, 2021 at MBA Seminar Hall.

All the I Degree students should attend the workshop without fail.




Principal
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Report on

“Common Problems of Adolescents”

The Department of English organized a workshop on “Common Problems of Adolescents” for 1 Degree students by Dr.Somaiah Sastry, Rtd. Principal, VSR &NVR College, Tenali on 7th January, 2021. He expounded the importance of physical, emotional, social, psychological, and educational and health problems which especially girls faced around their surroundings. He emphasized the importance of education, positive thinking, emotions, and new ideas and faith in god and also suggested the students how to overcome their problems. The students were very much interested and benefited by this programme.



S. Somaiah
Principal
PRINCIPAL
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TENALI

Workshop on “Common Problems of Adolescents” - 07.01.2021

Recourse person: Dr. K. Somaiah Sastry, Rtd. Principal, VSR &NVR College, Tenali



Recourse person: Dr. K. Somaiah Sastry, giving his valuable insights on the topic Common Problems of Adolescents



Felicitation by the Faculty to Resource Person Dr. K. Somaiah Sastry, Rtd. Principal, VSR &NVR College, Tenali



S. S. Sastry
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JMJ COLLEGE FOR WOMEN (AUTONOMOUS): TENALI

“Common Problems of Adolescents”

On

7th January, 2021

S.No	Regd. No	Name of the participant	Program	Signature
1.	J20A01001	Ankam Pranitha	I B.A Spl Tlg	A. Pranitha
2.	J20A01002	Chappidi Sumathi	I B.A Spl Tlg	Ch. Sumathi
3.	J20A01003	Chintala Suhrudi	I B.A Spl Tlg	Ch. Suhrudi
4.	J20A01004	Ganjimala Manju	I B.A Spl Tlg	G. Manju
5.	J20A01005	G Anusha Reshma	I B.A Spl Tlg	G. Anusha Reshma
6.	J20A01006	Gunji Lalitha	I B.A Spl Tlg	G. Lalitha
7.	J20A01007	Jaldu Supriya Rani	I B.A Spl Tlg	J. Supriya Rani
8.	J20A01008	Kommuri Priya	I B.A Spl Tlg	K. Priya
9.	J20A01009	Meesala Divyakala	I B.A Spl Tlg	M. Divyakala
10.	J20A01010	Peravali Rupa	I B.A Spl Tlg	P. Rupa
11.	J20A01011	Ravuri Sanjana	I B.A Spl Tlg	R. Sanjana
12.	J20A01012	Valluri Rama Devi	I B.A Spl Tlg	Rama Devi. V
13.	J20A01031	Anusha Battula	I B.A.Spl Eng	A. Battula
14.	J20A01032	Bellamkonda Likhitha	I B.A.Spl Eng	B. Likhitha
15.	J20A01033	Billa Sravani	I B.A.Spl Eng	B. Sravani
16.	J20A01034	Elchuri Sasirekha	I B.A.Spl Eng	E. Sasirekha
17.	J20A01035	Gudipudi Priyanka	I B.A.Spl Eng	G. Priyanka
18.	J20A01036	Kankanala Sai Sowbhagya	I B.A.Spl Eng	K.S. Sowbhagya
19.	J20A01037	Karra Pravallika	I B.A.Spl Eng	K. Pravallika
20.	J20A01038	Kondipudi Hepsiba	I B.A.Spl Eng	Hepsiba
21.	J20A01039	Konduru Anjali	I B.A.Spl Eng	K. Anjali
22.	J20A01040	K V Lakshmi Tanuja	I B.A.Spl Eng	K.V.L. Tanuja
23.	J20A01041	Mopidevi Srivalli	I B.A.Spl Eng	M. Srivalli
24.	J20A01042	Movva Pallavi	I B.A.Spl Eng	M. Pallavi
25.	J20A01043	P Divya Tejaswini	I B.A.Spl Eng	P. Divya Tejaswini
26.	J20A01044	Sudarsanam Sravanthi	I B.A.Spl Eng	S. Sravanthi
27.	J20A01045	Tadisetty Durga Kalyani	I B.A.Spl Eng	T. Durgakalyani
28.	J20A01046	Thokala Lavanya	I B.A.Spl Eng	T. Lavanya
29.	J20A01047	Yadla Devika	I B.A.Spl Eng	Y. Devika
30.	J20A01061	Alladi Divya	I B.A Spl Eco	Divya A.
31.	J20A01062	Dantu Srilatha	I B.A Spl Eco	D. Srilatha
32.	J20A01063	Davala Sowmya	I B.A Spl Eco	D. Sowmya
33.	J20A01064	I Hema Chandu Vardhini	I B.A Spl Eco	K. Rishithavi
34.	J20A01065	Kanaparthi Rishithavi	I B.A Spl Eco	K. Rishithavi
35.	J20A01066	Koppula Manasa Durga	I B.A Spl Eco	K. Manasa Durga
36.	J20A01067	Mungi Sravani	I B.A Spl Eco	M. Sravani
37.	J20A11001	B Naga Varalakshmi	I B.Com. (Gen)	B. N. Varalakshmi
38.	J20A11002	Bhavanam Adi Lakshmi	I B.Com. (Gen)	B. Adi Lakshmi
39.	J20A11003	Chinthabattina Navya Sri	I B.Com. (Gen)	Ch. Navya Sri
40.	J20A11004	Danaboyina Pravallika	I B.Com. (Gen)	D. Pravallika
41.	J20A11005	Istarla Lakshmi Ruchitha	I B.Com. (Gen)	I. L. Ruchitha
42.	J20A11006	Kasu Nandini	I B.Com. (Gen)	K. Nandini
43.	J20A11007	Kuchipudi Nikhitha	I B.Com. (Gen)	K. Nikhitha



44.	J20A11008	Kukatlapalli Subhashini	I B.Com. (Gen)	K. Subhashini
45.	J20A11009	Kunchala Leelavathi	I B.Com. (Gen)	K. Leelavathi
46.	J20A11010	Maruboina Umadevi	I B.Com. (Gen)	M. Umadevi
47.	J20A11011	Mathe Manasa	I B.Com. (Gen)	M. Manasa
48.	J20A11012	Medaballi Thirupathamma	I B.Com. (Gen)	M. Thirupathamma
49.	J20A11013	Mulpuru Kavya	I B.Com. (Gen)	M. Kavya
50.	J20A11014	Nalluri Anusha	I B.Com. (Gen)	N. Anusha
51.	J20A11015	Pallapu Prasanna	I B.Com. (Gen)	P. Prasanna
52.	J20A11016	Peravali Anusha	I B.Com. (Gen)	P. Anusha
53.	J20A11017	Prathipati Aparna	I B.Com. (Gen)	Aparna. P
54.	J20A11018	Pulivarthi Sarala	I B.Com. (Gen)	P. Sarala
55.	J20A11019	Tananki Sravani	I B.Com. (Gen)	T. Sravani
56.	J20A11020	Thota Gayatri	I B.Com. (Gen)	T. Gayatri
57.	J20A11021	Tupili Pravallika	I B.Com. (Gen)	T. Pravallika
58.	J20A11022	Vare Ramya Sri	I B.Com. (Gen)	V. Ramya Sri
59.	J20A11023	Velpuri Priyanka	I B.Com. (Gen)	V. Priyanka
60.	J20A11024	Yellaturi Sumadarsini	I B.Com. (Gen)	Y. Suma Darsini

N. Vinod Devi
Head of the Department



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Ph: 08644 225994

Ref: JMJ/CDSE/2020-21/68

Date: 04.03.2021

CIRCULAR

2020-2021

This is to inform you that, the department of Computer Science is going to organize a one week training programme on **Earn While You Learn** for III B.Sc Computer Students, by the faculty of Computer Science from 7th to 14th March, 2021 at MBA Seminar Hall.

All the I Degree students should attend the workshop without fail.



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Earn While You Learn

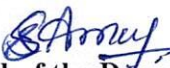
Department of Computer Science conducted Bangle & Paper Ear Rings preparation under Earn While You Learn with the help of III B.Sc Computer Students. Still we have earned Rs. 2000/- in this Academic Year 2019-20 and also we are continuing the color photos printing under Earn While You learn.




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Earn while you learn on 7th to 14th March, 2021

S.No	Regd. No	Name of the participant	Program	Signature
1.	J18A31195	M.Vanisri	III BSc(MPCS)	M. Vanisri
2.	J18A31196	M.Navya sri Bhavani	III BSc(MPCS)	M. Navya sri Bhavani
3.	J18A31199	M.Swapna	III BSc(MPCS)	M. Swapna
4.	J18A31200	N.Mery	III BSc(MPCS)	N. Mery
5.	J18A31203	P.Kalpana	III BSc(MPCS)	P. Kalpana
6.	J18A31204	P.Bhargavi	III BSc(MPCS)	P. Bhargavi
7.	J18A31246	Ch.Manaswini	III BSc(MSCs)	Ch. Manaswini
8.	J18A31247	Ch.Vijaya Lakshmi	III BSc(MSCs)	Ch. Vijaya Lakshmi
9.	J18A31248	Ch.Naga Swathi	III BSc(MSCs)	Ch. Naga Swathi
10.	J18A31250	D.Madhuri	III BSc(MSCs)	D. Madhuri
11.	J18A31251	D.Likhithasri	III BSc(MSCs)	D. Likhitha Sri
12.	J18A31252	K.Bavana	III BSc(MSCs)	K. Bavana
13.	J18A21014	Chebrolu Sritulasi	III B.Com Comp	Ch. Sritulasi
14.	J18A21015	Chevuri Triveni	III B.Com Comp	Ch. Triveni
15.	J18A21016	Dasari Sowjanya	III B.Com Comp	D. Sowjanya
16.	J18A21017	Devarapalli Jayasri	III B.Com Comp	D. Jayasri
17.	J18A21018	Dronam Dharani	III B.Com Comp	D. Dharani
18.	J18A21019	Dundi Devi	III B.Com Comp	D. Devi
19.	J18A21020	Gaddam Kavitha	III B.Com Comp	G. Kavitha
20.	J18A21021	Giri Sravani	III B.Com Comp	G. Sravani
21.	J18A21022	Gudeti Mounika Rani	III B.Com Comp	G. Mounika Rani
22.	J18A21023	Gunti Pavani	III B.Com Comp	G. Pavani
23.	J18A21024	Hepsiba Perli	III B.Com Comp	H. Perli


Head of the Department


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5.1.3
Life Skills
2019-2020

5.1.3

**Circulars, Brochures, Reports and Students
Attendance sheets for programs conducted
during the AY 2019-20**



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Ref: JMJ/CDSE 2019-2020/009

Date: 10.06.2019

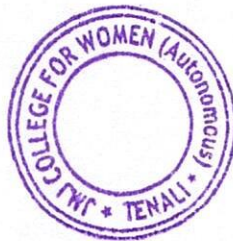
CIRCULAR

2019-2020

This is to inform you that the **Mr.J.Raja Rao**, Yoga Instructor, Tenali give the class on “**The Transformative Power of Yoga Meditation**” to the Degree students at 10.30AM on 12.06.2019 i.e Wednesday in Mini Auditorium.

All the students should attend the class without fail.

S. Raja Rao
Principal
PRINCIPAL
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Report


- Name of the Event** : The Transformative Power of Yoga Meditation
Name of the Resource Person : Mr. J.Raja Rao Yoga Instructor, Tenali
Date : 12-06-2019
Venue : Mini Auditorium
Students involved : Degree Students.

On June 12, 2019, Mr. J. Raja Rao, a renowned Yoga Instructor, delivered a captivating session on "The Transformative Power of Yoga Meditation" at the Centenary Auditorium. The event aimed to explore the profound impact of yoga meditation on physical, mental, and emotional well-being. He elucidated the principles of yoga meditation, emphasizing its holistic approach to health and inner transformation. He discussed the myriad benefits of regular yoga meditation practice, including stress reduction, improved concentration, and enhanced spiritual awareness. Attendees were introduced to various yoga meditation techniques and practices designed to cultivate mindfulness, relaxation, and self-awareness.



Mr.J. Rajarao elucidating the principles of yoga meditation to the students




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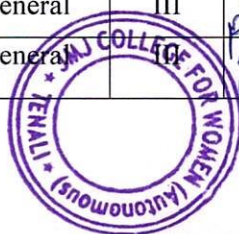
Activity: The Transformative Power of Yoga Meditation

Date: 12-06-2019

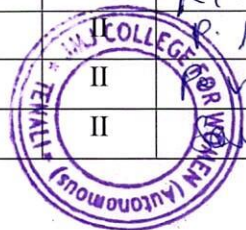
No. of Students Involved: 118

Attendance Sheet

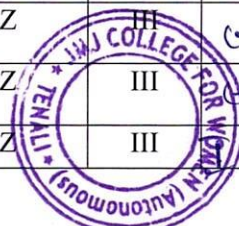
S.NO.	Name of the Student	Name of the Programme	Year	Signature
1.	BURLA VENKATA SIVA ADI NARAYANAMMA	BA	III	B. Venkatasiva - Adli narayanamma
2.	GARIKA LIKHITHA	BA	III	G. Likhitha
3.	KOMMURI KAVITHA	BA	III	K. Kavitha
4.	PAGOLU NAGA PRIYANKA	BA	III	P. Priyanka
5.	PATRA MANJARI	BA	III	P. Manjari
6.	KETAVARAPU JHANSI	BA	III	K. Jhansi
7.	KOTTE MOUNIKA	BA	III	K. Mounika
8.	MADASU SHULAMMITHI	BA	III	M. Shulammithi
9.	PERIKALA GOUTHAMI	BA	III	P. Gouthami
10.	PULIVARTHI MOUNIKA (ENG.MED.)	BA	III	P. Mounika
11.	RAJUPALEM GLORY	BA	III	R. Glory
12.	SHAIK SHAHELA BANU	BA	III	Sh. Shahelabanu
13.	GUNAKALA LATHA	B.Com.General	III	G. Latha
14.	GUNAKALA LAVANYA	B.Com.General	III	G. Lavanya
15.	JOGI SRAVANI	B.Com.General	III	J. Sravani
16.	KOLATI ESTHERU RANI	B.Com.General	III	K. Estheru rani
17.	KOSANA NAGA DIVYA	B.Com.General	III	K. Naga Divya
18.	KROSURU NAGA MOUNIKA	B.Com.General	III	K. Naga mounika
19.	MAMILLAPALLI LAKSHMITULASI	B.Com.General	III	M. Lakshmi Tulasi
20.	MATHANGI PRIYANKA	B.Com.General	III	M. priyanka
21.	NANDIPATI MOUNIKA	B.Com.General	III	N. Mounika
22.	NANDURI RATNA PRIYA	B.Com.General	III	N. Ratna priya
23.	PILLI JAYANTHI	B.Com.General	III	P. prashanthi
24.	PITTALA MAMATHA SREE	B.Com.General	III	P. Mamatha sree
25.	RAYAPUDI SANDHYA RANI	B.Com.General	III	Re Sandhyarani



26.	RAYIPUDI SHINY	B.Com.General	III	R. Shiny
27.	SEELAM SAILAJA	B.Com.General	III	S. Sailaja
28.	SHAIK JYOTHI	B.Com.General	III	S. Jyothi
29.	SIDDELA SONIYA	B.Com.General	III	S. Soniya
30.	SYED KHAJA BEE	B.Com.General	III	S. Khaja Bee
31.	AKULA KIRANMAI	B.Sc.CBZ	II	A. Kiranmai
32.	AREVARAPU PRASANTHI	B.Sc.CBZ	II	A. Prasanthi
33.	BATCHALAKURA GRACE MARY	B.Sc.CBZ	II	B. Grace Mary
34.	CHATRAGADDA BUELA CHANDINI	B.Sc.CBZ	II	C. Buela Chandini
35.	DARLA THULASI	B.Sc.CBZ	II	D. Thulasi
36.	DASARI RUTHU KUMARI	B.Sc.CBZ	II	D. Ruthu Kumari
37.	GUNDALA KEERTHANA	B.Sc.CBZ	II	G. Keerthana
38.	JALADI GREESHMA	B.Sc.CBZ	II	J. Greeshma
39.	JYOTHULA PRIYANKA	B.Sc.CBZ	II	J. Priyanka
40.	KADAPA GNANI PRASANNA	B.Sc.CBZ	II	K. Gnani Prasanna
41.	KALVA SAI DIVYA	B.Sc.CBZ	II	K. Sai Divya
42.	KANCHERLA KAVITHA	B.Sc.CBZ	II	K. Kavitha
43.	KARMURI USHARANI	B.Sc.CBZ	II	K. Usharani
44.	KONAKALA CHAITHANYA	B.Sc.CBZ	II	K. Chaithanya
45.	KUCHIPUDI MILKA RANI	B.Sc.CBZ	II	K. Milka Rani
46.	MADDIMADUGU MARY	B.Sc.CBZ	II	M. Mary
47.	MALLELA PRATHYUSHA	B.Sc.CBZ	II	M. Prathyushe
48.	MANDAPATI SUKANYA	B.Sc.CBZ	II	M. Sukanya
49.	MANUKONDA RAJASRI	B.Sc.CBZ	II	M. Rajasri
50.	MEDIDA JYOTHSNA	B.Sc.CBZ	II	M. Jyothsna
51.	AKKIDASARI MANJUSHA	B.Sc.MPC	II	A. Manjusha
52.	GALLA APARNA	B.Sc.MPC	II	G. Aparna
53.	GANDHAM LAKSHMI KUMARI	B.Sc.MPC	II	G. Lakshmi Kumari
54.	GARLAPATI VIJAYAMMA	B.Sc.MPC	II	G. Vijayamma
55.	KARREVULA LAKSHMI DURGA	B.Sc.MPC	II	K. Lakshmi Durga
56.	MUNAGALA BHULAKSHMI	B.Sc.MPC	II	M. Bhulakshmi
57.	MUTLURI JYOTHI	B.Sc.MPC	II	M. Jyothi
58.	PULIVARTHI MANASA	B.Sc.MPC	II	P. Manasa
59.	PUTTI VIJAYA LAKSHMI	B.Sc.MPC	II	P. Vijaya Lakshmi
60.	SOMALA	B.Sc.MPC	II	S. Somala



	VENKATARAMANA			
61.	TADIBOINA NAGAJYOTHI	B.Sc.MPC	II	T. Nagajyothi
62.	THUMATI VINEELA	B.Sc.MPC	II	T. Vineela.
63.	ADDEPALLI SRUTHI	B.Sc.MPCs.	II	A. Sruthi
64.	ATHOTA MOUNIKA	B.Sc.MPCs.	II	A. mounika
65.	BADUGU MOUNIKA	B.Sc.MPCs.	II	B. mounika
66.	PAMULA ANUSHA	B.Sc.MPCs.	II	P. Anusha.
67.	KUMMARI RATNA KUMARI	B.Sc.MPCs.	II	K. Ratna Kumari
68.	BOJJA HARITHA	B.Sc.MPCs.	II	B. Haritha
69.	BOLISSETTI MARY SRAVANI	B.Sc.MPCs.	II	B. mary sravani
70.	BOLLEDDU SWAPNA	B.Sc.MPCs.	II	B. Swapna
71.	CHAVALI SONI	B.Sc.MPCs.	II	Ch. Soni
72.	CHILUMURU VANAJA	B.Sc.MPCs.	II	Ch. Vanaja.
73.	DASARI SANDHYA	B.Sc.MPCs.	II	D. Sandhya
74.	DHARANIKOTA SAI SANGEETHA	B.Sc.MPCs.	II	D. Sangeetha
75.	DOPPALAPUDI AMULYA	B.Sc.MPCs.	II	D. Amulya.
76.	DUNDI BHARGAVI	B.Sc.MPCs.	II	D. Bhargavi
77.	ADDANKI LAKSHMI ANUSHA	B.Sc.CBZ	III	A. Lakshi Anusha
78.	TADIGIRI ESTHER RANI	B.Sc.CBZ	III	T. Esther Rani
79.	AMRUTHAPUDI PREMA KUMARI	B.Sc.CBZ	III	A. Prema Kumari
80.	ANGULURI DHANA LAKSHMI	B.Sc.CBZ	III	A. Dhana Lakshmi
81.	AREMANDA BLESSY SAROJA	B.Sc.CBZ	III	A. Blessy saroja
82.	BALUSUPATI KALYANI BHARGAVI	B.Sc.CBZ	III	B. Kalyani Bhargavi
83.	BETHALA VARSHINI	B.Sc.CBZ	III	B. Varshini
84.	BONIGALA HAVEELA PRAISY	B.Sc.CBZ	III	B. Haveela Praisy
85.	BUDATI JYOTHI	B.Sc.CBZ	III	B. Jyothi
86.	CHUNDURU CHARITHA	B.Sc.CBZ	III	C. charitha
87.	EEVURI MAMATHA	B.Sc.CBZ	III	E. mamatha
88.	GADDE RAMYA	B.Sc.CBZ	III	G. Ramya
89.	GERA SANTHI	B.Sc.CBZ	III	G. Santhi
90.	GOTTIMUKKALA MANJU	B.Sc.CBZ	III	G. manju
91.	GUDISE SNEHA LATHA	B.Sc.CBZ	III	G. Sneha Latha
92.	GUDURU PADMASREE VASAVI	B.Sc.CBZ	III	G. Padmasree Vasavi
93.	GUNTI VAJRABHISHEKA KUMARI	B.Sc.CBZ	III	G. Kumari
94.	IPPE PRASANNA	B.Sc.CBZ	III	. prasanna



95.	JETTY SANDHYA	B.Sc.CBZ	II	J. Sandhaya
96.	KARI SAHITHI	B.Sc.CBZ	II	K. Sanithi
97.	KOLLIPARA PRASANNA KUMARI	B.Sc.CBZ	II	K. PRASANNA Kumari
98.	KOTE SPANDANA	B.Sc.CBZ	II	K. Spandana
99.	KOTHAPALLI SONY	B.Sc.CBZ	II	K. Sony
100.	KUNCHAKARRA MANASA	B.Sc.CBZ	II	K. Manasa
101.	KUNCHALA PRASANNA KUMARI	B.Sc.CBZ	II	K. Prasanna Kumari
102.	MALLAMPALLI HARICHANDANA	B.Sc.CBZ	II	M. Hari Chandhana
103.	MESA CINDRELLA SANHITHA	B.Sc.CBZ	II	M. Sanhitha
104.	MONICA MARANDI	B.Sc.CBZ	II	M. marandi
105.	MOPARTHI DHANALAKSHMI	B.Sc.CBZ	II	M. dhana lakshmi
106.	NANDA BHUVANESWARI	B.Sc.CBZ	II	N. Bhuvaneshwari
107.	NERETI GURU LAKSHMI	B.Sc.CBZ	II	N. lakshmi
108.	PENUMALA TEJASWI	B.Sc.CBZ	II	N. Tejaswi
109.	POLIPOGU MERCY SNOWPHY	B.Sc.CBZ	II	P. mercy
110.	PULIGADDA NAVEENA	B.Sc.CBZ	II	P. naveena
111.	RAMISETTI HYNDAVI	B.Sc.CBZ	II	R. Hyndavi
112.	SANGEETHA KALYANI	B.Sc.CBZ	II	S. kalyani
113.	SHAIK SALMA	B.Sc.CBZ	II	S. Salma
114.	SUDDAPALLI HEPSI RANI	B.Sc.CBZ	II	S. Heps Rani
115.	SURABHI PARIMALA	B.Sc.CBZ	II	S. parimala
116.	THODETI MAMATHA	B.Sc.CBZ	II	T. mamatha
117.	THODETI SARITHA	B.Sc.CBZ	II	T. saritha
118.	TURUMELLA KIRANMAI	B.Sc.CBZ	II	T. KIRANMAI



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JMJ COLLEGE FOR WOMEN (AUTONOMOUS)
TENALI-522202, GUNTUR DT.A.P.
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Recognized by UGC New Delhi under Section 2(f) & 12 (b)
(An Autonomous College in the Jurisdiction of AcharyaNagarjuna University)
Ph: 08644 22599

Ref: JMJ/CDSE/2019-2020 1009

Date: 10.06.2019

CIRCULAR

2019-2020

This is to inform you that the Counseling Cell of the College offers **Counseling** by **Sr.Hrudaya Mary**, Personal Counselor to the students before and after the college hours i.e., from 9:00 to 9:30am and 4:30 to 5:00 pm.on 12.06.2019 i.e Wednesday at Counseling room.

Students may avail the services of the Counseling Cell during the abovementioned timings.


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J.M.J COLLEGE FORWOMEN (A), TENALI

Report

Name of the Event	: Personal Counseling for Emotional Wellness"
Name of the Resource Person	: Sr. Hrudaya Mary
Date	: 12-06-2019
Venue	: Counseling Room
Students involved	: I, II, III Degree Students.
Number of students involved	: 68

On June 12, 2019, Sr. Hrudaya Mary conducted a personal counseling session focusing on "Emotional Wellness" in the Counseling Room. The session aimed to provide individuals with a safe and supportive space to explore and address emotional concerns affecting their overall well-being. Understanding Emotional Wellness.



Sr.

Hrudaya Mary is discussing the concept of emotional wellness, emphasizing the importance of recognizing and managing emotions effectively to the students.

Participants were assured of confidentiality and encouraged to share their thoughts, feelings, and experiences openly in a non-judgmental environment, fostering trust and rapport. Through active listening and empathetic communication, Sr. Hrudaya Mary helped participants identify and articulate the emotional challenges they were facing, such as stress, anxiety, depression, or relationship issues. The personal counseling session on "Emotional Wellness" facilitated by Sr. Hrudaya Mary offered participants a valuable opportunity to explore their emotions, gain insights into their challenges, and receive guidance and support in coping effectively.



Sr. Hrudaya Mary
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JMJ COLLEGE FOR WOMEN (A): TENALI

Activity: Personal Counselling for Emotional Wellness

Date: 12-06-2019

No.of Students Involved: 68

Attendance Sheet

S.NO.	Name of the Student	Name of the Programme	Year	Signature
1.	DUNDI BHARGAVI	MPCS	III	D. Bhargavi
2.	GALLA MERY STELLA	MPCS	III	G. stella
3.	GUDURU RAMYA	MPCS	III	G. Ramya
4.	HANUMANTHU ANJALI	MPCS	III	H. Anjali
5.	KAKUMANU SANDHYA	MPCS	III	K. Sandhya
6.	KAMINENI TEJA SRI	MPCS	III	K. Tejsri
7.	KANDULA DRAKSHAYANI	MPCS	III	K. Drakshayani
8.	KARUMURI ROSE MARY	MPCS	III	K. Rosemary
9.	KATARI SONIYA GANDHI	MPCS	III	K. soniya gandhi
10.	KATTEPOGU PREETHI	MPCS	III	K. Preethi
11.	ANUMOLU DIVYA	BBA	III	A. Divya
12.	ESURU HEMALATHA	BBA	III	E. Hemalatha
13.	ISTHELA RUCHITHA	BBA	III	I. Ruchitha
14.	MANNAVA SUKANYA	BBA	III	M. Sukanya
15.	SHAIK RIZMI	B.Sc CBZ	II	S. Rizmi
16.	YEDLURI ANUSHA	B.Sc CBZ	II	Y. ANUSHA
17.	BADUGU PRAVALLIKA	B.Sc CBZ	II	B. Pravalika
18.	KOMMU KOTESWARAMMA	B.Sc CBZ	II	K. Koteswaramma
19.	BUSSEY YUKTHA SRIDEVI	B.Sc CBZ	II	B. Yuktha sridevi
20.	YARRAMSETTY MOUNIKA SRI	B.Sc CBZ	II	Y. Mounika Sri
21.	JANGAM VISHNU PRIYA	B.Sc CBZ	II	J. Vishnu priya
22.	DEVATHOTI SRUTHICHANDANA	B.Sc CBZ	II	D. sruthi chandana
23.	MALISSETTI SOWMYA	B.Sc MPC	II	M. Sowmya
24.	MATLAPUDI TEJASWINI	B.Sc MPC	II	M. Tejaswini
25.	MORLA CHITTI PRIYANKA	B.Sc MPC	II	M. chitti priyanka
26.	PALAPARTHI PRIYANKA	B.Sc MPC	II	P. Priyanka
27.	PUJALA VENKATA RAMANA	B.Sc MPC	II	P. Venkata Ramana
28.	RAVURI SUVARNAKUMARI	B.Sc MPC	II	R. Suvarna Kumari




29.	CHILKA HARIKA	B.A	I	C. Harika
30.	THOKA BHANU KAVITHA	MPCS	III	T. Bhanu kavitha
31.	TUMMA USHARANI	MPCS	III	T. Usharani.
32.	NANDAMURI ASHIKA	MPCS	III	N. Ashika
33.	VANAGUNTLA BHULAKSHMI	MPCS	III	V. Bhulakshmi
34.	VEJENDLA RAMYA	MPCS	III	V. Ramya
35.	VISTALLA SUPRIYA	MPCS	III	V. Supriya
36.	CHUKKA RAMYA	B.A	II	C. Ramya
37.	DANABOYENA BHAGYA LAKSHMI	B.A	II	D. Bhagya Lakshmi
38.	DUGGIRALA MAHALAKSHMI	B.A	II	D. Mahalakshmi
39.	EERLA SRILAKSHMI	B.A	II	E. Srilakshmi
40.	KASIVENI MUVVA	B.A	II	K. Muvva
41.	KATHI VANAJA	B.A	II	K. Vanaja
42.	KATTA ALEKHYA	B.A	II	K. Alekhya
43.	MALINI BAI JATOTHU	B.A	II	B. Malini
44.	OGGU NAGAMANI	B.A	II	O. Nagamani
45.	RATNAKUMARI KUCHIPUDI	B.A	II	T. Prathima
46.	TUPILI PRATHIMA	B.A	II	T. Prathima
47.	VERICHARLA ANUPAMA	B.A	II	V. Anupama
48.	YARLAGADDA SINDHUJA	B.A	II	C. Ramya
49.	CHUKKA RAMYA	B.A	III	K. Ramya
50.	KARETI HARI PRIYA	B.A	III	K. Haripriya
51.	MADINETI NARASA KUMARI	B.A	III	M. Narasakumari
52.	NAGISETTY NAGALAKSHMI	B.A	III	N. Nagalakshmi
53.	NARENDRA BHAVANI	B.A	III	N. Bhavani
54.	PIDAPARTHI SIRI	B.A	III	P. Sri
55.	THALLA RASHMITHA	B.A	III	T. Rashmitha
56.	THOTA NAGA LAKSHMI	B.A	III	T. Naga Lakshmi
57.	VASUKULA SUJATHA	B.A	III	V. Sujatha
58.	VEMULA JHANSI	B.A	III	V. Jhansi
59.	YARRAKULA VENNELA	B.A	III	Y. Vennela
60.	ARAMANDLA KAVYA	B.A	III	A. Kavya
61.	CHILKA VENNELA	B.A	III	C. Vennela
62.	DARSI KRISHNAVENI	B.Com	III	D. Krishnaveni
63.	ESTELA PAVITRA	B.Com	III	E. Pavitra
64.	GANJIRA BOYINA DURGA BHAVANI	B.Com	III	G. Durga Bhavani
65.	GARIKAPATI LAKSHMI DURGA	B.Com	III	G. Lakshmi Durga



66.	IRA POOJITHA	B.Com	III	I. Poojitha
67.	JYOTHULA SINDHU PRIYA	B.Com	III	J. Sindhu priya
68.	KAMINENI RESHMA	B.Com	III	K. Reshma



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Recognized by UGC New Delhi under Section 2(f) & 12 (b)

(An Autonomous College in the Jurisdiction of Acharya Nagarjuna University)

Ph: 08644 225994

Ref: JMJ/CDSE/2019-2020/018

Date: 25.06.2019

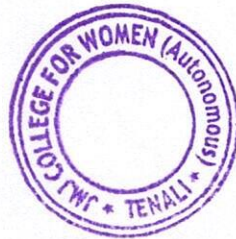
CIRCULAR

2019-2020

This is to inform you that, the department of Home Science is going to organize an **International day against Drug abuse and illicit Trafficking 29.06.2019** at 2.00PM at Dept. of Home Science by Mrs.P.Hemalatha HoD of Home Science

All the Home Science students should attend the workshop without fail.

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**JMJ COLLEGE FOR WOMEN (AUTONOMOUS): TENALI
WOMEN EMPOWERMENT CELL**

Activity: International day against Drug abuse and illicit Trafficking

Date: 29.06.2019

Time: 2.00 to 5.00 P.M

Venue: Dept. of Home Science

Report

The youth of our Nation has a massive responsibility as India's Potential Rests delicately in their hands. Making up one- fifth of the population 15-24 year- olds carry with them India's Future. Illicit drug use among the use presence an impending threat to our nation. With this view an Awareness Programme is planned on the occasion of International Day against Drug abuse and illicit trafficking.

Mrs.P.Hemalatha Convener of Women Empowerment cell explain about the consequences of she said that just as a single football player's attitude and actions can hurt his whole team and cause them he loose the match, the drugs hinders the path of Success in youth. Drugs usage effects the educational attainments ultimately it influences their effectiveness as informed citizens also. In and out of the class room young adults are influenced by the social acceptance of drugs. Usually usage of drug starts with curiosity and peer pressure. Many detailed studies proved this. One major drug addiction study declares that in India Majority of addicts became hooked on drugs, after friends introduced drugs to them. Another 35% expressed that they became addicted after training out drugs for fun and out of curiosity. Mrs. P.Hemalatha also informed about Youth De- addiction centres.

Students Participated in International day against Drug abuse and illicit Trafficking




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JMJ COLLEGE FOR WOMEN (AUTONOMOUS): TENALI

International day against Drug abuse and illicit Trafficking Date: 29.06.2019

S.No	Regd. No	Name of the participant	Program	Signature
1.	J18A31071	Bandikalla Manaswini	II B.Sc H.Sc	B. Manaswini
2.	J18A31072	Beerelli Lavanya	II B.Sc H.Sc	B. Lavanya
3.	J18A31073	Ch.L Krishna Kumari	II B.Sc H.Sc	Ch.L.K. Kuttrossi
4.	J18A31074	Chikkala Meghana	II B.Sc H.Sc	Ch. Meghana
5.	J18A31075	D.Leela Krishna Deepika	II B.Sc H.Sc	D.L.K. Deepika
6.	J18A31076	Devarapalli Samyuktha	II B.Sc H.Sc	D. Samyuktha
7.	J18A31077	Dhanekula Devi Priya	II B.Sc H.Sc	D. Devi Priya
8.	J18A31078	G Gnana Pavithra	II B.Sc H.Sc	G & Pavithra
9.	J18A31079	Kakara Kathryn Kumari	II B.Sc H.Sc	K.K. Kumari
10.	J18A31080	Kondru Vincy	II B.Sc H.Sc	K. Vincy
11.	J18A31081	Meerjumla Karuna Sree	II B.Sc H.Sc	M.K. Sree
12.	J18A31082	Pamidi Naga Sravani	II B.Sc H.Sc	P. Yesurani
13.	J18A31083	Perike Yesu Rani	II B.Sc H.Sc	P. Yesu Rani
14.	J18A31084	Thota Nagalakshmi	II B.Sc H.Sc	T. Nagalakshmi
15.	J18A31085	Vydula Manisha Reddy	II B.Sc H.Sc	V.M. Reddy
16.	J17A31071	B. Bhavya Deepthi	III B.Sc H.Sc	B.B. Deepthi
17.	J17A31072	Bojja Madhuri	III B.Sc H.Sc	B. Madhuri
18.	J17A31073	Bottu Deva Pujitha	III B.Sc H.Sc	B.D. Pujitha
19.	J17A31074	Challa Indraja	III B.Sc H.Sc	Ch. Indraja
20.	J17A31075	Challa Vivitha	III B.Sc H.Sc	Ch. Vivitha
21.	J17A31076	Dhavaleswarapu Akhila	III B.Sc H.Sc	D. Akhila
22.	J17A31077	Jajam Gayathri	III B.Sc H.Sc	J. Gayathri
23.	J17A31078	K. Hari Naga Gowthami	III B.Sc H.Sc	K.H.N. Gowthami
24.	J17A31079	Mukkapati Gayathri	III B.Sc H.Sc	M. Gayathri
25.	J17A31080	Munavath Kavitha Bai	III B.Sc H.Sc	M. Kavitha Bai
26.	J17A31081	Tullimilli Pavani	III B.Sc H.Sc	T. Pavani
27.	J17A31082	Vallam Sireesha	III B.Sc H.Sc	V. Sireesha
28.	J17A31083	Alapati Chandini	III B.Sc H.Sc	A. Chandini
29.	J17A31084	Rachuri Dharani	III B.Sc H.Sc	R. Dharani
30.	J17A31085	Umadi Vaishnavi	III B.Sc H.Sc	U. Vaishnavi
31.	J17A31086	Kuchipudi Nava Roja	III B.Sc H.Sc	K. Nava Roja
32.	J17A31087	Jonnalagadda Susmitha	III B.Sc H.Sc	J. Susmitha
33.	J17A31088	Nalukurthi Akanksha	III B.Sc H.Sc	N. Akanksha

P. Hemalatha.
Head of the Department
Head of the Department of Home Science
J.M.J. College for Women (Autonomous)
TENALI - 522 202 (A.P.)



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JMJ/CDSE/2019-2020/052

Date: 21.08.2019

CIRCULAR

This is to inform you that, The Women Empowerment Cell in collaboration with judiciary is going to conduct Legal awareness with the title “Nyaya Vignana Sadassu” on **24.08.2019**, by 2.00 PM, at Mini Auditorium. Mrs. Geetha, First class magistrate of Tenali Town, Dasari. Sreedhar Precedent of Tenali Bar association & Sri Danial one of the members of bar association will be the chief guests of the programme.

All the Students & Faculty (those who have free hours) should join the programme without fail.


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JMJ COLLEGE FOR WOMEN (AUTONOMOUS): TENALI

Activity: Legal Awareness

Title: Nyaya Vignana Sadassu

Date: 24.08.2019


Time: 2.00 to 5.00 P.M

Venue: Mini Auditorium

Legal literacy is essential as it is the knowledge of law. It is a tool especially vulnerable group to understand to get acquainted with the scope of their rights. Legal awareness is a sort of public legal education to empower their individuals regarding legal issues and to promote consciousness of legal culture with this view Nayaya Vignana sadassu arranged with the collaboration of judiciary. Mrs. Geetha, First class magistrate of Tenali Town was the Delivered an Inspiring message and interacted with the students. She touched several issues like consumer Education- Consumer Act, Vehicle, License, Pollution, property registrations, need of marriage certificate, and importance of birth and death certificate role of parents in control rash driving.

All together she stressed both the rights and responsibilities of citizens. Dasari. Sreedhar Precedent of Tenali Bar association explained about the merits of Indian Contusion, the benefits of reservation for minority. He highlighted the success story of Sindhu- who gained international fame to inspire the students. He also warned the students regarding the usage of facebook. Sri Danial one of the members of Bar association explain about various section including 498 in his lecture he focused about the need and merits of joint family system. He warned the students not to addict to T.V serials which are concentrating on creating negative roles. He also informed about family counseling centers which are working towards maintaining family bonds. He explained few case studies were the children are suffering due to broken families.




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Activity: Legal Awareness

Date: 24.08.2019



Mrs. Geetha, First class magistrate of Tenali Town was the Delivered an Inspiring message



JMJ COLLEGE FOR WOMEN (A); TENALI

NYAYA VIGNANA SADASSU

Date: 24.08.2019

S. No	Regd. No	Name of the Student	Program	Signature
1.	J17A31071	Balagopala Bhavya Deepthi	III BSc. HSc	B. Bhavya Deepthi
2.	J17A31072	Bojja Madhuri	III BSc. HSc	B. Madhuri
3.	J17A31073	Bottu Deva Pujitha	III BSc. HSc	B. Deva Pujitha
4.	J17A31074	Challa Indraja	III BSc. HSc	Ch. Indraja
5.	J17A31075	Challa Vivitha	III BSc. HSc	Ch. Vivitha
6.	J17A31076	Dhavaleswarapu Akhila	III BSc. HSc	D. Akhila
7.	J17A31077	Jajam Gayathri	III BSc. HSc	J. Gayathri
8.	J17A31078	K Hari Naga Gowthami	III BSc. HSc	K. Gowthami
9.	J17A31079	Mukkapati Gayathri	III BSc. HSc	M. Gayathri
10.	J17A31080	Munavath Kavitha Bai	III BSc. HSc	M. Kavitha Bai
11.	J17A31081	Tullimilli Pavani	III BSc. HSc	T. Pavani
12.	J17A31082	Vallam Sireesha	III BSc. HSc	V. Sireesha
13.	J17A31083	Alapati Chandini	III BSc. HSc	A. Chandini
14.	J17A31084	Rachuri Dharani	III BSc. HSc	R. Dharani
15.	J17A31085	Umadi Vaishnavi	III BSc. HSc	U. Vaishnavi
16.	J17A31086	Kuchipudi Nava Roja	III BSc. HSc	K. Nava Roja
17.	J17A31087	Jonnalagadda Susmitha	III BSc. HSc	J. Susmitha
18.	J17A31088	Nalukurthi Akanksha	III BSc. HSc	N. Akanksha
19.	J17A01021	Betham Madhuri	III B.A Spl.Eng	B. Madhuri
20.	J17A01022	Cherukuri Tirumala	III B.A Spl.Eng	Ch. Tirumala
21.	J17A01023	Chintala Shainee Sirisha	III B.A Spl.Eng	Ch. Shainee Sirisha
22.	J17A01024	Gundepogu Priskilla	III B.A Spl.Eng	G. Priskilla
23.	J17A01025	Gunturi Preethi Bharath	III B.A Spl.Eng	G. Preethi Bharathi
24.	J17A01026	Kanaparthi Shiny	III B.A Spl.Eng	K. Shiny
25.	J17A01027	Kokkiligadda Jyothsna	III B.A Spl.Eng	K. Jyothsna
26.	J17A01028	Palaparthi Divya	III B.A Spl.Eng	P. Divya
27.	J17A01029	Pallepogu Sowjanya	III B.A Spl.Eng	P. Sowjanya
28.	J18A01021	Angalaturthi Divya Jyothi	II B.A Spl.Eng	A. Divya Jyothi
29.	J18A01022	Athalya Bolimera	II B.A Spl.Eng	A. Bolimera
30.	J18A01023	Dhidla Punnamma	II B.A Spl.Eng	D. Punnamma
31.	J18A01024	Gade Naga Thulasi	II B.A Spl.Eng	G. Naga Thulasi
32.	J18A01025	Goneguntla Sravani	II B.A Spl.Eng	G. Sravani
33.	J18A01026	Kodamala Ramanamma	II B.A Spl.Eng	K. Ramanamma
34.	J18A01027	Kommerla Amrutha	II B.A Spl.Eng	K. Amrutha
35.	J18A01028	Kothapalli Akhila	II B.A Spl.Eng	K. Akhila
36.	J18A01029	Lingala Prabhavathi	II B.A Spl.Eng	L. Prabhavathi
37.	J18A01030	Manda Krupavathi	II B.A Spl.Eng	M. Krupavathi
38.	J18A01031	Marpu Chandi Janeetha	II B.A Spl.Eng	M. Chandi Janeetha
39.	J18A01032	Marpu Rani	II B.A Spl.Eng	M. Rani
40.	J18A01033	Marpu Soni	II B.A Spl.Eng	M. Soni
41.	J18A01034	Palaparthi Divya	II B.A Spl.Eng	P. Divya
42.	J18A01035	Potlapandari Ramya	II B.A Spl.Eng	P. RAMYA



43.	J18A01036	Pudota Vijaya Bhanu	II B.A Spl.Eng	P. Vijaya Bhanu
44.	J18A01037	Vadugu Ruchitha	II B.A Spl.Eng	V. Ruchitha
45.	J18A01038	Vangala Divya	II B.A Spl.Eng	V. Divya
46.	J18A01039	V.Bhargavi Sai Chandrika	II B.A Spl.Eng	V.B. saichandrika
47.	J18A01040	Pilli Deepika	II B.A Spl.Eng	P. Deepika
48.	J18A01041	Cheedarla Spurthi	II B.A Spl.Eng	C. spurthi
49.	J19A01031	Bala Amulya Vemula	I B.A Spl.Eng	B. Amulya Vemula
50.	J19A01032	Boyapati Sai Taruni	I B.A Spl.Eng	B. Sai Taruni
51.	J19A01033	Devathoti Princy	I B.A Spl.Eng	D. princy
52.	J19A01034	Gorrepati Sirisha	I B.A Spl.Eng	G. Sirisha
53.	J19A01035	Junapudi Pranyusha	I B.A Spl.Eng	J. pranyusha
54.	J19A01036	Kota Sravani	I B.A Spl.Eng	K. Sravani
55.	J19A01037	Kuraganti Sravani	I B.A Spl.Eng	K. Sravani
56.	J19A01038	Nelaturi Keerthana	I B.A Spl.Eng	N. Keerthana
57.	J19A01039	Seelam Vennela	I B.A Spl.Eng	S. Vennela
58.	J19A01040	Shaik Asmathunnisa	I B.A Spl.Eng	S. Asmathunnisa
59.	J19A01041	Temparla HariPriya	I B.A Spl.Eng	T. HariPriya
60.	J19A01042	Thanusha Kathi	I B.A Spl.Eng	T. Kathi
61.	J19A01043	T. Swarna Kumari	I B.A Spl.Eng	T. swarna Kumari
62.	J19A01044	Vadapalli Pavithra	I B.A Spl.Eng	V. Pavithra
63.	J19A01045	Yadala Mary Jyoshna	I B.A Spl.Eng	Y. Mary Jyoshna
64.	J19A01046	Yarlagadda Katyayani	I B.A Spl.Eng	Y. Katyayani
65.	J19A31103	B.Pavani	I BSc. HSc	B. pavani
66.	J19A31107	K.Sravanthi	I BSc. HSc	K. Sravanthi
67.	J19A31117	J.Mercy	I BSc. HSc	J. Mercy
68.	J19A31119	Ch.Sumanasri	I BSc. HSc	ch. Sumanasri
69.	J19A31111	Y.Niharika	I BSc. HSc	Y. Niharika
70.	J18A31071	Bandikalla Manaswini	II BSc. HSc.	B. Manaswini
71.	J18A31072	Beerelli Lavanya	II BSc. HSc.	B. Lavanya
72.	J18A31073	Ch L Krishna Kumari	II BSc. HSc.	ch. Krishna Kumari
73.	J18A31074	Chikkala Meghana	II BSc. HSc.	ch. Meghana
74.	J18A31075	D Leela Krishna Deepika	II BSc. HSc.	D. Leela Krishna Deepika
75.	J18A31076	Devarapalli Samyuktha	II BSc. HSc.	D. Samyuktha
76.	J18A31077	Dhanekula Devi Priya	II BSc. HSc.	D. Devi Priya
77.	J18A31078	Guntupalli Gnana Pavithra	II BSc. HSc.	G. Gnana pavithra
78.	J18A31079	Kakara Kathryn Kumari	II BSc. HSc.	K. Kathryn Kumari
79.	J18A31080	Kondru Vincy	II BSc. HSc.	K. Vincy
80.	J18A31081	Meerjumla Karuna Sree	II BSc. HSc.	M. Karunasree
81.	J18A31082	Pamidi Naga Sravani	II BSc. HSc.	P. Naga sravani
82.	J18A31083	Perike Yesu Rani	II BSc. HSc.	P. Yesu Rani
83.	J18A31084	Thota Nagalakshmi	II BSc. HSc.	T. Nagalakshmi
84.	J18A31085	Vydula Manisha Reddy	II BSc. HSc.	V. Manisha Reddy

P. Hemalatha
Head of the Department
Head of the Department of Home Science
J.M.J. College for Women (Autonomous)
TENALI - 522 202 (A.P.)



S. S. S. Principal
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TENALI-522202, GUNTUR DT.A.P.
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(An Autonomous College in the Jurisdiction of AcharyaNagarjuna University)
Ph: 08644 22599

Ref: JMJ/CDSE/2019-2020 1049

Date: 19.08.2019

CIRCULAR

2019-2020

This is to inform you that the Department of Physical Education is going to conduct a programme on “**The Power of Fitness**” for sports students on after the college hours i.e., from 4:30 to 6:00 pm. on ~~25~~ 19.08.2019 i.e Saturday, at College ground.

Students should attend the programme without fail.


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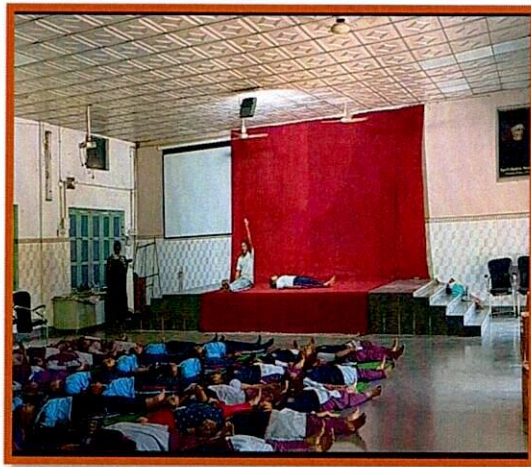
J.M.J COLLEGE FORWOMEN (A) TENALI

Report

Name of the Event : The Power of Fitness
Name of the Resource Person : Mr.D. Rajender Physical Director
Date : 25.08.2019
Venue : College ground
Students involved : Sports Students.

On August 25, 2019, Mr. Rajender, the esteemed Physical Director, Guntur delivered an inspiring session on "The Power of Fitness" at the JMJ College Ground. The event aimed to highlight the importance of fitness in achieving overall well-being and leading a healthy lifestyle. Mr. Rajender emphasized the crucial role of physical fitness in maintaining good health, improving longevity, and enhancing quality of life. He discussed the numerous benefits of regular exercise, including weight management, stress reduction, and prevention of chronic diseases such as diabetes and heart disease. Attendees were introduced to a variety of fitness activities and exercises suitable for individuals of all ages and fitness levels, including aerobics, strength training, and yoga.

Mr. Rajender shared motivational tips and strategies to help participants stay committed to their fitness goals and overcome common barriers such as lack of time and motivation.



Students are actively engaging in fitness exercises as part of The Power of Fitness program



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JMJ COLLEGE FOR WOMEN (A): TENALI

Activity: The Power of Fitness

Date: 25.08.2019

No.of Students Involved: 52

Attendance Sheet

S.NO.	Name of the Student	Name of the Programme	Year	Signature
1.	Gade Naga Thulasi	B.A. Spl.Telugu	I	G. Thulasi
2.	Goneguntla Sravani	B.A. Spl.English	I	G. sravani
3.	Kodamala Ramanamma	B.A. Spl.English	I	K. Ramanamma
4.	Kommerla Amrutha	B.A. Spl.English	I	K. Amrutha
5.	Kothapalli Akhila	B.A. Spl.English	I	K. Akhila
6.	Lingala Prabhavathi	B.A. Spl.English	I	L. prabhavathi
7.	Manda Krupavathi	B.A. Spl.English	I	M. Krupavathi
8.	Marpu Chandi Janeetha	B.A. Spl.English	I	M. chandi Janeetha
9.	Marpu Rani	B.A. Spl.English	I	M. Rani
10.	Marpu Soni	B.A. spl.Economics	I	M. soni
11.	Mangamuri Sasirekha	B.Com. (General)	I	M. sasirekha
12.	Pokuri Mercy	B.Com. (General)	I	p. Mercy
13.	Ramavath Saraswathi Bai	B.Com. (General)	I	R. Saraswathi
14.	S. Chinna Mariyamma	B.Com. (General)	I	s. Mariyamma
15.	Talakala Bhanu	B.Com. (General)	I	T. Bhanu
16.	Addepalli Nikhitha Sai	B.Com. (General)	I	A - Nikhitha sai
17.	Akyam Sravana Sandya	B.Com. (General)	I	A - sandya
18.	Amere Pravallika	B.Com. (General)	I	A. pravallika
19.	Battu Naga Lakshmi	B.Com. (General)	I	B. Naga lakshmi
20.	Bejjam Kalpana	B.Com. (General)	I	B. kalpana
21.	Bethala Nikhila	B.Com. Comp	I	B. Nikhila
22.	Bhaspangu Shalini	B.Com. Comp	I	B. shalini
23.	Bodapati Gowthami	B.Com. Comp	I	B. Gowthami
24.	Borugadda Lavanya	B.Com. Comp	I	B. Lavanya
25.	Ch Sireesha	B.Com. Comp	I	ch. sireesha
26.	TADIBOINA NAGAJYOTHI	B.Sc.MPC	II	T. Nagayothi
27.	THUMATI VINEELA	B.Sc.MPC		Vineela



28.	ADDEPALLI SRUTHI	B.Sc.MPCs.	II	A. SRUTHI
29.	ATHOTA MOUNIKA	B.Sc.MPCs.	II	A. MOUNIKA
30.	BADUGU MOUNIKA	B.Sc.MPCs.	II	B. MOUNIKA
31.	PAMULA ANUSHA	B.Sc.MPCs.	II	P. ANUSHA
32.	KUMMARI RATNA KUMARI	B.Sc.MPCs.	II	K. KUMARI
33.	BOJJA HARITHA	B.Sc.MPCs.	II	B. HARITHA
34.	BOLISSETTI MARY SRAVANI	B.Sc.MPCs.	II	B. SRAVANI
35.	BOLLEDDU SWAPNA	B.Sc.MPCs.	II	B. SWAPNA
36.	CHAVALI SONI	B.Sc.MPCs.	II	C. SONI
37.	CHILUMURU VANAJA	B.Sc.MPCs.	II	C.H. VANAJA
38.	DASARI SANDHYA	B.Sc.MPCs.	II	D. SANDHYA
39.	DHARANIKOTA SAI SANGEETHA	B.Sc.MPCs.	II	D. SANGEETHA
40.	DOPPALAPUDI AMULYA	B.Sc.MPCs.	II	D. AMULYA
41.	RAJUPALEM GLORY	BA	III	P. GLORY
42.	SHAIK SHAHELA BANU	BA	III	S. Shahela Banu
43.	GUNAKALA LATHA	B.Com.General	III	G. Latha
44.	GUNAKALA LAVANYA	B.Com.General	III	G. Lavanya
45.	JOGI SRAVANI	B.Com.General	III	Jogi. Sravani
46.	KOLATI ESTHERU RANI	B.Com.General	III	K. Esthera rani
47.	KOSANA NAGA DIVYA	B.Com.General	III	K. Naga divya
48.	KROSURU NAGA MOUNIKA	B.Com.General	III	K. Naga mounika
49.	MAMILLAPALLI LAKSHMITULASI	B.Com.General	III	M. Lakshmi Tulasi
50.	MATHANGI PRIYANKA	B.Com.General	III	M. Priyanka
51.	NANDIPATI MOUNIKA	B.Com.General	III	N. Mounika
52.	NANDURI RATNA PRIYA	B.Com.General	III	N. Ratna priya



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Recognized by UGC New Delhi under Section 2(f) & 12 (b)

(An Autonomous College in the Jurisdiction of Acharya Nagarjuna University)

Ph: 08644 225994

Ref: JMJ/TF/2019-2020/050

Date: 27.11.2019

CIRCULAR

2019-2020

This is to inform you that, the Women Empowerment Cell is going to organize 15 days **Self Defence Training Programme** for all the Degree students from 01.12.2019 to 15.12.2019.

All the Degree Students should attend the programme and avail the opportunity without fail.

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JMJ COLLEGE FOR WOMEN (AUTONOMOUS), TENALI

Affiliated to Acharaya Nagarjuna University

Morrispet (P.O), Tenali - 522202. Guntur Dt., Andhra Pradesh

College Email: jmjtenali@gmail.com

website: jmjcollege.ac.in

Phone no: 08644 - 227994

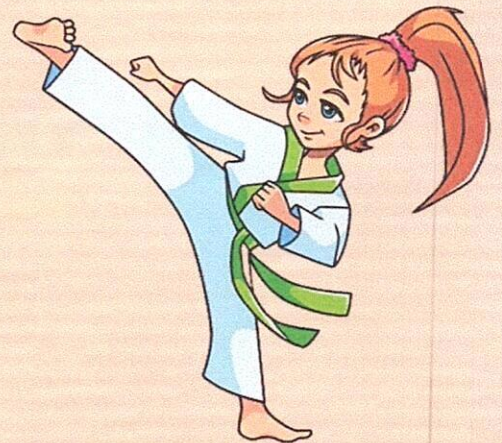
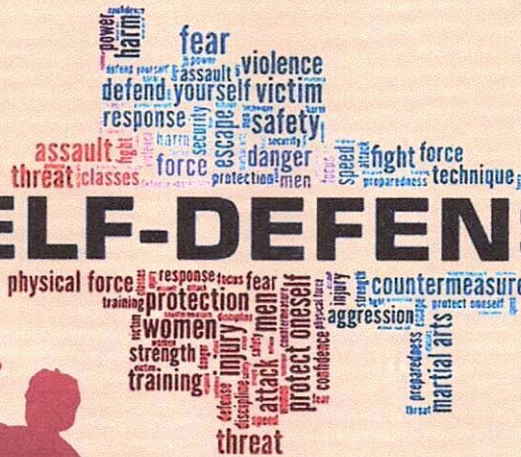


Self Defence Training Programme

Date: 01/12/2019

Time: 04:30 P.M

SELF-DEFENSE



Resource Person : Mr. J. Raja Rao, Martial arts.

Venue: JMJ COLLEGE FOR WOMEN, TENALI.

Organized by: Womens Empowerment Cell.



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JMJ COLLEGE FOR WOMEN (AUTONOMOUS): TENALI
Self Defence Training Programme

Date: 01.12.2019 to 15.12.2019

Time: 4.30 to 5.30 P.M

Venue: Mini Auditorium

Activity: Training Programme

Women are victims of Violence in various dimensions in the society. Many factors inhibit women from reporting these victimizations both to the family members and police. Due to social stigmas and useless loss people are not willing to report. So to protect themselves women need to learn self-defence.

Life is a gift and it is also unpredictable. Now a day's youth need to prepare themselves to face unexpected situations and life's challenges in various circumstances like at home, work place etc.

Self-defence helps to develop several human capabilities like self-esteem, overcoming fear, awareness/ alertness and respective self.

Out of this view Women Empowerment cell conducted 15 days Self Defence training Programme all the students in the Mini Auditorium from 4.30 to 5.30 P.M. from 01.12.2019 to 15.12.2019.

Students practicing Self Defence Techniques



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JMJ COLLEGE FOR WOMEN (AUTONOMOUS): TENALI
Self Defence Training Programme

On
01.12.2019 to 15.12.2019

S.No	Regd. No	Name of the participant	Program	Signature
1.	J19A01031	Bala Amulya Vemula	I B.A Spl Eng	
2.	J19A01032	Boyapati Sai Taruni	I B.A Spl Eng	B.S. Taruni
3.	J19A01033	Devathoti Princy	I B.A Spl Eng	D. Princy
4.	J19A01034	Gorrepati Sirisha	I B.A Spl Eng	G. Sirisha
5.	J19A01035	Junapudi Pranyusha	I B.A Spl Eng	J. Pranyusha
6.	J19A01036	Kota Sravani	I B.A Spl Eng	K. Sravani
7.	J19A01037	Kuraganti Sravani	I B.A Spl Eng	K. Sravani
8.	J19A01038	Nelaturi Keerthana	I B.A Spl Eng	N. Keerthana
9.	J19A01039	Seelam Vennela	I B.A Spl Eng	S. Vennela
10.	J18A31077	Dhanekula Devi Priya	II BSc HSc	D. Devi Priya
11.	J18A31078	Guntupalli Gnana Pavithra	II BSc HSc	G.G. Pavithra
12.	J18A31079	Kakara Kathryn Kumari	II BSc HSc	K. Kathryn Kumari
13.	J18A31080	Kondru Vincy	II BSc HSc	K. Vincy
14.	J18A31081	Meerjumla Karuna Sree	II BSc HSc	M. Karuna Sree
15.	J18A31082	Pamidi Naga Sravani	II BSc HSc	P. Naga Sravani
16.	J18A31083	Perike Yesu Rani	II BSc HSc	P. Yesu Rani
17.	J18A31084	Thota Nagalakshmi	II BSc HSc	T. Nagalakshmi
18.	J18A31085	Vydula Manisha Reddy	II BSc HSc	V. Manisha Reddy
19.	J17A31071	Balagopala Bhavya Deepthi	III BSc HSc	B. B. Deepthi
20.	J17A31072	Bojja Madhuri	III BSc HSc	B. Madhuri
21.	J17A31073	Bottu Deva Pujitha	III BSc HSc	B. Deva Pujitha
22.	J17A31074	Challa Indrajya	III BSc HSc	Ch. Indrajya
23.	J17A31075	Challa Vivitha	III BSc HSc	Ch. Vivitha
24.	J17A31076	Dhavaleswarapu Akhila	III BSc HSc	D. Akhila
25.	J17A31077	Jajam Gayathri	III BSc HSc	J. Gayathri
26.	J17A31078	K Hari Naga Gowthami	III BSc HSc	K. Hari Naga Gowthami
27.	J17A31079	Mukkapati Gayathri	III BSc HSc	M. Gayathri
28.	J17A31080	Munavath Kavitha Bai	III BSc HSc	M. Kavitha Bai
29.	J17A31081	Tullimilli Pavani	III BSc HSc	T. Pavani
30.	J17A31082	Vallam Sireesha	III BSc HSc	V. Sireesha
31.	J17A31083	Alapati Chandini	III BSc HSc	A. Chandini
32.	J17A31084	Rachuri Dharani	III BSc HSc	R. Dharani
33.	J17A31085	Umadi Vaishnavi	III BSc HSc	U. Vaishnavi
34.	J17A31086	Kuchipudi Nava Roja	III BSc HSc	K. Nava Roja
35.	J17A31087	Jonnalagadda Susmitha	III BSc HSc	J. Susmitha
36.	J17A31088	Nalukurthi Akanksha	III BSc HSc	N. Akanksha

P. Hemalatha
Head of the Department
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Ref: JMJ/CDSE/ 2019-2020 1076


Date: 02.01.2020

CIRCULAR

2019-2020

This is to inform you that the NSS Committee is going to conduct “**Blood Donation Camp**” in collaboration with Government Hospital, Tenali on ~~02~~ 01.2020 from 2:30 to 5:30 pm at Mini Auditorium.

All the Students should attend without fail.


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Report

Name of the Event : Successful Blood Donation Camp
Name of the Resource Person : Dr.Srinivasa Rao,
Blood Bank in charge, Govt. Hospital ,Tenali
Date : 02.01.2020
Venue : Mini Auditorium
Students involved : NSS Volunteers.

JMJ College NSS committee organised blood donation camp in collaboration with government hospital, Tenali on 2nd January 2020. Dr. Srinivas Rao Garu, Blood Bank in charge and team members is participated in this program. 80 NSS Volunteers are participated and 10 volunteers are blood donated. The primary objective of organizing the blood donation camp was to contribute to the noble cause of saving lives by ensuring an adequate blood supply for patients in need. The collaboration between the NSS Committee and the Government Hospital aimed to facilitate a seamless process for blood donation and promote awareness about the importance of voluntary blood donation in the community.



Students are participating in the blood donation camp by donating blood and Paper clipping

Arrangement of registration desks, medical examination areas, and blood donation beds. Conducting brief health assessments to ensure donors' eligibility for blood donation. Offering refreshments and post-donation care to donors.

Arum Sujatha
Convener



S. Sri
Principal
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JMJC COLLEGE FOR WOMEN (A): TENALI

Activity: Successful Blood Donation Camp

Date: 02.01.2020

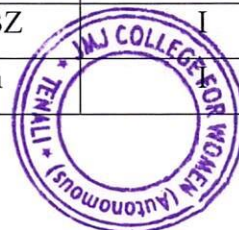
Students Involved: 67

Attendance Sheet

S.NO.	Name of the Student	Name of the Programme	Year	Signature
1.	PERABATHINA THAMMI RANI	B.A	III	P. Rani
2.	RUDRU NAGALAKSHMI	B.A	III	R. Nagalakshmi
3.	BETHAM MADHURI	B.A	III	B. madhuri
4.	GUNTURI PREETHI BHARATH	B.A	III	G. Bharathi
5.	YADAVARAPU DIVYASRI	B.A	I	Y. Divya Sri
6.	JALADI GREESHMA	B.Sc CBZ	III	J. Greeshma
7.	JYOTHULA PRIYANKA	B.Sc CBZ	III	J. Priyanka
8.	KADAPA GNANI PRASANNA	B.Sc CBZ	III	K. prasanna
9.	KALVA SAI DIVYA	B.Sc CBZ	III	K. Sai Divya
10.	SANDEPAMU MOUNIKA	B.A	II	S. Mounika
11.	KANAPARTHI SHINY	B.A	III	K. Shiny
12.	KOKKILIGADDA JYOTHSNA	B.A	III	Jyotsna
13.	PALAPARTHI DIVYA	B.A	III	Nandini Divya
14.	MOOLE NANDINI	B.Com	III	Nandini
15.	CHALAPATI BLESSEY EVANGELIN	B.Com	III	Evangelin.
16.	KOMMERLA AMRUTHA	B.A	II	Amrutha. K
17.	GADE NAGA THULASI	B.A	II	G. Thulasi
18.	YEDLURI SWATHI	B.A	III	Swathi. Y
19.	PATHAKAMURI RAMYA	B.A	III	Ramya. P
20.	POKURI SUPRIYA	B.A	III	P. Supriya
21.	POLISSETTY SIREESHA	B.A	III	P. Sireesha
22.	SHAIK BAJI MUNNI	B.A		S. munnii



23.	VANKAYALAPATI SAILAJA	B.A	III	V. Sailaja.
24.	GONEGUNTLA SRAVANI	B.A	II	G. Sravani.
25.	MARPU CHANDI JANEETHA	B.A	II	M. Janeetha
26.	MARPU SONI	B.A	II	M. Soni.
27.	PULI VELUGU	B.Com	II	P. Velugu
28.	RAVURI MANEESHA	B.Com	II	R. Maneesha
29.	ALLADI POOJA	B.A	I	A. Pooja.
30.	DEVATHOTI PRINCY	B.A	I	D. Princy.
31.	GORREPATI SIRISHA	B.A	I	G. Sirisha.
32.	JUNAPUDI PRANYUSHA	B.A	I	J. Pranyusha
33.	ALLADI POOJA	B.A	I	A. Pooja.
34.	ANUMULA CHINNI	B.A	I	A. Chinni
35.	SHAIK SALMA	B.Sc CBZ	II	S. Salma.
36.	SUDDAPALLI HEPSE RANI	B.Sc CBZ	II	S. Hepsa
37.	SURABHI PARIMALA	B.Sc CBZ	II	S. Parimala
38.	THODETI MAMATHA	B.Sc CBZ	II	T. Mamatha
39.	VADDIMUKKALA SANJANA	B.Com	I	V. Sanjana
40.	PILLI SHINY	B.Sc CBZ	I	P. Shiny
41.	RAMAVATH PRABHAVATHIBAI	B.Sc CBZ	I	R. Prabhavathi
42.	SAVALA AMARESWARI	B.Sc CBZ	I	S. Amareswari
43.	TALATOTI SINDHU	B.Sc CBZ	I	T. Sindhu
44.	TELLAGORLA VENKATA RAJESWARI	B.Sc CBZ	I	T. Rajeswari
45.	THANIKONDA SRAVANTHI	B.Sc CBZ	I	T. Sravanthi
46.	TURAKA PARIMALADEEVENA	B.Sc CBZ	I	T. Parimaladevena
47.	VANKUDOTH AISHWARYA BAI	B.Sc CBZ	I	V. Aishwarya
48.	VARIKUTI VENKATA LAKSHMI	B.Sc CBZ	I	V. Venkatesh
49.	VARRE HELEENA	B.Sc CBZ	I	V. Heleena
50.	VUYYURU MANASWINI	B.Sc CBZ	I	V. Manaswini
51.	VUYYURU SRILAKSHMI	B.Sc CBZ	I	V. Sri Lakshmi
52.	YALAVARTHI VENKATA HARISHA	B.Sc CBZ	I	Y. Harisha
53.	PILLI SHINY	B.Sc CBZ	I	P. Shiny
54.	P EKSHITHA	B.Com		P. Ekshitha.





**JMJ COLLEGE FOR WOMEN(AUTONOMOUS),
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Recognized by UGC New Delhi under Section 2(f) & 12 (b)

(An Autonomous College in the Jurisdiction of Acharya Nagarjuna University)

Ph: 08644 225994

Ref: JMJ/CDSE/2019-2020/086


Date: 16.02.2020

CIRCULAR

2019-2020

This is to inform you that, the Department of Computer Science in collaboration with Commerce is going to conduct a Guest Lecture on “**Intellectual Property Rights**” for all III Degree & PG students on 19.02.2020 at 02:00 P.M by Mr. G. Raghu Ram, CEO of Law Abode LPO, Guntur.

All the students should attend the programme without fail.


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J.M.J COLLEGE FORWOMEN (A) TENALI
Guest Lecture on “Intellectual Property Rights”

Report

Venue : Seminar Hall
Date : 19.02.2020
Time : 02.00 P.M
No. of Participants : 70

Department of Computer Science and Commerce conducted a Guest Lecture on “Intellectual Property Rights” for all III Degree & PG students on 19.02.2020 at 02:00 P.M by Mr. G. Raghu Ram, CEO of Law Abode LPO, Guntur.



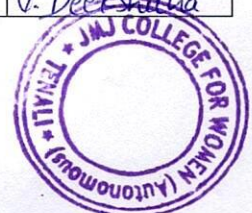
Mr. G. Raghu Ram, giving his valuable insights on “Intellectual Property Rights”



J.M.J.COLLEGE FOR WOMEN (AUTONOMOUS): TENALI

Intellectual Property Rights on 19.02.2020

S. No	Regd. No	Name of the Student	Program	Signature
1.	J17A31104	Puli Annapuranamma	III BSc. MPC(T)	P. Annapuranamma
2.	J17A31121	Addepalli Sruthi	III BSc. MPCs	A. Sruthi
3.	J17A31122	Athota Mounika	III BSc. MPCs	A. MOUNIKA
4.	J17A31124	Pamula Anusha	III BSc. MPCs	P. Anusha
5.	J17A31125	Kummari Ratna Kumari	III BSc. MPCs	K. Ratna Kumari
6.	J17A31127	Bolisetti Mary Sravani	III BSc. MPCs	B. Mary Sravani
7.	J17A31128	Bolleddu Swapna	III BSc. MPCs	B. Swapna
8.	J17A31129	Chavali Soni	III BSc. MPCs	ch. soni
9.	J17A31132	Dharanikota Sai Sangeetha	III BSc. MPCs	DS. sangeetha
10.	J17A31133	Doppalapudi Amulya	III BSc. MPCs	D. Amulya
11.	J17A31134	Dundi Bhargavi	III BSc. MPCs	D. Bhargavi
12.	J17A31135	Galla Mery Stella	III BSc. MPCs	Gi. Mery Stella
13.	J17A31137	Hanumanthu Anjali	III BSc. MPCs	H. Anjali
14.	J17A31140	Kandula Drakshayani	III BSc. MPCs	K. Drakshayani
15.	J17A31141	Karumuri Rose Mary	III BSc. MPCs	K. Rose Mary
16.	J17A31142	Katari Soniya Gandhi	III BSc. MPCs	K. Soniya Gandhi
17.	J17A31143	Kattepogu Preethi	III BSc. MPCs	K. Preethi
18.	J17A31145	Kayala Siva Lakshmi	III BSc. MPCs	K. Siva Lakshmi
19.	J17A31147	Kolatapu Kavya	III BSc. MPCs	K. Kavya
20.	J17A31149	Kunchakara Sobharani	III BSc. MPCs	K. sobharani
21.	J17A31151	Medida Priyanka	III BSc. MPCs	M. Priyanka
22.	J17A31154	Myla Venkata Lakshmi	III BSc. MPCs	M. venkata lakshmi
23.	J17A31155	Nadava Sowmya	III BSc. MPCs	N. Sowmya
24.	J17A31156	Nalukurthi Pravallika	III BSc. MPCs	N. Pravallika
25.	J17A31157	Narra Maduri Damayanthi	III BSc. MPCs	N.M. Damayanthi
26.	J17A31159	Parre Rajeswari	III BSc. MPCs	P. Rajeswari
27.	J17A31161	P Naga Venkata Siva Jyothi	III BSc. MPCs	P. N. V. S Jyothi
28.	J17A31162	Pilli Mounika	III BSc. MPCs	P. Mounika
29.	J17A31163	Rachagiri Nagamani	III BSc. MPCs	R. nagamani
30.	J17A31167	Satharajupalli Chandana	III BSc. MPCs	S. Chandana
31.	J17A31168	Shaik Asa Parveen	III BSc. MPCs	SK. Asa Parveen
32.	J17A31169	Shek Apsiya	III BSc. MPCs	S. Apsiya
33.	J17A31170	Sikha Priyanka	III BSc. MPCs	S. Priyanka
34.	J17A31171	Sirivella Siva Bhargavi	III BSc. MPCs	S.S. Bhargavi
35.	J17A31174	Thodeti Roja	III BSc. MPCs	T. Roja
36.	J17A31177	Nandamuri Ashika	III BSc. MPCs	N. Ashika
37.	J17A31178	Vanaguntla Bhulakshmi	III BSc. MPCs	V. Bhulakshmi
38.	J17A31179	Vejendla Ramya	III BSc. MPCs	V. Ramya
39.	J17A31180	Vistalla Supriya	III BSc. MPCs	v. supriya
40.	J17A31181	Viswanadhapalli Leela Sravani	III BSc. MPCs	V. Leela Sravani
41.	J17A31182	Vusa Deekshitha	III BSc. MPCs	V. Deekshitha



42.	J17A31191	A V Sai Lakshmi Niharika	III BSc. MSCs	A.V.S.L Niharika
43.	J17A31192	A Venkata Krishnaveni	III BSc. MSCs	A.V. Krishnaveni
44.	J17A31193	Amarthaluri Manasa Deepthi	III BSc. MSCs	A. Manasa Deepthi
45.	J17A31196	Billa Lakshmi Parvathi	III BSc. MSCs	B. Lakshmi Parvathi
46.	J17A31197	Buradagunta Mahima Kumari	III BSc. MSCs	B. Mahima Kumari
47.	J17A31198	Burri Triveni	III BSc. MSCs	B. Triveni
48.	J17A31199	Busi Venkata Naga Lakshmi	III BSc. MSCs	B. V. Naga Lakshmi
49.	J17A31200	Danaboina Radhika	III BSc. MSCs	D. Radhika
50.	J17A31201	Dasari Nandini	III BSc. MSCs	D. Nandini
51.	J17A31202	Jyeshtha Devakumari	III BSc. MSCs	J. Devakumari
52.	J17A31203	Kaja Sunitha	III BSc. MSCs	K. Sunitha
53.	J17A31206	Kopela Kalyani	III BSc. MSCs	K. Kalyani
54.	J17A31207	Kuchipudi Pravallika	III BSc. MSCs	K. Pravallika
55.	J17A31208	Kutakulla Vennela	III BSc. MSCs	K. Vennela
56.	J17A31209	Merugupala Preethi	III BSc. MSCs	M. Preethi
57.	J17A31211	Mopidei Anusha	III BSc. MSCs	M. Anusha
58.	J17A31212	Morapakula Aarthi	III BSc. MSCs	M. Aarthi
59.	J17A31213	Mukkala Naveena Mani Mala	III BSc. MSCs	M.N. Mani Mala
60.	J17A31214	Munipalli Ramya Sri	III BSc. MSCs	M. Ramya Sri
61.	J17A31217	Pasumarthi Koteswari	III BSc. MSCs	P. Koteswari
62.	J17A31218	Polipogu Mery Smily	III BSc. MSCs	P. Mery Smily
63.	J17A31219	Prathi Mary Anusha	III BSc. MSCs	P. Prathi Mary Anusha
64.	J17A31220	Pulivarti Rupavati	III BSc. MSCs	P. Rupavati
65.	J17A31221	Ravuri Vasundhara	III BSc. MSCs	R. Vasundhara
66.	J17A31225	Talluri Sushma Priya	III BSc. MSCs	T. Sushma Priya
67.	J17A31229	Urmila Reddy Karnati	III BSc. MSCs	U. Urmila Reddy
68.	J17A31230	Yeluri Sowjanya	III BSc. MSCs	Y. Sowjanya
69.	J17A31232	Kurra Durga Bhavani Bhargavi	III BSc. MSCs	K. Durga Bhavani Bhargavi
70.	J17A31234	Bathula Dharani	III BSc. MSCs	B. Dharani

M. Asha Prasadani
Head of the Department



S. S. J.
Principal
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Ph: 08644 225994

Ref: JMJ/CDSE/2019-2020/003

Date: 05.03.2020

CIRCULAR

2019-2020

This is to inform you that, the Department of Computer Science is going to conduct a Guest Lecture on “**Quality Enhancement in Higher Education**” by Mr. P.Y. Kumar, Lecturer in Computer Science, Abhyudaya Degree College, Guntur, on 08.03.2020 at 3.30 PM in IQAC room.

All the students should attend the programme without fail.


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J.M.J COLLEGE FORWOMEN (A) TENALI

Guest Lecture on “Quality Enhancement in Higher Education”

Report

Venue : IQAC Room
Date : 08.03.2020
Time : 3.30 P.M
No. of Participants : 35

Department of Computer Science conducted Guest Lecture on 08.03.2020 at 3.30 PM on “Quality Enhancement in Higher Education” by Mr. P.Y. Kumar, Lecturer in Computer Science, Abhyudaya Degree College, Guntur.



Mr. P.Y. Kumar, explaining how quality education helps to succeed in life.



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Quality Enhancement in Heigher Education on 08.03.2020

S. No	Regd. No	Name of the Student	Program	Signature
1.	J17A31174	Thodeti Roja	III BSc. MPCs	T. Roja
2.	J17A31177	Nandamuri Ashika	III BSc. MPCs	N. Ashika
3.	J17A31178	Vanaguntla Bhulakshmi	III BSc. MPCs	V. Bhulakshmi
4.	J17A31179	Vejendla Ramya	III BSc. MPCs	V. Ramya
5.	J17A31180	Vistalla Supriya	III BSc. MPCs	V. Supriya
6.	J17A31181	V.Leela Sravani	III BSc. MPCs	V. Leela Sravani
7.	J17A31182	Vusa Deekshitha	III BSc. MPCs	V. Deekshitha
8.	J17A31191	A V Sai Lakshmi Niharika	III BSc. MSCs	A.V.S. Lakshmi Niharika
9.	J17A31192	A Venkata Krishnaveni	III BSc. MSCs	A. Venkata Krishnaveni
10.	J17A31193	Amarthaluri Manasa Deepthi	III BSc. MSCs	A.M. Deepthi
11.	J17A31196	Billa Lakshmi Parvathi	III BSc. MSCs	B.L. Parvathi
12.	J17A31197	Buradagunta Mahima Kumari	III BSc. MSCs	B.M. Kumari
13.	J17A31198	Burri Triveni	III BSc. MSCs	B. Triveni
14.	J17A31199	Busi Venkata Naga Lakshmi	III BSc. MSCs	B.V.N. Lakshmi
15.	J17A31200	Danaboina Radhika	III BSc. MSCs	D. Radhika
16.	J17A31201	Dasari Nandini	III BSc. MSCs	D. Nandini
17.	J17A31202	Jyeshtha Devakumari	III BSc. MSCs	J. Devakumari
18.	J17A31203	Kaja Sunitha	III BSc. MSCs	K. Sunitha
19.	J17A31206	Kopela Kalyani	III BSc. MSCs	K. Kalyani
20.	J17A31207	Kuchipudi Pravallika	III BSc. MSCs	K. Pravallika
21.	J17A31208	Kutakulla Vennela	III BSc. MSCs	K. Vennela
22.	J17A31209	Merugupala Preethi	III BSc. MSCs	M. Preethi
23.	J17A31211	Mopidei Anusha	III BSc. MSCs	M. Anusha
24.	J17A31212	Morapakula Aarthi	III BSc. MSCs	M. Aarthi
25.	J17A21007	Chalapati Blessey Evangelin	III B.Com Comp	Ch. B. Evangelin
26.	J17A21008	Chowturi Swathi	III B.Com Comp	Ch. Swathi
27.	J17A21009	Danaboina Aparna	III B.Com Comp	D. Aparna
28.	J17A21010	D Venkateswaramma	III B.Com Comp	D. Venkateswaramma
29.	J17A21011	Grandhe Mounika	III B.Com Comp	G. Mounika
30.	J17A21012	Jadala Supriya	III B.Com Comp	J. Supriya
31.	J17A21013	Jakkampudi Sai Durga	III B.Com Comp	J. Sai Durga
32.	J17A21014	Kanagala Jaya Sri	III B.Com Comp	K. Jaya Sri
33.	J17A21015	Kanuganti Venkataratnam	III B.Com Comp	K. Venkataratnam
34.	J17A21016	Kavuri Pavani	III B.Com Comp	K. Pavani
35.	J17A21017	Kesamsetti Nandini	III B.Com Comp	K. Nandini

M. Asha Priyadarsi
Head of the Department



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5.1.3
Life Skills
2018-2019

5.1.3

**Circulars, Brochures, Reports and Students
Attendance sheets for programs conducted
during the AY 2018-19**



JMJ COLLEGE FOR WOMEN (AUTONOMOUS)

TENALI-522202, GUNTUR DT.A.P.

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Recognized by UGC New Delhi under Section 2(f) & 12 (b)

(An Autonomous College in the Jurisdiction of Acharya Nagarjuna University)

Ph: 08644 225994

Ref: JMJ/CDSE/ 2018-2019/01

Date: 30-06-2018

CIRCULAR

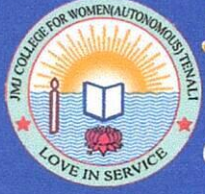
2018-2019

This is to inform you that the Yoga instructor Ms. Swarna Kumari give the class “**Benefits of Yoga Meditation for Students**” to the Degree students after the college hours i.e., from 4:30 to 5:30 pm at Mini Auditorium, on 02.07.2018. ie Monday.

All the students should attend the programme without fail.



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JMJ COLLEGE FOR WOMEN (AUTONOMOUS), TENALI

Affiliated to Acharya Nagarjuna University

Morrispet (P.O), Tenali - 522202, Guntur Dt., Andhra Pradesh

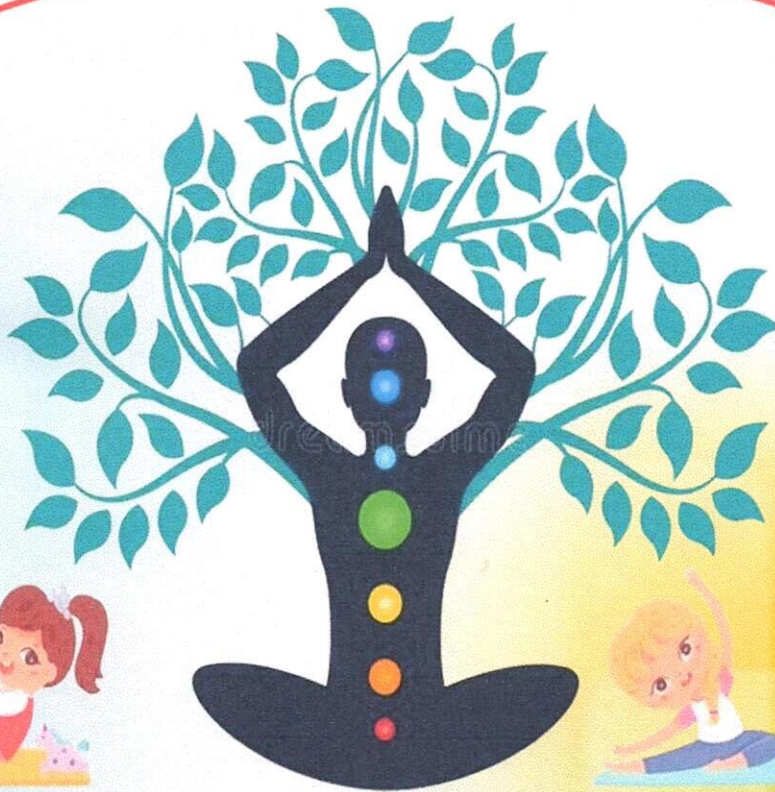
College Email: jmjtenali@gmail.com

website: jmjcollege.ac.in

Phone no: 08644 - 227994



Benefits of YOGA Meditation for Students




Date: 02/07/2018 Time: 04:30 P.M Resource Person : Ms. Swarna Kumari, Yoga Instructor, Tenali.

Venue: JMJ COLLEGE FOR WOMEN, TENALI.

Organized by: NSS Committee.




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Report

Name of the Event : Benefits of Yoga Meditation for Students
Name of the Resource Person : Ms.G.Swarna Kumari, Yoga Instructor,Tenali
Date : 02.07.2018
Venue : Mini Auditorium
Students involved : I Degree Students.

On July 2, 2018, Ms. G. Swarna Kumari, a seasoned Yoga Instructor, delivered an enlightening session on the "Benefits of Yoga Meditation for Students" at the Mini Auditorium. The session aimed to educate students about the profound impact of yoga meditation on their physical, mental, and academic well-being. Ms. Swarna Kumari discussed how regular practice of yoga meditation can help students manage stress effectively, leading to improved concentration, clarity of mind, and emotional balance. Enhancing Academic Performance: She highlighted the correlation between yoga meditation and academic success, emphasizing how increased focus, memory retention, and cognitive function contribute to better learning outcomes.



Students are participating in the Benefits of Yoga Meditation Program are actively engaged in practicing various yoga asanas



The session explored how yoga meditation fosters emotional resilience, equipping students with coping mechanisms to navigate academic pressures, peer relationships, and personal challenges. Participants were informed about the physical benefits of yoga meditation, including improved posture, flexibility, strength, and overall fitness, which are essential for maintaining a healthy lifestyle. Ms. Swarna Kumari demonstrated simple yet effective yoga meditation techniques tailored to suit the busy schedules and specific needs of students, encouraging regular practice for optimal results.




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Activity: Benefits of Yoga Meditation for Students

Date: 02.07.2018

No. of Students Involved: 122 (I Degree Students)

Attendance Sheet

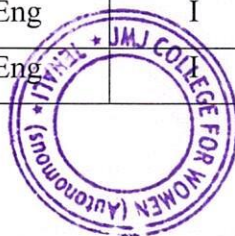
S.NO	Name of the Student	Name of the Programme	Year	Signature
1	M.SONI	BA Spl Eng	I	M. Soni
2	P.DIVYA	BA Spl Eng	I	P Divya
3	P.RAMYA	BA Spl Eng	I	P. Ramya
4	V.RUCHITHA	BA Spl Eng	I	V. Ruchitha
5	V.DIVYA	BA Spl Eng	I	V. Divya
6	P.DEEPIKA	BA Spl Eng	I	P. Deepika
7	CH.YAMINI	B.Com Gen	I	Ch. Yamini
8	G.PADMASRI	B.Com Gen	I	G. padmasri
9	K.NEELIMA	B.Com Gen	I	K. Neelima
10	M.SASIREKHA	B.Com Gen	I	M. sasirekha
11	T.BHANU	B.Com Gen	I	T. Bhanu
12	CH.SRITHULASI	Bcom(Comp)	I	Ch. Srithulasi
13	CH.TRIVENI	Bcom(Comp)	I	Ch. Triveni
14	D.SOWJANYA	Bcom(Comp)	I	D. Sowjanya
15	P.JAYA SRI	Bcom(Comp)	I	P. Jaya Sri
16	D.DHARANI	Bcom(Comp)	I	D. Dharani
17	D.DEVI	Bcom(Comp)	I	D. Devi
18	G.MOUNICA RANI	Bcom(Comp)	I	D. Devi
19	P.HEPSIBA	Bcom(Comp)	I	P. Hepsiba
20	K.TRIVENI	Bcom(Comp)	I	K. Triveni
21	K.JYOSTHNA SREE	Bcom(Comp)	I	K. Jyosthna Sree
22	K.SANTHI	Bcom(Comp)	I	K. Santhi
23	K.SOWMYA	Bcom(Comp)	I	K. Sowmya
24	K.AASHA JYOTHI	Bcom(Comp)	I	K. Asha Jyothi



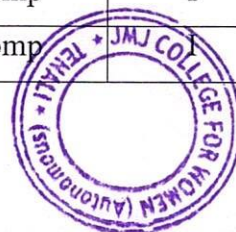
25	K.KEERTHANA	Bcom(Comp)	I	K. Keerthana
26	K.THEJASWI	.Bcom(Comp)	I	K. Thejaswi
27	L.VENKATESWARAMMA	Bcom(Comp)	I	L. Venkateswaramma
28	M.AASHA	Bcom(Comp)	I	M. Aasha
29	M.PAVANI	Bcom(Comp)	I	M. Pavani
30	M.RAMYA	Bcom(Comp)	I	M. Ramya
31	V.NAGALAKSHMI	Bcom(Comp)	I	V. Naga Lakshmi
32	N.SANTHI	Bcom(Comp)	I	N. Santhi
33	N.POORNIMA	Bcom(Comp)	I	N. Poornima
34	P.DEEVENA JYOTHI	Bcom(Comp)	I	P. Deevana Jyothi
35	P.GOWTHAMI CHANDANA	Bcom(Comp)	I	P. Gowthami Chandana
36	P.BANDAVI	Bcom(Comp)	I	P. Bandavi
37	P.VELUGU	Bcom(Comp)	I	P. Velugu
38	R.MANEESHA	Bcom(Comp)	I	R. maneeshha
39	R.RATHNAKUMARI	Bcom(Comp)	I	R. Rathnakumari
40	SK.MARIM BEE	.Bcom(Comp)	I	SK. Marim Bee
41	T.JYOTHISRI	Bcom(Comp)	I	T. Jyothisri
42	Y.SSUMALATHA	Bcom(Comp)	I	Y. Sumalatha
43	G.KOTAMA	Bcom(Comp)	I	G. Kotama
44	P.SAI BHAVANA	Bcom(Comp)	I	P. Sai Bhavana
45	CH.CHARITHA	CBZ Eng	I	Ch. Charitha
46	E.MAMATHA	CBZ Eng	I	E. Mamatha
47	G.SANTHI	CBZ Eng	I	G. Santhi
48	G.MANJU	CBZ Eng	I	G. Manju
49	G.SNEHA LATHA	CBZ Eng	I	G. Sneha latha
50	G.PADMASREE VASAVI	CBZ Eng	I	G. Padmasree vasavi
51	G.VAJRABHISHIKA KUMARI	CBZ Eng	I	G. vajrabhishika Kumari
52	I.PRASANNA	CBZ Eng	I	I. Prasanna
53	K.SAHITHI	CBZ Eng	I	K. Sahithi
54	K.PRASANNA KUMARI	CBZ Eng	I	K. prasanna kumar
55	K.SPANDANA	CBZ Eng	I	K. Spandana



56	K.SONY	CBZ Eng	I	K.Sony
57	K.MANASA	CBZ Eng	I	K.Manasa
58	K.PRASANNA KUMARI	CBZ Eng	I	K.Prasanna Kumari
59	M.SANHITHA	CBZ Eng	I	M.Santhitha
60	M.MONICA	CBZ Eng	I	M.Monica
61	N.GURU LAKSHMI	CBZ Eng	I	N.Guru Lakshmi
62	P.NAVEENA	CBZ Eng	I	P.Naveena
63	R.HYNDAVI	CBZ Eng	I	R.Hyndavi
64	SHAIK SALMA	CBZ Eng	I	Sk.Salma
65	S.HEPSI RANI	CBZ Eng	I	S.Hepsi Rani
66	V.PAVANI	CBZ Eng	I	V.Pavani
67	V.DIVYA TEJASWINI	CBZ Eng	I	V.Divya Tejaswini
68	V. BINDUPAVANI	.CBZ Eng	I	V.Bindupavani
69	V.ANJALI	.CBZ Eng	I	V.Anjali
70	K.CHARISHMA	.CBZ Eng	I	k.Charishma
71	T.SINDHUJA	.CBZ Eng	I	T.Sindhujha
72	K.AMULYA GOSPEL	CBZ Eng	I	K.Amulya Gospel
73	SHAIK RIZMI	CBZ Eng	I	Sk.Rizmi
74	B.PRAVALLIKA	CBZ Eng	I	B.pravallika
75	K.KOTESWARAMMA	.CBZ Eng	I	K.Koteswaramma
76	B.YUKTHA DRIDEVI	.CBZ Eng	I	B.Yuktha Dridevi
77	Y.MOUNIKA SRI	.CBZ Eng	I	Y.Mounika Sri
78	J.VISHNU PRIYA	.CBZ Eng	I	J.vishnu Priya
79	D.SRUTHICHENDANA	.CBZ Eng	I	D.Sruthichendana
80	M.ASHA JYOTHI	.CBZ Eng	I	M.Asha Jyothi
81	K.SANDHYA RANI	MPC Eng	I	k.Sandhya Rani
82	F.LEVENCY ANTONYAMMA	MPC Eng	I	F.Levency Antonyamma
83	M. SOWMYA	MPC Eng	I	M.Sowmya
84	M.CHITTI PRIYANKA	MPC Eng	I	M.chitti priyanka
85	P.PRIYANKA	MPC Eng	I	P.Priyanka
86	P.VENKATA RAMANA	MPC Eng	I	P.venkata Ramana
87	V.SRIKAVYA	MPC Eng	I	V.Srikavya




88	A.NAGA LAKSHMI	MP Comp	I	A. Naga lakshmi
89	B.HARINI	MP Comp	I	B. Harini
90	CH.SUNITHA	MP Comp	I	Ch. Sunitha
91	CH.MALLESWARI	MP Comp	I	Ch. Malleswari
92	D.SOWMYA	MP Comp	I	D. Sowmya
93	E.MANJUSHA	MP Comp	I	Manjusha. E
94	G.VIJAYA KUMARI	MP Comp	I	G. vijaya Kumari
94	G.KEERTHI PRIYA	MP Comp	I	G. keerthi priya
95	G.RAMYA	MP Comp	I	G. Ramya
96	J.MANASA	MP Comp	I	J. Manasa
97	J. REVATHI	MP Comp	I	J. Revathi
98	K.BHAVYA SRI	MP Comp	I	K. Bhavya Sri
99	K.SRI VASANTHI	MP Comp	I	K. Sri Vasanthi
100	K.CHINNARI	MP Comp	I	K. chinmari
101	K.BHARGAVI	MP Comp	I	k. Bhargavi
102	K.SRAVANI	MP Comp	I	K. Sravani
103	M.KOMALI	MP Comp	I	M. Komali
104	M.SIRISHA	MP Comp	I	M. Sirisha
105	M.VIJAYA	MP Comp	I	M. vijaya
106	M.VIJAYADURGA	MP Comp	I	M. vijayadurga
107	M.RAMYA NAGALAKSHMI	MP Comp	I	M. Ramya Nagalakshmi
108	M.VANISRI	MP Comp	I	M. vani Sri
109	M.NAVYA SRI BHAVANI	MP Comp	I	M. Navya Bhavi
110	N.HANA	MP Comp	I	N. Hana
111	P.KALPANA	MP Comp	I	P. kalpana
112	P.BHARGAVI	MP Comp	I	P. Bhargavi
113	J.LAVANYA	MP Comp	I	J. lavanya
114	S.S. R. LAKSHMI PRAVALLIKA	MP Comp	I	S.S.R. Lakshmi Pravallika
115	SHAIK ASHABHI	MP Comp	I	Sk. Ashabhi
116	SHAIK ASMA	MP Comp	I	Sk. Asma
117	S.ANJALI	MP Comp		S. Anjali



118	S.JAYAMMA	MP Comp	I	S. Jayamma
119	S.NANDINI	MP Comp	I	S. Nandini
120	V.KEERTHI	MP Comp	I	v- Keerthi
121	V.GEETHANJALI	MP Comp	I	V. Geethanjali
122	V.MOUNIKA	MP Comp	I	V. Mounika




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Ph: 08644 225994

Ref: JMJ/CDSE/2018-2019/020

Date: 16.08.2018

CIRCULAR

2018-2019

This is to inform you that the Department of Physical Education is going to conduct a class on “**The Imperative of Physical Fitness**” by Mr. E.Ravinder for sports students after the college hours 4:30 to 6:00 pm. on 18.08.2018 i.e Saturday.

All students should attend the program without fail.




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Report

Name of the Event : The Imperative of Physical Fitness
Name of the Resource Person : Mr. Ravinder. E, NIS Coach
Date : 18.08.2018
Venue : College ground
Students involved : Sports Students.

On August 18, 2018, Mr. Ravinder. E, an esteemed NIS Coach, delivered a compelling presentation on "The Imperative of Physical Fitness." The session aimed to underscore the critical importance of maintaining physical fitness for overall health and well-being. Mr. Ravinder emphasized the numerous health benefits associated with physical fitness, including reduced risk of chronic diseases such as obesity, diabetes, and heart disease, as well as improved cardiovascular health and longevity.

He highlighted the positive impact of physical fitness on mental well-being, including stress reduction, improved mood, enhanced cognitive function, and better sleep quality.


Participants were informed about how physical fitness contributes to enhanced athletic performance, agility, strength, and endurance, making it essential for athletes and individuals engaged in sports and recreational activities.

Mr. Ravinder discussed the importance of adopting a balanced and active lifestyle that includes regular exercise, proper nutrition, adequate rest, and stress management techniques for achieving and maintaining physical fitness.



Mr. Ravinder emphasized the numerous health benefits associated with physical fitness,




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Activity: The Imperative of Physical Fitness

Date: 18.08.2018

No.of Students Involved: 75

Attendance Sheet

S.NO.	Name of the Student	Name of the Programme	Year	Signature
1.	D. SRILAKSHMI	B.Com	III	D. Sri Lakshmi
2.	G. LATHA	B.Com	III	G. Latha
3.	G. LAVANYA	B.Com	III	G. Lavanya
4.	A. PAVANI	B.Com	III	A. Pavani
5.	B. VIDHYA SRI	B.Sc CBZ	III	B. Vidhya Sri
6.	G. KRUPARANI	B.Sc CBZ	III	G. Krupa Rani
7.	M. MANEESHA RANI	BSc. Statistics	II	M. Maneesha Rani
8.	M. SASIREKHA	B.Com	I	Sasirekha
9.	G. HELEENA	B.Sc CBZ	III	G. Heleena
10.	A. PRAVALLIKA	B.Com	I	A. Pravallika
11.	SK RIZMI	B.Sc CBZ	I	Sk. Rizmi
12.	K. VINCY	Home Science	I	K. Vincy
13.	J. SANDHYA RANI	B.Sc, CBZ	III	J. Sandhya Rani
14.	A. BLESSY SAROJA	B.Sc, CBZ	I	A. Blessy Saroja
15.	A. MANJUSHA	BSc MPC	II	A. Manjusha
16.	S. RESHMA	Home Science	II	S. Reshma
17.	Y. DEEPIKA	B.A	III	Y. Deepika
18.	SK. UMME SALMA	B.Sc CBZ	III	Sk. Umme Salma
19.	N. MANEESHA	B.Sc CBZ	III	N. maneesha
20.	N. GOWTHAMI KRISHNA	B.Sc CBZ	III	N. Gowthami Krishna
21.	S. PARIMALA	B.Sc CBZ	I	S. parimala
22.	N. PRAVALLIKA	B.Sc MPCs	II	N. Pravallika
23.	V. SRIKAVYA	B.Sc MPCs	I	V. Sri kavya



24.	T. SUPRIYA	BSc MPC Eng	III	T. SUPRIYA
25.	K. AMRUTHA	B.A	I	K-AMRUTHA
26.	G. SRAVANI	B.A	I	G. SRAVANI
27.	Y. SWATHI	B.A	II	Y. SWATHI
28.	SHAIK ASMA	BSc(MPCs)	I	SK. ASMA
29.	V.SAILAJA	B.A	II	V. SAILAJA
30.	P. RAMYA	B.A	II	P. RAMYA
31.	J. LAVANYA	BSc(MPCs)	I	J. LAVANYA
32.	G.PREETHI BHARATH	B.A	II	G. BHARATH
33.	K.SHINY	B.A	II	K. SHINY
34.	B. MADHURI	B.A	II	B. MADHURI
35.	S. NANDINI	BSc(MPCs)	I	S. NANDINI
36.	M. SWAPNA	BSc(MPCs)	I	M. SWAPNA
37.	NANDIPATI MOUNIKA	B.Com	III	N. MOONIKA
38.	M. SONI	B.A	I	M. SONI
39.	CH. THANUSHA	BSc MPC Eng	I	CH. THANUSHA
40.	D. NANDINI	B.Sc MSCs	II	D. NANDINI
41.	V. KEJIYA	B.Sc CBZ	II	V. KEJIYA
42.	J. SUPRIYA	B.Com	II	J. SUPRIYA
43.	P. THAMMI RANI	B.A	II	P. THAMMI RANI
44.	CH.BLESSEY EVANGELIN	B.Com	II	CH. BLESSEY EVANGELIN
45.	K. ELOHITHA	B.Sc CBZ	II	K. ELOHITHA
46.	CH. MANASWINI	B.Sc MSCs	I	CH. MANASWINI
47.	N. ASHIKA	B.Sc MSCs	II	N. ASHIKA
48.	K. ARUNA	B.Sc MSCs	II	K. ARUNA
49.	SHAIK MUBEENA	B.Sc MSCs	II	SHAIK MUBEENA
50.	SHAIK ASA PARVEEN	B.Sc. MPCs	II	S. ASA PARVEEN
51.	M. PRAVALLIKA	B.A	III	M. PRAVALLIKA
52.	D. KALYANI	B.Sc MSCs	III	D. KALYANI



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Ph: 08644 225994

Ref: JMJ/CDSE/ 2018-2019/04

Date: 30-09-2018


CIRCULAR

2018-19

This is to inform you that there was a life skill program on “**Awareness on Blood Donation**” programme, by **Sr. Alice**, St. Joseph Hospital, Guntur on 03-10-2018 i.e Tuesday from 4:30 to 5:30 pm at MBA Block.

All the NSS Volunteers attend without fail.




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JMJ COLLEGE FOR WOMEN (AUTONOMOUS), TENALI

Affiliated to Acharaya Nagarjuna University

Morrispet (P.O), Tenali - 522202, Guntur Dt., Andhra Pradesh

College Email: jmjtenali@gmail.com

website: jmjcollege.ac.in

Phone no: 08644 - 227994



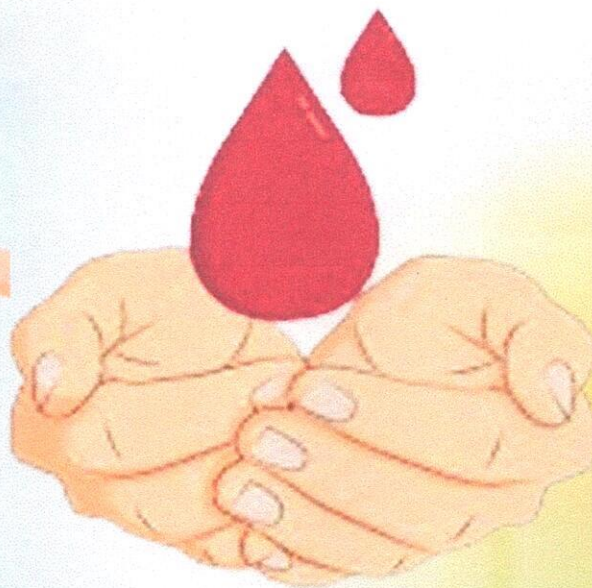
Awareness on Blood Donation

Date: 03/10/2018

Time: 04:30 P.M



**BLOOD
DONATION
SAVE LIFE**



Resource Person : Sr. Alice, St. Joseph Hospital, Guntur.

Venue: JMJ COLLEGE FOR WOMEN, TENALI.

Organized by: NSS Committee.



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Report

Name of the Event : Awareness programme on Blood Donation
Name of the Resource Person : Dr. Sr. Alice, St. Joseph's Hospital, Guntur
Date : 03.10.2018
Venue : MBA Block
Students involved : NSS Volunteers.

An awareness programme on blood donation was organized by Dr. Sr. Alice, St. Joseph's Hospital, Guntur at JMJ College, Tenali on 3rd October 2018. The event aimed to educate the community about the importance of voluntary blood donation and to encourage individuals to participate in this life-saving act.



Donate blood. It's a small act of kindness with a big impact.

Dr. Sr. Alice delivered a comprehensive presentation highlighting the significance of blood donation, the donation process, and its impact on saving lives. The awareness programme on blood donation organized by Dr. Sr. Alice proved to be successful in disseminating crucial information and motivating individuals to contribute to this noble cause.




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JMJ COLLEGE FOR WOMEN (A): TENALI

Activity: Awareness programme on Blood Donation

Date: 03.10.2018

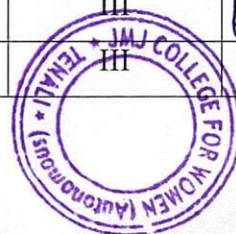
No. of Students Involved: 75

Attendance Sheet

S.NO.	Name of the Student	Name of the Programme	Year	Signature
1.	P.RAMYA	B.A	II	P. Ramya
2.	V.SAILAJA	B.A	II	V. Sailaja
3.	V.SRI KAVYA	B.Sc	II	V. Sailaja
4.	B. MADHURI	B.A	II	B. Madhuri
5.	G. PREETHI BHARATH	B.A	II	G. Preethi
6.	K. SHINY	B.A	II	K. Shiny
7.	Y.SWATHI	B.A	II	Y. Swathi
8.	D. PUNNAMMA	B.A	I	D. Punnamma
9.	G. SRAVANI	B.A	I	G. Sravani
10.	K.AMRUTHA	B.A	I	K. Amrutha
11.	M. NANDINI	B.Sc	II	M. Nandini
12.	Y. YASASWINI	B.Com	I	Y. Yasaswini
13.	M. SUKANYA	BBA	II	M. Sukanya
14.	T.LAVANYA	BSc. MSCs	II	T. Lavanya
15.	M. AARTHI	BSc. MSCs	II	T. Arathi
16.	K. ARUNA	BSc. MSCs	II	K. Aruna
17.	SHAIK ASA PARVEEN	B.Sc. MPCs	II	shaike Asa Parveen
18.	R. SHINY	B.Com	III	R. Shiny
19.	M. CHANDI JANEETHA	B.A	I	M. chandi Janeetha
20.	M. RANI	B.A	I	M. Rani
21.	Y. DEEPIKA	B.Sc MPCs	III	y. Deepika
22.	B. DIVYA	B.Com	III	B. Divya
23.	CH. HIMA BINDU	B.Com	III	CH. Hima Bindu
24.	D. PREETHI	B.Com		D. preethi



25.	M. BEAULA	B.Sc CBZ	III	M. Beaula
26.	G. ANUSHA	B.Sc CBZ	III	G. Anusha
27.	B. NIKHILA	B.Com	I	B. Nikhila
28.	B. SHALINI	B.Com	I	B. Shalini
29.	B. VIDHYA SRI	BSc CBZ	III	B. Vidhya Sri
30.	V. DIVYA	B.A	I	V. Divya
31.	N. MANEESHA	BSc CBZ	III	N. maneesha
32.	V. KAVYA	BSc CBZ	III	V. Kanya
33.	P. SONY	BSc CBZ	II	P. Sony
34.	SIDDI HARITHA	MSCs	II	Siddi Haritha
35.	K. VINCY	B.Sc(Home Science)	II	K. vincy
36.	J. DIVYA	B.Com	I	J. Divya
37.	M. SWAPNA	BSc MPCs	I	M. Swapna
38.	S. VIDEESHA	BSc MPCs	I	S. videesha
39.	K. SONY	BSc CBZ	I	K. Sony
40.	CH. NANDINI	B.Com	III	Ch. Nandini
41.	K. PRASANNA KUMARI	BSc CBZ	I	K. P. Kumari
42.	P. RUKMINI	B.Com	II	P. Rukmini
43.	Y. ANUSHA	B.A	III	Y. Anusha
44.	M. MONICA	BSc CBZ	I	M. Monica
45.	D. VENKATESWARAMMA	B.Com	II	D. Venkateswaramma
46.	P. GOUTHAMI	B.A	III	P. Gouthami
47.	K. JYOTSNA SREE	B.Com	I	K. Jyotsna Sree
48.	A. PREMA KUMARI	BSc CBZ	I	A. Prema Kumari
49.	A. DHANA LAKSHMI	BSc CBZ	I	A. Dhana Lakshmi
50.	P. PAVANI KUMARI	B.Com	I	P. Pavani
51.	P. VELUGU	B.Com	I	P. Velugu
52.	M. SONI	B.A	I	M. Soni
53.	M. HARICHANDANA	BSc CBZ	I	M. Harichandana
54.	K. NAGADIVYA	B.Sc MPC	III	K. Nagadivya
55.	K.MOUNIKA	B.Sc MPC	III	K. Mounika
56.	V. ARUNA	B.Sc MPCs	III	V. Aruna



57.	B. SINDHU	B.Sc CBZ	II	B. Sindhu
58.	S. SWAPNA	B.Sc CBZ	III	S. Swapna
59.	MUKARA RAMA	B.Com	I	Mukara Rama
60.	BURLA BALA MARY	BBA	II	Burla Bala Mary
61.	B. SWAPNA	BSc MPCs	II	B. Swapna
62.	POTLA JESSIKA	B.Sc H.Sc	III	Potla Jessika
63.	G. MERY STELLA	BSc MPCs	II	G. mery stella
64.	N. ASHIKA	BSc MPCs	II	N. Ashika
65.	V. SUPRIYA	BSc MPCs	II	V. Supriya
66.	V. DIVYA	B.A	I	V. Divya
67.	M. PREETHI	B.Sc Statistics	II	M. Preethi
68.	K.SONIYA GANDHI	BSc MPCs	II	K. Soniya Gandhi
69.	R. MADHURI	BSc MPC	III	R. Madhuri
70.	M. KRUPAVATHI	B.Com	I	M. Krupavathi
71.	P. SWATHI	B.Com	III	P. Swathi
72.	V. DEEKSHITHA	BSc MPCs	II	V. Deekshitha
73.	M. SUPRIYA	BSc MPCs	III	M. Supriya
74.	A. TULASI	BSc MSCs	I	A. Tulasi
75.	K. MANASA	BSc CBZ	I	K. Manasa



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Ph: 08644 225994

Ref: JMJ/CDSE/2018-2019/029

Date: 01-12-2018

CIRCULAR

2018-2019

This is to inform you that the Department of English is going to organize a Guest Lecture on “**Awareness Programme on Gender Sensitization**” by **Dr. Shakeela Noorbasha**, Acharya Nagarjuna University, Nambur, for all the final degree students on 05-12-2018 at 10:30 am in the MBA Seminar hall.

All the III Degree students should attend the programme without fail.



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Report

“Awareness Programme on Gender Sensitization.”

On December 5, 2018, the Department of English at JMJ College for Women (Autonomous), Tenali, organized a guest lecture on **“Awareness Programme on Gender Sensitization.”** The event took place in the MBA Seminar Hall at 10:00 AM and was aimed at all III degree students. Dr. Shakeela Noorbasha from Acharya Nagarjuna University, Nambur, was the distinguished speaker for the session.

Dr. Shakeela Noorbasha delivered a compelling lecture on the importance of gender sensitization, focusing on the need to recognize and address gender biases and stereotypes in society. She highlighted the significance of understanding gender equality and promoting respect and empathy towards all genders.

The lecture covered various aspects of gender sensitization, including the impact of gender roles in personal and professional life, the importance of challenging discriminatory practices, and the role of education in fostering a gender-sensitive environment. Dr. Noorbasha provided real-life examples and case studies to illustrate the consequences of gender bias and the benefits of gender equality.

The session was highly interactive, with students engaging in discussions and asking questions about gender-related issues. Dr. Noorbasha encouraged students to reflect on their own perceptions and behaviors and to become advocates for gender equality in their communities.

The event concluded with a vote of thanks, expressing gratitude to Dr. Shakeela Noorbasha for her insightful and thought-provoking lecture. The students left with a deeper understanding of gender issues and a commitment to promoting gender sensitization in their daily lives



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Awareness Programme on Gender Sensitization on 05.12.2018

S. No	Regd. No	Name of the Student	Program	Signature
1.	J16A01001	B V S Adi Narayanamma	III BA Spl Tlg	B.V.S. Anayamma
2.	J16A01002	Garika Likhitha	III BA Spl Tlg	G. Likhitha
3.	J16A01003	Kommuri Kavitha	III BA Spl Tlg	K. Kavitha
4.	J16A01004	Pagolu Naga Priyanka	III BA Spl Tlg	P. Nagapriyanka
5.	J16A01005	Patra Manjari	III BA Spl Tlg	P. Manjari
6.	J16A01021	Aradhyula Tejaswi Prakhya	III BA Spl Eng	A. Tejaswi prakhya
7.	J16A01022	Badugu Manasa	III BA Spl Eng	B. Manasa
8.	J16A01023	Bandaru Navya	III BA Spl Eng	B. Navya
9.	J16A01024	Chilakabathini Amala	III BA Spl Eng	Ch. Amala
10.	J16A01025	Ketavarapu Jhansi	III BA Spl Eng	K. Jhansi
11.	J16A01026	Kotte Mounika	III BA Spl Eng	K. Mounika
12.	J16A01027	Madasu Shulamithi	III BA Spl Eng	M. Shulamithi
13.	J16A01028	Perikala Gouthami	III BA Spl Eng	P. Gouthami
14.	J16A01029	Pulivarthi Mounika	III BA Spl Eng	P. Mounika
15.	J16A01030	Rajupalem Glory	III BA Spl Eng	R. glory
16.	J16A01031	Shaik Shahela Banu	III BA Spl Eng	Sh. Shahela Banu
17.	J16A01032	Paila Mrudula Aksha	III BA Spl Eng	P. Mrudula Aksha
18.	J16A01041	Gurram Naga Sai	III B.A Spl Eco	G. Nagasai
19.	J16A01042	Manyam Pavani	III B.A Spl Eco	M. Pavani
20.	J16A01043	Masimonu Pravallika	III B.A Spl Eco	M. Pravallika
21.	J16A01044	Meenuga Lakshmi Bhavani	III B.A Spl Eco	M. Lakshmi Bhavani
22.	J16A01045	Mogili Sri Lakshmi Thirumala	III B.A Spl Eco	M.S.L. Thirumala
23.	J16A01046	Pydimarthi Manasa	III B.A Spl Eco	P. Manasa
24.	J16A01047	Yakasiri Maheswari	III B.A Spl Eco	Y. Maheswari
25.	J16A01048	Yalla Anusha	III B.A Spl Eco	A. koteswaramma
26.	J16A11001	Anchipaka Koteswaramma	III B.Com Gen	A. koteswaramma
27.	J16A11002	Battula Anusha	III B.Com Gen	B. Anusha
28.	J16A11003	Chella Indu	III B.Com Gen	Ch. Indu
29.	J16A11004	Chetla Pavani	III B.Com Gen	Ch. pavani
30.	J16A11005	Chokka Nandini	III B.Com Gen	Ch. Nandini
31.	J16A11006	Danaboyina Srilakshmi	III B.Com Gen	D. Sri Lakshmi
32.	J16A11007	Gunakala Latha	III B.Com Gen	G. Latha
33.	J16A11008	Gunakala Lavanya	III B.Com Gen	G. Lavanya
34.	J16A11009	Jogi Sravani	III B.Com Gen	J. Sravani
35.	J16A11010	Kolati Estheru Rani	III B.Com Gen	K. Estheru Rani
36.	J16A11011	Kosana Naga Divya	III B.Com Gen	K.N. Divya
37.	J16A11012	Krosuru Naga Mounika	III B.Com Gen	K. Naga Lakshmi
38.	J16A11013	Mamillapalli Lakshmitulasi	III B.Com Gen	M. Lakshmitulasi
39.	J16A11014	Mathangi Priyanka	III B.Com Gen	M. Priyanka
40.	J16A11015	Nandipati Mounika	III B.Com Gen	N. Mounika
41.	J16A11016	Nanduri Ratna Priya	III B.Com Gen	N. Ratna priya
42.	J16A11017	Pilli Jayanthi	III B.Com Gen	P. Jayanthi
43.	J16A11018	Pittala Mamatha Sree	III B.Com Gen	P. Mamatha Sree



44.	J16A11019	Rayapudi Sandhya Rani	III B.Com Gen	R. Sandhya Rani
45.	J16A11020	Rayipudi Shiny	III B.Com Gen	Ra. Shiny
46.	J16A11021	Seelam Sailaja	III B.Com Gen	S. Sailaja
47.	J16A11022	Shaik Jyothi	III B.Com Gen	Sh. Jyothi
48.	J16A11023	Siddela Soniya	III B.Com Gen	S. Soniya
49.	J16A11024	Syed Khaja Bee	III B.Com Gen	S. Khaja Bee
50.	J16A11025	Yarramsetty Deepika	III B.Com Gen	A.N. Lakshmi
51.	J16A21001	Akkala Naga Lakshmi	III B.Com Comp	A. Naga Lakshmi
52.	J16A21002	Aniseti Manasa	III B.Com Comp	A. Manasa
53.	J16A21003	Appikatla Priyanka	III B.Com Comp	A. Priyanka
54.	J16A21004	Attanti Mounika	III B.Com Comp	A. Mounika
55.	J16A21005	Bannaravuri Bhushavathi	III B.Com Comp	B. Bhushavathi
56.	J16A21006	Bonigala Divya	III B.Com Comp	B. Divya
57.	J16A21007	Chinta Hima Bindu	III B.Com Comp	B. Bindu
58.	J16A21008	Dandamudi Preethi	III B.Com Comp	D. Preethi
59.	J16A21009	Dasi Lavanya	III B.Com Comp	D. Lavanya
60.	J16A21010	Gali Jyothisri	III B.Com Comp	G. Jyothisri
61.	J16A21011	Gollapudi Udaya Bhanu	III B.Com Comp	G. Chandini
62.	J16A21012	Gujjarlapudi Chandini	III B.Com Comp	G. Chandini
63.	J16A21013	Gummanampati Ashabi	III B.Com Comp	G. Ashabi
64.	J16A21014	Gurindapalli Sunandini	III B.Com Comp	G. Sunandini
65.	J16A21015	Juvvi Malliswari	III B.Com Comp	J. Malliswari
66.	J16A21016	Katevarapu Sophia Rani	III B.Com Comp	K. Sophia Rani
67.	J16A21017	Kori Rupa Priya Darsini	III B.Com Comp	K. Rupa Priya Darsini
68.	J16A21018	Kotturi Jyoshna	III B.Com Comp	K. Jyoshna
69.	J16A21019	Kunda Saraladevi	III B.Com Comp	K. Saraladevi
70.	J16A21020	Kurapati Mahalakshmi	III B.Com Comp	K. Mahalakshmi
71.	J16A21021	Mallavarapu Manisha	III B.Com Comp	M. Manisha
72.	J16A21022	Medara Adi Lakshmi	III B.Com Comp	M. Adi Lakshmi
73.	J16A21023	Mekala Karunya	III B.Com Comp	M. Karunya
74.	J16A21024	Munnangi Divya Sindhura	III B.Com Comp	M. Divya Sindhura
75.	J16A21025	Nelapati Keerthi	III B.Com Comp	N. Keerthi
76.	J16A21026	Pallapati Monika	III B.Com Comp	P. Monika
77.	J16A21027	Potla Swathi	III B.Com Comp	P. Swathi
78.	J16A21028	Prathipati Lavanya	III B.Com Comp	P. Lavanya
79.	J16A21029	Tammishetty Sivapavathi	III B.Com Comp	T. Sivapavathi
80.	J16A21030	Tirupathi Sireesha	III B.Com Comp	T. Sireesha
81.	J16A21031	Tydala Rama Lakshmi	III B.Com Comp	T.R. Lakshmi
82.	J16A21032	Unnava Swarupa Rani	III B.Com Comp	U. Rama Lakshmi
83.	J16A21033	Yanamadala Soundarya	III B.Com Comp	Y. Soundarya
84.	J16A21034	Aremanda Pavani	III B.Com Comp	A. Pavani
85.	J16A21035	Thenavasuvu Jayasree	III B.Com Comp	T. Jayasree
86.	J16A21036	Kacharam Vennela	III B.Com Comp	K. Vennela
87.	J16A21037	Giduthuri Anusha	III B.Com Comp	G. Anusha
88.	J16A31001	Medikonda Beaula	III BSc.CBZ (E)	G. Anusha
89.	J16A31002	Bandla Naga Aruna Bhargavi	III BSc.CBZ (E)	B. Naga Aruna Bhargavi
90.	J16A31003	Bejjam Keerthi	III BSc.CBZ (E)	B. Keerthi
91.	J16A31004	Bethala Vidhya Sri	III BSc.CBZ (E)	B. Vidhyasri



92.	J16A31005	B N V Triveka	III BSc.CBZ (E)	B.N.V. Triveka
93.	J16A31006	Burry Anusha	III BSc.CBZ (E)	B. Anusha
94.	J16A31007	Chatla Amani	III BSc.CBZ (E)	C. Amani
95.	J16A31008	Cheekati Suguna	III BSc.CBZ (E)	Ch. Suguna
96.	J16A31009	Chilaka Mounika	III BSc.CBZ (E)	C. Mounika
97.	J16A31010	Chukka Haritha	III BSc.CBZ (E)	C. Haritha
98.	J16A31011	Danaboina Srivalli	III BSc.CBZ (E)	D. Srivalli
99.	J16A31012	Dasari Snehamrutha	III BSc.CBZ (E)	D. Snehamrutha
100.	J16A31013	Devarakonda Keerthana	III BSc.CBZ (E)	D. Keerthana
101.	J16A31014	Doma Aparna	III BSc.CBZ (E)	D. Keerthana
102.	J16A31015	Emani Lakshmi Durga	III BSc.CBZ (E)	D. Aparna
103.	J16A31016	Gadde Anusha	III BSc.CBZ (E)	G. Anusha
104.	J16A31017	G L Vijaya Mounika	III BSc.CBZ (E)	G.L. Vijaya Mounika
105.	J16A31018	Garikapati Narmada	III BSc.CBZ (E)	G. Narmada
106.	J16A31019	Garnepudi Kruparani	III BSc.CBZ (E)	G. Kruparani
107.	J16A31020	Gorikapudi Heleena	III BSc.CBZ (E)	G. Heleena
108.	J16A31021	Gudeti Suvarna	III BSc.CBZ (E)	G. Suvarna
109.	J16A31022	Gudipudi Kalyani	III BSc.CBZ (E)	G. Kalyani
110.	J16A31023	Jalli Sandhya Rani	III BSc.CBZ (E)	G. Sandhya Rani
111.	J16A31024	Jenifermary S.	III BSc.CBZ (E)	S. Jenifermary
112.	J16A31025	Karanki Divya Sri	III BSc.CBZ (E)	Divya Sri
113.	J16A31026	K L Thirupathamma	III BSc.CBZ (E)	K.L. Thirupathamma
114.	J16A31027	Kollipara Emilysusanna	III BSc.CBZ (E)	K. Emily Susanna
115.	J16A31028	Kommuri Nithya	III BSc.CBZ (E)	K. Nithya
116.	J16A31029	Korrapati Sandhya	III BSc.CBZ (E)	K. Sandhya
117.	J16A31030	Kota Sravani	III BSc.CBZ (E)	K. Sravani
118.	J16A31031	Kuchipudi Byula	III BSc.CBZ (E)	K. Byula
119.	J16A31032	Lankoji Madhavi	III BSc.CBZ (E)	L. Madhavi
120.	J16A31033	Maddu Pravallika	III BSc.CBZ (E)	M. Pravallika
121.	J16A31034	Madhuri Kujur	III BSc.CBZ (E)	M. Kujur
122.	J16A31035	Mandru Deepika	III BSc.CBZ (E)	M. Deepika
123.	J16A31036	Mannem Geetha Madhuri	III BSc.CBZ (E)	M. Geetha Madhuri
124.	J16A31037	Marella Sunitha	III BSc.CBZ (E)	M. Sunitha
125.	J16A31038	Muthey Naga Tulasi	III BSc.CBZ (E)	M. Naga Tulasi
126.	J16A31039	Nalluri Maneesha	III BSc.CBZ (E)	N. Maneesha
127.	J16A31040	Narra Gowthami Krishna	III BSc.CBZ (E)	N. Gowthami Krishna
128.	J16A31041	Narra Tejaswi	III BSc.CBZ (E)	N. Tejaswi
129.	J16A31042	Neti Toshita Bhargavi	III BSc.CBZ (E)	N. Bhargavi
130.	J16A31043	Patibandla Ravali	III BSc.CBZ (E)	P. Ravali
131.	J16A31044	Perli Ratna Kumari	III BSc.CBZ (E)	P. Ratna Kumari
132.	J16A31045	Renisetty Venkata Bhargavi	III BSc.CBZ (E)	P. Venkata Bhargavi
133.	J16A31046	Rajakeerthi Nelaturi	III BSc.CBZ (E)	R. Nelaturi
134.	J16A31047	Ravinuthala Rosely	III BSc.CBZ (E)	R. Rosely
135.	J16A31048	Ravuri Sravani	III BSc.CBZ (E)	R. Sravani
136.	J16A31049	Roselin Kitheri K.	III BSc.CBZ (E)	R. Kitheri K.
137.	J16A31050	Shaik Aarifa	III BSc.CBZ (E)	Sk. Aarifa
138.	J16A31051	Shaik Umme Salma	III BSc.CBZ (E)	S. Umme Salma
139.	J16A31052	Sikhinam Prasanthi	III BSc.CBZ (E)	S. Sikhinamprasanthi



140.	J16A31053	Somisetty Saideepthi	III BSc.CBZ (E)	S. Saideepthi
141.	J16A31054	Tammisetty Krishnaveni	III BSc.CBZ (E)	T. Krishnaveni
142.	J16A31055	Vinukonda Siva Kumari	III BSc.CBZ (E)	V. Siva Kumari
143.	J16A31056	Vipparla Kavya	III BSc.CBZ (E)	V. Kavya
144.	J16A31057	Palle Likhitha	III BSc.CBZ (E)	P. Likhitha
145.	J16A31058	Manukonda Maheswari	III BSc.CBZ (E)	M. Maheswari
146.	J16A31059	Budala Mounica	III BSc.CBZ (E)	B. Mounica
147.	J16A31060	Narisetty Bhanu Sahiti	III BSc.CBZ (E)	N. Bhanu Sahiti
148.	J16A31061	K Jayashree	III BSc.CBZ (E)	K. Jayashree
149.	J16A31062	Chintabattini Santhi Priya	III BSc.CBZ (E)	Ch. S. Priya
150.	J16A31071	Badugu Swetha	III BSc CBZ (T)	B. Swetha
151.	J16A31072	Chintarala Thirumala	III BSc CBZ (T)	Ch. Thirumala
152.	J16A31073	Kancharla Ratnavali	III BSc CBZ (T)	K. Ratnavali
153.	J16A31074	Karumanchi Sowjanya	III BSc CBZ (T)	K. Sowjanya
154.	J16A31075	Kesana Suneetha	III BSc CBZ (T)	K. Suneetha
155.	J16A31076	Mallela Gnana Sundari	III BSc CBZ (T)	M. Gnana Sundari
156.	J16A31077	Mallela Sakunthala Rani	III BSc CBZ (T)	M. Sakunthala Rani
157.	J16A31078	M L Thirupathamma	III BSc CBZ (T)	M. L. Thirupathamma
158.	J16A31079	Mukku Sandhya	III BSc CBZ (T)	M. Sandhya
159.	J16A31080	Nallapati Sobha Rani	III BSc CBZ (T)	N. Sobha Rani
160.	J16A31081	Namathoti Sukanya	III BSc CBZ (T)	N. Sukanya
161.	J16A31082	Rayapati Iswarya	III BSc CBZ (T)	R. Iswarya
162.	J16A31083	Suddapalli Swapna	III BSc CBZ (T)	S. Swapna
163.	J16A31084	Tangirala Prathyusha	III BSc CBZ (T)	T. Prathyusha
164.	J16A31091	Adusumalli Sahithi Krishna	III BSc. HSc	A. Sahithi Krishna
165.	J16A31092	Baddula Leela Maruthi	III BSc. HSc	B. Leela Maruthi
166.	J16A31093	Bagath Archana	III BSc. HSc	B. Archana
167.	J16A31094	Boppuri Madhuri	III BSc. HSc	B. Madhuri
168.	J16A31095	Borugadda Meghana	III BSc. HSc	B. Meghana
169.	J16A31096	Damaravarapu Tulasi	III BSc. HSc	D. Tulasi
170.	J16A31097	Danaboyina Madhavi Latha	III BSc. HSc	D. Madhavi Latha
171.	J16A31098	Gurramkonda Mydhily	III BSc. HSc	G. Mydhily
172.	J16A31099	Kapse Mamatha	III BSc. HSc	K. Mamatha
173.	J16A31100	Kattepogu Swarna	III BSc. HSc	K. Swarna
174.	J16A31101	Maraju Mounika	III BSc. HSc	M. Mounika
175.	J16A31102	Mukkala Harika	III BSc. HSc	M. Harika
176.	J16A31103	Nakkala Anusha	III BSc. HSc	N. Anusha
177.	J16A31104	Nalam Pravallika	III BSc. HSc	N. Pravallika
178.	J16A31105	Puli Pooja Gayathri	III BSc. HSc	P. Pooja Gayathri
179.	J16A31106	Pulivarthi Swathi	III BSc. HSc	P. Swathi
180.	J16A31107	Shaik Reshma	III BSc. HSc	S. Reshma
181.	J16A31108	Shaik Sadhiqua Sulthana	III BSc. HSc	S. Sadhiqua Sulthana
182.	J16A31109	Thota Naga Lakshmi	III BSc. HSc	T. Naga Lakshmi
183.	J16A31110	Vagolu Neelima	III BSc. HSc	V. Neelima
184.	J16A31111	V V Anantha Bhavani	III BSc. HSc	V. V. Anantha Bhavani
185.	J16A31112	Rebba Helen Traisy	III BSc. HSc	R. Helen Traisy
186.	J16A31113	Sanaka Sai Prathibha	III BSc. HSc	S. Sai Prathibha
187.	J16A31114	Bareddy Likitha	III BSc. HSc	B. Likitha



188.	J16A31115	Potla Jessika	III BSc. HSc	P. Jessika
189.	J16A31116	Chittiprolu Lavanya	III BSc. HSc	Ch. Lavanya
190.	J16A31121	Ambati Vennela	III BSc.MPC (E)	A. Vennela
191.	J16A31122	Chunduru Jyothirmai	III BSc.MPC (E)	Ch. Jyothirmai
192.	J16A31123	Danaboina Sowjanya	III BSc.MPC (E)	D. Sowjanya
193.	J16A31124	Gollamudi Balamma	III BSc.MPC (E)	G. Balamma
194.	J16A31125	Gona Vijaya Durga Bhavani	III BSc.MPC (E)	G. V. D. Bhavani
195.	J16A31126	Gudimati Anusha	III BSc.MPC (E)	G. Anusha
196.	J16A31127	Kakumanu Rajya Lakshmi	III BSc.MPC (E)	K. P. Lakshmi
197.	J16A31128	Katta Nagadivya	III BSc.MPC (E)	K. Nagadivya
198.	J16A31129	Konanki Tirupathamma	III BSc.MPC (E)	K. Tirupathamma
199.	J16A31130	Machimonu Neelimareddy	III BSc.MPC (E)	K. Tirupathamma
200.	J16A31131	Morla Rajani	III BSc.MPC (E)	M. Rajani
201.	J16A31132	Munnangi Shiny Latha	III BSc.MPC (E)	M. Shiny Latha
202.	J16A31133	Palachulla Anuradha	III BSc.MPC (E)	P. Anuradha
203.	J16A31134	Pallepati Rajya Lakshmi	III BSc.MPC (E)	P. R. Lakshmi
204.	J16A31135	Penumaka Gowripriya	III BSc.MPC (E)	P. Gowripriya
205.	J16A31136	Rebba Madhuri	III BSc.MPC (E)	R. Madhuri
206.	J16A31137	Sata Revathi	III BSc.MPC (E)	S. Revathi
207.	J16A31138	Supriya Tumati	III BSc.MPC (E)	S. Tumati
208.	J16A31139	Uppalapati Madhusri	III BSc.MPC (E)	U. Madhusri
209.	J16A31140	Usha Kukkala	III BSc.MPC (E)	U. Usha
210.	J16A31141	Vedullapalli Sarala Devi	III BSc.MPC (E)	V. Sarala Devi
211.	J16A31142	V V Aparna	III BSc.MPC (E)	V. V. Aparna
212.	J16A31143	Velpula Kanaka Mahalakshmi	III BSc.MPC (E)	V. K. Mahalakshmi
213.	J16A31144	Yatagiri Sowmya Vani	III BSc.MPC (E)	Y. S. Vani
214.	J16A31161	Andraju Gowthami	III BSc MPCs	A. Gowthami
215.	J16A31162	Arikela Mounika	III BSc MPCs	A. Mounika
216.	J16A31164	Bandi Sumana	III BSc MPCs	B. Suma
217.	J16A31165	Boddu Pavani Latha	III BSc MPCs	B. Pavani Latha
218.	J16A31166	Challagali Lakshmi Parvathi	III BSc MPCs	Ch. Lakshmi Parvathi
219.	J16A31167	Chebrolu Rajani	III BSc MPCs	Ch. Rajani
220.	J16A31168	Dasari Anusha	III BSc MPCs	D. Anusha
221.	J16A31169	Dasari Aparna	III BSc MPCs	D. Aparna
222.	J16A31170	Dasari Prasantha Valli	III BSc MPCs	D. Prasantha Valli
223.	J16A31171	Dodda Ramya	III BSc MPCs	D. Ramya
224.	J16A31172	Dundi Swathi	III BSc MPCs	D. Swathi
225.	J16A31173	Gollapudi Prasanthi	III BSc MPCs	G. Prasanthi
226.	J16A31174	Gudipudi Divya	III BSc MPCs	G. Divya
227.	J16A31175	Jakka Pravallika	III BSc MPCs	J. Pravallika
228.	J16A31176	Kadiyam Mounika	III BSc MPCs	K. Mounika
229.	J16A31177	Kanaparthi Prem Joice Grace	III BSc MPCs	K. P. J. Grace
230.	J16A31178	Kandula Chinnari	III BSc MPCs	K. Chinnari
231.	J16A31180	Kojja Saroja	III BSc MPCs	K. Chinnari
232.	J16A31181	Kolakaluri Soundharyavathi	III BSc MPCs	K. Soundharyavathi
233.	J16A31182	Komaravalli Priya Darsini	III BSc MPCs	K. Priya Darsini
234.	J16A31183	Konidala Sowndarya Silpa	III BSc MPCs	K. S. Silpa
235.	J16A31184	Kukkala Varalakshmi	III BSc MPCs	K. Varalakshmi



236.	J16A31185	Mandadapu Srilakshmi	III BSc MPCs	M. Sr. lakshmi
237.	J16A31186	Mekatoti Priyanka	III BSc MPCs	m. priyanka
238.	J16A31187	Mikkili Supriya	III BSc MPCs	m. supriya
239.	J16A31188	Nandigama Divya	III BSc MPCs	N. Divya
240.	J16A31189	Nannepaga Daiva Krupa	III BSc MPCs	N. D. Krupa
241.	J16A31190	Nemalikanti Sumathi	III BSc MPCs	N. Sumathi
242.	J16A31191	Pallepati Aswini	III BSc MPCs	P. Aswini
243.	J16A31192	Parimisetty Yamini	III BSc MPCs	P. Yamini
244.	J16A31193	Perumalla Vijaya Lakshmi	III BSc MPCs	P. V. lakshmi
245.	J16A31195	Shaik Parveen	III BSc MPCs	S. Parveen
246.	J16A31196	T V Naga Vasantha	III BSc MPCs	T. V. Naga Vasantha
247.	J16A31197	Vaddempudi Aruna	III BSc MPCs	V. Aruna
248.	J16A31198	Vallepu Jaya Sree	III BSc MPCs	V. Jaya Sree
249.	J16A31199	Varjaboyina Bhargavi	III BSc MPCs	V. Bhargavi
250.	J16A31200	Velpuri Prasanna	III BSc MPCs	V. Prasanna
251.	J16A31201	Yammana Rajakeerthinaidu	III BSc MPCs	Y. Rajakeerthinaidu
252.	J16A31202	Seelam Lochana	III BSc MPCs	S. Lochana
253.	J16A31203	Kanaparthi Deepthi	III BSc MPCs	K. Deepthi
254.	J16A31204	Khude Girishma	III BSc MPCs	K. Girishma
255.	J16A31205	Pandilla Nagamalleswari	III BSc MPCs	P. Nagamalleswari
256.	J16A31211	Bethala Suneetha	III BSc MSCs	B. Suneetha
257.	J16A31212	Chittibomma Ramya Sudha	III BSc MSCs	Ch. Ramya Sudha
258.	J16A31213	Darelli Lavanya	III BSc MSCs	D. Lavanya
259.	J16A31214	Dasari Lakshmi Lavanya	III BSc MSCs	D. Lakshmi Lavanya
260.	J16A31215	D V Naga Malleswari	III BSc MSCs	D. V. Naga Malleswari
261.	J16A31216	Emani Mani Deepika	III BSc MSCs	E. Mani Deepika
262.	J16A31217	Gaddale Kalyani	III BSc MSCs	G. Kalyani
263.	J16A31218	Garapati Pravallika	III BSc MSCs	G. Pravallika
264.	J16A31219	Gollapothu Baji	III BSc MSCs	G. Baji
265.	J16A31220	Gummalla Sumalatha	III BSc MSCs	G. Sumalatha
266.	J16A31221	Kancharla Adilakshmi	III BSc MSCs	K. Adilakshmi
267.	J16A31222	Kesani Rajani Priya	III BSc MSCs	K. Rajani Priya
268.	J16A31223	Kodati Swathi	III BSc MSCs	K. Swathi
269.	J16A31224	Kommineni Sravani	III BSc MSCs	K. Sravani
270.	J16A31225	Kotra Sujatha	III BSc MSCs	K. Sujatha
271.	J16A31226	Maila Naga Lakshmi	III BSc MSCs	M. Naga Lakshmi
272.	J16A31227	Mathangi Swathi	III BSc MSCs	M. Swathi
273.	J16A31228	Mogili Ganga Bhavani	III BSc MSCs	M. Ganga Bhavani
274.	J16A31229	Mondithoka Anusha	III BSc MSCs	M. Anusha
275.	J16A31230	Nanduri Sailaja	III BSc MSCs	N. Sailaja
276.	J16A31231	Nellore Maheswari	III BSc MSCs	N. Maheswari
277.	J16A31232	Pulivarthi Bhavani	III BSc MSCs	P. Bhavani
278.	J16A31233	Rachapudi Nagavalli	III BSc MSCs	R. Nagavalli
279.	J16A31234	Rayala Divya	III BSc MSCs	R. Divya
280.	J16A31235	Rayapudi Naga Jyothi	III BSc MSCs	R. Naga Jyothi
281.	J16A31236	Sannekanti Rani	III BSc MSCs	S. Rani
282.	J16A31237	Shaik Asha	III BSc MSCs	S. Asha
283.	J16A31238	Sunkara Sravani	III BSc MSCs	S. Sravani



284.	J16A31239	Thota Srilakshmi	III BSc MSCs	T. Srilakshmi
285.	J16A31240	Tippagudisa Mounika	III BSc MSCs	T. Mounika
286.	J16A31241	Udatha Naga Lakshmi	III BSc MSCs	V. Naga Lakshmi
287.	J16A31242	Vallabhaneni Sireesha	III BSc MSCs	V. Sireesha
288.	J16A31243	Yadalaparapu Sudha	III BSc MSCs	Y. Sudha
289.	J16A31244	Dasari Kalyani	III BSc MSCs	D. Kalyani

N. Vinodha Devi
Head of the Department

S. S. S.
Principal

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2018-2020

This is to inform you that, The Women Empowerment Cell is going to conduct a Guest Lecture on Legal Literacy by Mr. K. Kumara Swami, on 02.02.2019, at MBA Seminar Hall.

All the B.A& B.Sc Home Science Students should join the programme without fail.



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TENALI

JMJ COLLEGE FOR WOMEN (A): TENALI

Guest Lecture on Legal Literacy

Date: 02-02-2019

Women Empowerment Cell conducted a guest lecture on legal literacy .Mr. K. Kumara Swami Advocate; Tenali was the resource person. He Spoke about Constitutional rights and legal rights given in our constitution and the loop holes in enjoying these rights. He also focused on gender equality and women empowerment. He gave suggestions to students regarding, role of women in strengthening family system, precautions to be taken to protect property and to develop good personality.



Mrs. P. Hema Latha, convener of Women Empowerment Cell, introducing Mr. K. Kumara Swami Advocate; Tenali.



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Guest Lecture on Legal Literacy

Date: 02-02-2019

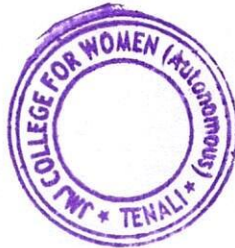
S.No	Regd. No	Name of the participant	Program	Signature
1.	J18A31071	Bandikalla Manaswini	II B.Sc H.Sc	B. Manaswini
2.	J18A31072	Beerelli Lavanya	II B.Sc H.Sc	B. Lavanya
3.	J18A31073	Ch.L Krishna Kumari	II B.Sc H.Sc	Ch. L.K. Kumari
4.	J18A31074	Chikkala Meghana	II B.Sc H.Sc	Ch. Meghana
5.	J18A31075	D.Leela Krishna Deepika	II B.Sc H.Sc	D.L.K. Deepika
6.	J18A31076	Devarapalli Samyuktha	II B.Sc H.Sc	D.S. samyuktha
7.	J18A31077	Dhanekula Devi Priya	II B.Sc H.Sc	D. Devi priya
8.	J18A31078	Guntupalli Gnana Pavithra	II B.Sc H.Sc	G. G. Pavithra
9.	J18A31079	Kakara Kathryn Kumari	II B.Sc H.Sc	K. Kathryn
10.	J18A31080	Kondru Vincy	II B.Sc H.Sc	K. Vincy
11.	J18A31081	Meerjumla Karuna Sree	II B.Sc H.Sc	M.K. Sree
12.	J18A31082	Pamidi Naga Sravani	II B.Sc H.Sc	P.N. Sravani
13.	J18A31083	Perike Yesu Rani	II B.Sc H.Sc	P. yesu Rani
14.	J18A31084	Thota Nagalakshmi	II B.Sc H.Sc	T.N. Lakshmi
15.	J18A31085	Vydula Manisha Reddy	II B.Sc H.Sc	V. Manisha Reddy
16.	J17A31071	B. Bhavya Deepthi	III B.Sc H.Sc	B. B. Deepthi
17.	J17A31072	Bojja Madhuri	III B.Sc H.Sc	B. Madhuri
18.	J17A31073	Bottu Deva Pujitha	III B.Sc H.Sc	B. D. Pujitha
19.	J17A31074	Challa Indrajya	III B.Sc H.Sc	C. Indrajya
20.	J17A31075	Challa Vivitha	III B.Sc H.Sc	Ch. Vivitha
21.	J17A31076	Dhavaleswarapu Akhila	III B.Sc H.Sc	D. Akhila
22.	J17A31077	Jajam Gayathri	III B.Sc H.Sc	J. Gayathri
23.	J17A31078	K. Hari Naga Gowthami	III B.Sc H.Sc	K.H.N. Gowthami
24.	J17A31079	Mukkapati Gayathri	III B.Sc H.Sc	M. Kavitha Bai
25.	J17A31080	Munavath Kavitha Bai	III B.Sc H.Sc	M. Kavitha
26.	J17A31081	Tullimilli Pavani	III B.Sc H.Sc	T. pavani
27.	J17A31082	Vallam Sireesha	III B.Sc H.Sc	V. Sireesha
28.	J17A31083	Alapati Chandini	III B.Sc H.Sc	A. Chandini
29.	J17A31084	Rachuri Dharani	III B.Sc H.Sc	R. Dharani
30.	J17A31085	Umadi Vaishnavi	III B.Sc H.Sc	U. Vaishnavi
31.	J17A31086	Kuchipudi Nava Roja	III B.Sc H.Sc	K.N. Roja
32.	J17A31087	Jonnalagadda Susmitha	III B.Sc H.Sc	J. Susmitha
33.	J17A31088	Nalukurthi Akanksha	III B.Sc H.Sc	N. Akanksha
34.	J16A31091	A Sahithi Krishna	III BSc. HSc	A. Sahithi Krishna
35.	J16A31092	Baddula Leela Maruthi	III BSc. HSc	B. Leelamaruthi
36.	J16A31093	Bagath Archana	III BSc. HSc	B. Archana
37.	J16A31094	Boppuri Madhuri	III BSc. HSc	B. Madhuri
38.	J16A31095	Borugadda Meghana	III BSc. HSc	B. Meghana



39.	J16A31096	Damaravarapu Tulasi	III BSc. HSc	D. Tulasi
40.	J16A31097	D Madhavi Latha	III BSc. HSc	D. madhavi latha
41.	J16A31098	Gurramkonda Mydhily	III BSc. HSc	G. mydhily
42.	J16A31099	Kapse Mamatha	III BSc. HSc	k. mamatha
43.	J16A31100	Kattepogu Swarna	III BSc. HSc	k. Swarna
44.	J16A31101	Maraju Mounika	III BSc. HSc	M. Mounika
45.	J16A31102	Mukkala Harika	III BSc. HSc	M. Harika
46.	J16A31103	Nakkala Anusha	III BSc. HSc	N. Anusha
47.	J16A31104	Nalam Pravallika	III BSc. HSc	N. pravallika
48.	J16A31105	Puli Pooja Gayathri	III BSc. HSc	P. P. Gayatri
49.	J16A31106	Pulivarthi Swathi	III BSc. HSc	P. Swathi
50.	J16A31107	Shaik Reshma	III BSc. HSc	Sk. Reshma
51.	J16A31108	Shaik Sadhiqua Sulthana	III BSc. HSc	S. S. Sulthana
52.	J16A31109	Thota Naga Lakshmi	III BSc. HSc	T. Naga Lakshmi
53.	J16A31110	Vagolu Neelima	III BSc. HSc	V. Neelima
54.	J16A31111	V V Anantha Bhavani	III BSc. HSc	V.V.A. Bhavani
55.	J16A31112	Rebba Helen Traisy	III BSc. HSc	R. Helen Traisy
56.	J16A31113	Sanaka Sai Prathibha	III BSc. HSc	S. Sai Prathibha
57.	J16A31114	Bareddy Likitha	III BSc. HSc	B. Likitha
58.	J16A31115	Potla Jessika	III BSc. HSc	P. Jessika
59.	J16A31116	Chittiprolu Lavanya	III BSc. HSc	Ch. Lavanya

P. Hemalatha
Head of the Department
Head of the Department of Home Science
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PRIVATE AIDED – MINORITY INSTITUTION
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Recognized by UGC New Delhi under Section 2(f) & 12 (b)
(An Autonomous College in the Jurisdiction of AcharyaNagarjuna University)
Ph: 08644 225994

Ref:JMJ/CDSE/2018-2019/08

Date: 18-02-2019

CIRCULAR

2018-19

This is to inform you that the CPPR Cell is going to organize a Guest Lecture on “**Techniques On Stress Management**” by **Mr.K.Sandeep**, Director of Dimension coaching center, Guntur for all the B.Sc. students on 22-02-2019 i.e., Friday at 10:00 am in the MBA Seminar hall.

All the students should attend the programme without fail.



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Report

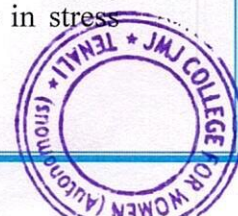
Name of the Event : Guest Lecture
Title : "Techniques on Stress Management"
Date : 22-02- 2019
Speaker : Mr.K.Sandeep, Director of Dimension coaching center, Guntur
Organized by : CPPR Cell
Audience : III B.Sc (Maths, Physics, Computer Science) Students
Number Students Involved: 54 students

On 22nd February 2019, the CPPR Cell organized a guest lecture on "Techniques on Stress Management" conducted by Mr.K.Sandeep. The lecture aimed to provide insights into effective strategies to manage stress, particularly tailored for students and professionals in the field of mathematics. The lecture commenced with an introduction by the department head, highlighting the importance of stress management in today's fast-paced academic and professional environments. Mr.K.Sandeep an expert in stress management then took the stage and delved into various techniques to cope with stress effectively. He emphasized the importance of understanding the nature of stress and its impact on mental and physical well-being. She explained the difference between eustress (positive stress) and distress (negative stress) and how each type affects individuals differently.



She is explaining the audience to challenge negative thoughts, practice gratitude, and focus on solutions rather than dwelling on problems.

One of the key techniques discussed was the practice of mindfulness and meditation. Mr.K.Sandeep guided the audience through simple mindfulness exercises aimed at promoting relaxation and reducing anxiety. Effective time management plays a crucial role in stress



reduction. He shared practical tips on prioritizing tasks, setting realistic goals, and avoiding procrastination to minimize unnecessary stress. He stressed the importance of maintaining a healthy lifestyle to combat stress. He discussed the significance of regular exercise, balanced nutrition, and adequate sleep in managing stress levels. Cultivating a positive mindset can significantly alleviate stress. He encouraged the audience to challenge negative thoughts, practice gratitude, and focus on solutions rather than dwelling on problems.

In conclusion, Mr.K.Sandeep's guest lecture on techniques for stress management provided valuable insights and practical strategies for coping with stress effectively. The event was well-received by the audience, comprising students, faculty, and staff members of the Department of Mathematics. The department expressed gratitude to Mr.K.Sandeep for her informative session, which equipped attendees with valuable tools to navigate stress in their academic and professional lives.

54

Head of the Department




Principal
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Activity: Techniques on Stress Management

Date : 22-02-2019

No.of Students Involved: 54 III B.Sc (Maths, Physics, and Statistics Computer Science)

Attendance Sheet

S.NO.	Name of the Student	Name of the Programme	Year	Signature
1.	A. GOWTHAMI	Maths, Physics, Computers	III	A. Gowthami
2.	A. MOUNIKA	Maths, Physics, Computers	III	A. Mounika
3.	B.SUMANA	Maths, Physics, Computers	III	B. Sumana
4.	B. PAVANI LATHA	Maths, Physics, Computers	III	B. Pavani Latha
5.	CH. LAKSHMI PARVATHI	Maths, Physics, Computers	III	Ch. Lakshmi parvathi
6.	CH. RAJANI	Maths, Physics, Computers	III	Ch. Rajani
7.	D.ANUSHA	Maths, Physics, Computers	III	D. Anusha
8.	D. APARNA	Maths, Physics, Computers	III	D. Aparna
9.	D. PRASANTHA VALLI	Maths, Physics, Computers	III	D. Pransanthi Valli
10.	D. RAMYA	Maths, Physics, Computers	III	D. Ramya
11.	D. SWATHI	Maths, Physics, Computers	III	D. Swathi
12.	G.PRASANTHI	Maths, Physics, Computers	III	G. Prasanthi
13.	G. DIVYA	Maths, Physics, Computers	III	G. Divya
14.	J.PRAVALLIKA	Maths, Physics, Computers	III	J. Pravallika
15.	K. MOUNIKA	Maths, Physics, Computers	III	K. Mounika
16.	K. PREM JOICE GRACE	Maths, Physics, Computers	III	K. Prem Joice Grace.
17.	K. CHINNARI	Maths, Physics, Computers	III	K. Chinnari
18.	K. SAROJA	Maths, Physics, Computers	III	K. SAROJA
19.	K. SOUNDHARYAVATHI	Maths, Physics, Computers	III	K. Soundharya- vathi
20.	K. PRIYA DARSINI	Maths, Physics, Computers	III	K. Priya Darsini




21.	K. SOWNDARYA SILPA	Maths, Physics, Computers	III	K. Sowndarya silpa
22.	K. VARALAKSHMI	Maths, Physics, Computers	III	K. Varalakshmi
23.	M. SRILAKSHMI	Maths, Physics, Computers	III	M. Sriyanka
24.	M. PRIYANKA	Maths, Physics, Computers	III	M. Priyanka
25.	M.I SUPRIYA	Maths, Physics, Computers	III	M. Supriya
26.	N. DIVYA	Maths, Physics, Computers	III	N. Divya
27.	N. DAIVA KRUPA	Maths, Physics, Computers	III	N. Divya
28.	N.SUMATHI	Maths, Physics, Computers	III	N. Sumathi
29.	P. ASWINI	Maths, Physics, Computers	III	P. Aswini
30.	P. YAMINI	Maths, Physics, Computers	III	P. Yamini
31.	P. VIJAYA LAKSHMI	Maths, Stat, Computers	III	P. Vijaya lakshmi
32.	SHAIK PARVEEN	Maths, Stat, Computers	III	S. Parveen
33.	T. VENKATA NAGA VASANTHA	Maths, Stat, Computers	III	T. Venkatanaga vasantha
34.	V. ARUNA	Maths, Stat, Computers	III	V. Aruna
35.	V. JAYA SREE	Maths, Stat, Computers	III	V. Jaya Sree
36.	V. BHARGAVI	Maths, Stat, Computers	III	V. Bhargavi
37.	V. PRASANNA	Maths, Stat, Computers	III	V. Prasanna
38.	Y. RAJAKEERTHINAIDU	Maths, Stat, Computers	III	Y. Rajakeesthinda
39.	S. LOCHANA	Maths, Stat, Computers	III	S. Lochana
40.	K. DEEPTHI	Maths, Stat, Computers	III	K. Deepthi
41.	K. GIRISHMA	Maths, Stat, Computers	III	K. Girishma
42.	P. NAGAMALLESWARI	Maths, Stat, Computers	III	P. Nagamalleswari
43.	A. VENNELA	Maths, Stat, Computers	III	A. Vennela
44.	CH. JYOTHIRMAI	Maths, Stat, Computers	III	Ch. Jyothirmai
45.	D. SOWJANYA	Maths, Stat, Computers	III	D. Sowjanya
46.	G. BALAMMA	Maths, Stat, Computers	III	G. Balamma
47.	G. VIJAYA DURGA BHAVANI	Maths, Stat, Computers	III	G. Vijaya Durga bhavani
48.	G. ANUSHA	Maths, Stat, Computers	III	G. Anusha
49.	K. RAJYA LAKSHMI	Maths, Stat, Computers	III	K. Rajya lakshmi
50.	K. NAGADIVYA	Maths, Stat, Computers	III	K. Nagadivya



51.	K. TIRUPATHAMMA	Maths, Stat, Computers	III	K. Tirupathamma
52.	M. NEELIMAREDDY	Maths, Stat, Computers	III	M. Neelima Reddy
53.	M. RAJANI	Maths, Stat, Computers	III	M. Rajani
54.	M. SHINY LATHA	Maths, Stat, Computers	III	M. Shiny Latha


Placement and Training Officer




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